Resource Guide Updated April 2023
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AGENCY DESCRIPTIONS

Legend:
T = Telephone Number
E = Email
F = Fax
W= Website

To quickly go to the page that contains the organization you want to read about: Press “Ctrl” and “f” at the same time, and type in the name of the organization you are searching for in the search box in the top right corner of your screen. Use the up/down arrows next to the search box to go to the organization.
HOUSING PROVIDERS

AIDS SERVICES OF DALLAS (ASD)
834 Marsalis Ave, Dallas, TX 75203
PO Box 4338, Dallas, TX 75208-0338

Application Process: No appointment needed but individuals are encouraged to arrive promptly at 9am.
Intake locations: The Bridge, 1818 Corsicana Street, Dallas, TX 75201 (Every Wednesday)
AIN – Access and Information Network, 2707 N. Stemmons Fwy, Dallas, TX 75207 (2nd Wednesdays)
Hillcrest- 834 N. Marsalis Ave., Dallas, TX 75203

Clients Served: AIDS Services of Dallas provide housing and support services for low-income and homeless individuals and families living with HIV/AIDS.

Services Offered: Income based permanent supportive housing; housing-based case management; meals program; transportation; medical case management and home health care.

Eligibility & Required Documents for Intake:
• HIV/AIDS letter of diagnosis (signed by a doctor)
• 3rd party homeless verification letter (if homeless)
• Verification of Income (if applicable for all household members)
• Valid Texas I.D. (for all adult household members)
• Social Security Card & Birth Certificates (for all household members)
• Proof of Dallas County residency

Exclusions:
• Sex offenders, arson convictions, meth manufacturing convictions

Hillcrest House: Hillcrest House includes 64 efficiency apartments for individuals. This residence is specifically for individuals who are formerly homeless as defined by HUD. Please contact the front desk if there are questions about the intake process.

Ewing House: This facility includes 5 one-bedroom apartments, 15 efficiency apartments and 2 special needs rooms. This facility tends to have the longest waiting list. Please contact the front desk if there are questions about the intake process.

Revlon Apartments: These apartments are designed to accommodate low-income individuals and families, with 20 one-bedroom apartments and 7 two-bedroom apartments. Please contact the front desk if there are questions about the intake process.

Spencer Gardens: These facilities provide 12 apartments for low-income families affected by HIV/AIDS. Please contact the front desk if there are questions about the intake process.
AGAPE RESOURCE AND ASSISTANCE CENTER
P.O. Box 861664 Plano, TX 75086-1664
T: 469-814-0453  E: info@hope4agape.com  W: https://www.hope4agape.org/

Mission: Agape provides transitional housing and support services to single women and single women with children who are homeless due to domestic violence or sex trafficking. The agency seeks to empower single women, mothers and their children living in Collin County in overcoming crisis and achieving self-sufficiency.

Services Offered: Agape offered transitional housing, counseling, life skills, workforce training, childcare, and business/financial services.

Eligibility:
- No history of substance abuse or be at least 12 months sober
- Have a paying job and be willing to continue to work
- Be able to pass a criminal background check
- Experiencing homelessness as the result of situational/circumstantial events
- Agape is not equipped to assist with unmanaged, chronic physical or mental health conditions

Intake: Call directly for assistance or visit www.hope4agape.com

AUSTIN STREET CENTER (SHELTER MINISTRIES OF DALLAS)
COVID 19 testing required for all clients
1717 Jefferies Street, Dallas, TX 75226
T. 214-428-4242  F. 214-428-8158  E: shelterspk@aol.com  W: https://austinstreet.org/

Services Offered: Emergency day and night shelter; evening meals; showers; clean clothes; psychiatric and medical care; Work Readiness Program; Pathway House; Veterans Program; Substance Abuse Support; Women’s Program

Eligibility Requirements:
- Men aged 45 and older; women aged 18 and older; children must be accompanied by parent/legal guardian
- Clients must be drug and alcohol free
- Adults must have a photo ID

Application Process: Men & women walk up intake: 11am-4pm Monday-Friday. Beds are based on a lottery system, once all walk-up beds are filled, intake will end.

Intake Criteria:
- Capacity up to 425 but can adjust within fire code compliance during an emergency
- No set time limit for clients to stay at the shelter
- Maximum of 2 bags per client, each weighing a maximum of 25 pounds
**THE BRIDGE**
1818 Corsicana St, Dallas, TX 75201
T. (214)670-1507 W: [https://www.bridgehrc.org/](https://www.bridgehrc.org/) E: [Info@bridgehrc.org](mailto:Info@bridgehrc.org)

**Hours**: 7 days per week, 24 hours; First time clients must go to Welcome Building for intake

*Homeless individuals seeking shelter must have proof of negative COVID test within 72 hrs.

**Services Offered**: Emergency shelter & transitional housing (3-6 months) for women/men experiencing homelessness, meals, access to bathing facilities, access to health care-onsite clinic, job assistance, legal services, benefits assistance, storage, animal kennel, mail & barbershop.

**Intake**: Guests are required to meet with an intake specialist when they first arrive and will help you with resources, information, and a Bridge ID for access to all their campuses. Night shelter intake begins at 6pm. Daytime services are from 7am to 6pm. An onsite kennel is available for guests with dogs.

**BRIGHTER TOMORROWS**
Shelter address confidential
T. 972-254-4003  **24-hr Crisis Line** 972-262-8383  Irving, TX 75061
W: [www.brightertomorrows.net](http://www.brightertomorrows.net)

**Hours**: Shelter is open 24/7 days a week; resource and counseling center open M-F, 8-5

**Mission**: Brighter Tomorrows provides emergency shelter and transitional housing in a two-year program to help survivors of domestic violence and sexual violence by establishing financial stability. Life skills classes, budget planning, parenting classes, support groups and individual counseling services are offered in an effort to advance the goal of moving residents into permanent safe housing. Clients may apply online at [http://www.brightertomorrows.net](http://www.brightertomorrows.net) or call the contact number above.

**Services Offered**: Full-service emergency shelter for victims of domestic violence; counseling; support groups; court and hospital accompaniment; community education; licensed therapy for sexual assault; protective orders; childcare and assistance with employment

**Wait list for counseling, group sessions still active**

**Requirements**:
- Individuals must be alcohol and drug free
- Individuals must be working or able to work
- Must have minor children under the age of 18 years old
- Must be fleeing domestic violence (with documentation to support these claims)
- Clients must abide by facility rules
BRIDGES CAN HELP
“Formerly BRIDGES SAFEHOUSE”
Cedar Hill, TX 75104  T. 469-272-4441  E: admin@bridgescanhelp.org
W: https://bridgescanhelp.org
Bridges Family Resource Center located at 800 W. Beltline Road, Cedar Hill, TX 75104
Not accepting walk-ins due to COVID. Applicants must fill out an online form and the program coordinator will make contact. Negative COVID test or vaccinations are required

Mission: Bridges is a faith-based organization. We consider ourselves as a home rather than a shelter. This 5-bedroom transitional housing program serves pregnant and parenting women experiencing homelessness ages 18-24 only.

Services Offered: Emergency shelter and transitional housing for homeless women and their minor children under age 6, meals, access to childcare, diaper pantry, parenting classes, job assistance, life skills and spiritual classes.

Eligibility:
• Must be a woman 18 years+ pregnant or with children up to 6 years of age
• Willing and able to work or attend school
• No active addictions (sober for at least 6 months)
• No convictions for violent crimes
• No level of chronic mental illness that may impede participation in the program
• Be a US citizen or permanent resident

Intake: Apply online at https://bridgescanhelp.org/ by clicking on “Get Help” then complete an intake application

CARE CENTER MINISTRIES
7912 Antoinette St., Dallas, TX 75217
T. 214-824-9852  F. 214-824-3499  Hours: Mon – Fri 9 am – 5 pm
E. info@carecenterministries.org W: www.carecenterministries.org

Services Offered: one-year faith based residential programs for men and women suffering from substance abuse, domestic violence, or criminal history

Eligibility Requirements: valid picture ID for all adults, proof of need- at risk or literal homeless; no income required but must be willing to work/volunteer; must participate in faith based 12 step sponsorship and substance abuse counseling; must abide by house rules; school aged children must be enrolled in school; male and females cannot be housed together regardless of relationship. Cannot accept clients with sex offense convictions or on mood altering medications.

Intake: Please fill out the pre-screening application form on their website for your chosen program to determine eligibility.
**CITY HOUSE**
830 Central Parkway East, Suite 350 Plano, TX 75074  
**T:** (972) 424 – 4626 or after hours (972) 971-0278  
**W:** [https://www.cityhouse.org/](https://www.cityhouse.org/)

**Mission:** City House aims to support, empower and protect children and young adults who are experiencing homelessness, abuse, or neglect.

**Services:** City House offers a transitional home, youth emergency shelter, street outreach, counseling and a safe place for victims.

- **Transitional Living:** Applicants must be 18-21, program consists of three homes located in Collin County. Please see application on their website for intake and requirements/
- **Emergency Shelter:** My Friend’s House provides 24hr residential care in partnership with Child Protective Services: For youth up to 17 years old. Runaway and Homeless Youth are granted a stay of up to 21 days at this shelter, often referred through school districts, the juvenile court system, or word of mouth. Please call for details.
- **Street Outreach:** Offers hygiene products, a place to do laundry, showers, counseling, job search assistance and food from 10am-3pm on weekdays to young adults up to 22 years old.
- **Counseling:** Short term counseling is available to families and individual youths.

**Application:** Please call their number for intake procedures or for more information
**CUMBERLAND SERVICES**
909 Greenlee St Denton, TX 76201  
**T:** 940-382-5112  **W:** [https://www.cumberlandservices.org](https://www.cumberlandservices.org)  **E:** info@cumberlandservices.org

**Mission:** Originally a home for children in foster care, their program also provides stable, affordable and safe housing and supportive services to single-parent families who are employed but are outpaced by the rising cost of living.

**Services:** Cumberland Services offers a Family Residential Program that aims to equip and empower families to be self-reliant.

**Eligibility:**
- Must be at or below 80% of the HUD income limits for their family size.
- Must be employed and able to pay the rent as structured for the program (30% monthly income allotted for rent, increases as program goes on)
- Must have a reliable transportation plan for going to work/school/daycare
- Must have full custody of at least 1 child
- Must NOT have a partner that resides with them
- Must pass a criminal background check (No violent crimes or other crimes deemed a safety risk to the campus)
- Must pass a drug test
- Must be willing and able to participate in program requirements

**Application:** Please visit their website and email the placement team at placement@cumberlandservices.org to apply for the residential program

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**DALLAS HOPE CHARITIES**
Dallas Hope Charities PO Box 196006 Dallas, TX 75219  
**W:** [https://www.dallashopecharities.org/](https://www.dallashopecharities.org/)  **E:** hope@dallashopecharities.org

**Mission:** Dallas Hope Charities is dedicated to fulfilling their mission of providing food, shelter, and services that instill dignity, stability, and hope for those in their communities.

**Services:** The Dallas Hope Center is a transitional shelter for LGBTQ+ youth ages 18 to 24 that provides safety and stability. Coaching, life skills training, healthcare and mental healthcare are provided for those entering the shelter. Alongside the shelter, Worthy Bags, filled with supplies for those who may be homeless, are also distributed.

**Eligibility/Intake:** The Dallas Hope Center caters to LGBTQ+ youth ages 18 to 24. Please visit their shelter intake form on their website to apply for a space as they currently have a wait list.
Mission: The Dallas Housing Authority (DHA) has a simple mission - to provide qualified low-income families with safe and affordable housing. DHA receive federal funds from the U.S. Department of Housing and Urban Development (HUD) to manage their income based Public Housing and Voucher Choice Program. DHA owns and operates 31 properties in their public housing program offering on site case management and support services. Qualified tenants pay 30 percent of their income for rent. Unfortunately, the demand for affordable housing is greater than the supply which means that DHA has to generate waitlist for their public housing units.

Voucher Programs
The Housing Choice Voucher (formerly Section 8) is a housing assistance program that empowers and allows the individual voucher holder to choose where he or she resides. Dallas Housing Authority (DHA) pays a portion of the participant’s rent directly to a private landlord. The program participants pay the balance of the rent directly to the private landlord.

WHAT ARE THE QUALIFICATIONS?

- Have an annual income at the time of admission that does not exceed the HUD income limits
- Pass a criminal background screening
- Provide acceptable documentation of Social Security numbers for all family members except those who do not contest their immigration status
- Cannot owe money to DHA or any other housing authority in connection with any federal housing program
- Met the applicant selection criteria
- Are not already adequately housed in any public housing authority-owned dwelling unit

ENROLLMENT
DHA has CLOSED the Housing Choice Voucher Program to new applicants until further notice. DHA will publicly announce when it’s accepting applications during an open enrollment period. Applications are accepted online only at www.dhantx.com
DALLAS 24-HOUR CLUB
4636 Ross Ave, Dallas, TX 75204
T: 214-823-3200
W: www.dallas24hourclub.org
E: info@dallas24hourclub.org
Intake: 9:30 AM – 4:00 PM 7 days a week

Services offered: This is a safe, sober transitional living program that provides a home for individuals dealing with substance abuse issues. The facility accommodates up to 53 men and 14 women in a roommate situation. Residents are required to maintain their sobriety while working to achieve permanent independent living. Food, clothing, and toiletries are provided during the client’s first month in the program, with a cafeteria on site. Rent is $70/week during the first month and increases to $98/week after that. Residents receiving SSI or Veteran compensation benefits are required to pay their entire monthly rent up front.

***No rent is required at initial intake and will accept clients with no income on a case-by-case basis.***

Requirements:
- Ability to pass a UA/Breathalyzer
- Ability to pay rent
- Attend weekly house meetings, as well as seven AA/NA meetings per week
- Actively look for work between 9 am and 2 pm or volunteer in the community (if disabled)

Exclusions:
- Individuals with sex offenses
- Individuals with arson convictions
- Individuals who have been charged with selling drugs in a school zone
- Ross Avenue Meeting Schedule
- Background check: No aggravated charges
DALLAS LIFE SHELTER
1100 Cadiz St., Dallas, TX 75215
Mailing: PO Box 130116, Dallas, TX 75221
T: 214-421-1380    F: 214-426-5114
E: info@dallaslife.org  W: www.dallaslife.org

Hours: 7 days a week, check-in 4:30 pm – 6:30 pm
Application Process: Accepting Walk-ups on 1st come basis Mon-Fri 10 am to 1:30PM
*A COVID test will be administered upon arrival

Mission: Dallas Life is a nonprofit, faith-based emergency shelter serving individuals and families experiencing homelessness in North Texas. Their primary goal is to help those in crisis to overcome their addiction and homeless circumstances in meeting their basic needs like food, clothing and shelter, providing recovery services, medical attention and spiritual guidance.

Services Offered: Emergency shelter for homeless men, women and children (dorms for singles, private rooms for married couples and families); meals; clothing (Fridays only); recovery program; job placement program; dental and medical clinic; clothing and educational services

Clients Must Bring: Two forms of ID (picture ID & SS card); limit 2 pieces of luggage weighing 25 pounds or less; children must have birth certificate, SS card and immunization records; married couples must have a valid marriage license to be together

Limits/Exclusions:

- Shelter is free for the first 5 nights and then resident pay $15 for each subsequent night in the Pay-To-Stay Program. Children always stay for free
- 10-Month Homeless No More Program is a four phase program that provides clients with life skills and job seeking guidance.
- First time residents receive 3 free nights
- A limited number of clients may stay free up to 30 days if they work at the center or join a faith-based drug/alcohol program requiring a 10-month commitment and desire to change.
- Shelter will not accept individuals with violent criminal or sexual convictions, including heinous crimes (arson, injury to a child) or protective orders. Dallas Life will not accept men on parole
ELEVATE NORTH TEXAS  
1901 E. Peters Colony Rd. Carrollton, TX 75007 (mailing only)  
T: (214) 556-5916  W: https://www.elevatentx.org/  E: info@elevatentx.org

Mission: Elevate North Texas’ mission is to fill in the gap of youth experiencing homelessness with emergency shelter. We provide a safe, affirming environment through access to immediate shelter and reunification with family, when possible.

Services Offered: Providing housing in the form of host homes and hotel stays to youths 18-24 who are experiencing homelessness. Provides case managers to help guide clients through finding suitable housing. Also assists with family reunification and mediation in a safe space if that option is still possible.

Eligibility/Limits: Must be between 18 and 24 years old, limit a stay of up to four months.

Application: Please visit their website and fill out their contact form for more information and help.
**FAMILY GATEWAY- EMERGENCY SHELTER**
711 South St Paul St, Dallas, TX 75201
Call 1-888-411-6802 (Option 3)
F. 214-884-3110     Hours: Mon – Fri 8:00 am – 4:30 pm
E. intake@familygateway.org     W: www.familygateway.org
*Currently accepting people through traditional intake. Capacity: Families- 35 emergency shelter rooms plus overflow. Limiting visitors who are not clients, staff, or volunteers.

**Mission:** Family Gateway classifies as a homeless shelter serving families with children who are currently experiencing homelessness; the agency aims to assist families in crisis and to keep families together, unlike traditional emergency shelters. The agency also works collaboratively with Dallas Housing Authority and Rapid Rehousing Continuum of Care partners to end homelessness and assist the families served in the emergency shelter component in securing permanent, stable housing.

**Services Offered:** Short term and transitional housing for homeless families with children; counseling; referrals; training programs in parenting, budgeting, nutrition, and special children’s programs; job search assistance

**Eligibility Requirements:**
- Must be 18 years or older
- Must be currently homeless or facing homelessness within the next 72 hours
- Must have at least one child within your care and custody that is under the age of 18
- Must currently reside or previously resided in Dallas or Collin county

Call 1-888-411-6802 (Option 3) if you are a family with children experiencing a homeless crisis. If we are assisting another person in need, please leave a message or complete our online help form by clicking the button below. Either of these actions will trigger our team’s response.

If you are in an emergency situation (you have no shelter tonight and no friends/family with whom you can stay), come directly to Family Gateway at 711 S. St. Paul Street for emergency assistance. If our shelter is full, we will assist you with locating other available emergency shelter space.

**Clients Must Bring:** Texas ID, social security cards and birth certificates for all household members, current referral or eviction notice

*Assessment & Diversion Specialists are available to assist you with your housing needs 24 hours a day, 7 days a week.*
FAMILY GATEWAY TRANSITIONAL HOUSING - PHASE I
(Center Based)
4712 Gaston Ave. Dallas, TX 75246
T: 214-823-4500 ext. 203

Mission: This program has 30 private rooms for homeless families. It is open to families in which all adults are able to work. This is not a Housing First program, therefore the families who enter Phase I of the transitional housing program are required to participate in casework services, follow up on referrals and participate in intense job search Parenting, budgeting, healthy relationship and other classes are help which clients must attend.

Requirements:
• Families that include children (does not have to be “traditional” mom/dad and kids)
• Adults must be able to work

Exclusions
• Meth manufacturing charges are automatic exclusions from admission to any Family Gateway program. All other criminal charges (aside from sex offenses) are considered on a case-by-case basis
• Sex offenders
• Pregnant women – This facility is unable to extend their temporary shelter services to women who are expecting. They are able to provide permanent supportive housing services to women who are pregnant as long as the already have at least 1 other minor child with them in the home and they meet the other requirements of the program.

FAMILY GATEWAY TRANSITIONAL HOUSING - PHASE II (Apartment Housing)
4712 Gaston Ave. Dallas, TX 75202
T: 214-823-4500

Mission: This program has 20 two-bedroom apartments for families. This program is generally only open to those families who have completed the 16-week Phase I Transitional Housing Program. In very special specific cases, families may transition directly to phase II through other referral agencies without having to have completed the 16-week Center based program. Phase II is a 12-month program. While living in the apartments, the families will maintain casework services, counseling, referrals and job placements assistance. Parenting and budgeting classes are available for clients. Home inspections are mandatory.

Requirements
• Families that include children (does not have to be “traditional” mom/dad and kids)
• Parents must be able to work
• Major disabilities (physical or mental) – this is reviewed on a case-by-case basis. The facility will house those who have disabilities as long as they are able to work. It is important that
the individual with the disability is seeking the appropriate medical care and, if applicable, is medication compliant.

**Exclusions**
- Meth manufacturing charges are automatic exclusions from admission to any Family Gateway program. All other criminal charges (aside from sex offenses) are considered on a case-by-case basis
- Sex offenders
- Pregnant women – This facility is unable to extend their temporary shelter services to women who are expecting. They are able to provide *permanent supportive housing services* to women who are pregnant as long as the already have at least 1 other minor child with them in the home and they meet the other requirements of the program.

**FAMILY GATEWAY – PERMANENT SUPPORTIVE HOUSING**
4712 Gaston Ave., Dallas, TX 75246  T: 214-823-4500

**Mission:** The program places qualified families in subsidized apartments through the City of Dallas’ Project Based Voucher program; rent is income based and all utility bills paid; residents are required to take part in on-site life skills activities and case management services.

**Requirements:**
Major disabilities (physical or mental) – this is reviewed on a case-by-case basis. It is important that the individual with the disability is seeking the appropriate medical care and, if applicable, is medication compliant.
**THE FAMILY PLACE**  
P.O. Box 7999, Dallas, TX 75209  
Emergency Shelter Hotline **T:** 214-941-1991  
Batterer’s Intervention (Crisis Hotline): **T:** 214-692-8295  
**W:** [www.familyplace.org](http://www.familyplace.org)  
**Main Line:** (214) 559-2170  

**Hours:** Shelter intake and hotline: 24 hours a day/7 days a week; outreach services: M-F 9 a –5p  
Continuing to provide care for clients in all locations, while following all guidelines and protocol from the CDC in order to protect our staff and clients. New arrivals will be given a COVID test upon intake and then weekly afterwards.

**Mission:** The Family Place empowers victims of family violence by providing safe housing, counseling and skills that create independence while building community engagement and advocating for social change to stop family violence. The Family Place is the largest family violence service provider in North Texas, providing 178 shelter beds each night, including the state’s only shelter for men and children.  
**All programs are free and offered in English and Spanish**

**Services Offered:** Can provide safe transportation to the emergency shelter or connect clients to other support services such as outreach counseling for victims of family violence, abuse or incest; outreach counseling to victims and perpetrators of family violence, abuse or incest; 24-hour hotline; children’s counseling; legal services; medical and dental care; day care; job and life skills training. Transitional housing is also available in the form of both on and off-site apartments.

**Application Process:** Appointment necessary for outreach services; walk-ins are taken at the emergency shelter accessed by **24-Hour Crisis Hotline** 214-941-1991  
**Non-emergency outreach number** 214-443-7701
Call 214-676-2693 for the men’s intake and call 469-740-1043 for the women’s intake

Mission: The Free-Man Houses are a clean and sober living environment that is Christ centered and focused on recovery from alcohol and drug addiction, as well as many other kinds of addictions.

Eligibility: Must be 18 years of age, have a history of addiction but a willingness to maintain sobriety, must be willing fully participate in program, must have income to pay rent. Cannot have any mobility issues. Must be able to live independently. Rent is $145/week or $650 monthly for clients on social security disability. **Freeman will accept residents without income on a case-by-case basis at intake, but those clients must be willing to work or volunteer**

Residents are required to maintain their sobriety while working to achieve permanent independent living. Some food, clothing and toiletry donations may be available at intake. However, residents are responsible for these items going forward.

Requirements:
- Ability to pass a UA/Breathalyzer
- Ability to pay rent
- Attend required house meetings
- Actively look for work between 9 am and 2 pm or volunteer in the community (if disabled)

Intake: Call and schedule an intake or you can complete forms online then fax them to number listed above. You can also send an email to intake@freemanhouse.org, I.D or Social Security card required for intake, $625/month or $145/week for boarding, those on disability/ working pay monthly; must be clean from substances.

Exclusions:
- **Individuals with aggravated sex offense convictions**
FRIENDS OF THE FAMILY
PO Box 640, Denton, TX 76202
Denton Outreach Office: 3835 S I-35E, Ste 200 Corinth, TX 76210
Hours: M-Th 8:30am-5pm, Fri 8:30am-5pm, Sat 10am-2pm
T. 940-387-5131 F. 940.383.1816
E: info@dcfof.org W: www.dcf.org
24-hour Crisis Hotline 940-382-7273 or 800-572-4031
All intakes must come through the crisis line or outreach office

Mission: Friends of the Family offers emergency shelter for survivors of relationship violence, rape and sexual assault. Persons seeking shelter may call the crisis line 24 hours a day, 7 days a week, at 800-572-4031 or 940-382-7273.
Now offering appointments on Zoom or in person.

Eligibility for shelter: will be determined based on safety concerns related to relationship violence or sexual assault, resulting in the person having no safe place to stay. In the event a caller is not eligible for our shelter, referrals to other local resources will be provided.

Services Available at Shelter

- Adult Advocacy and Case Management
- Child Advocacy and Case Management
- Crisis Intervention
- Individual Counseling
- Play Therapy and Adolescent counseling
- Basic Needs
- Pet Shelter
- Childcare
GENESIS WOMEN’S SHELTER  
4411 Lemmon Ave, Ste. 201, Dallas, TX 75219  

Mission: Genesis women’s shelter exists to help women with children fleeing domestic violence find a safe place to stay so they can heal and get back on their feet  
*Now offering phone assessments for intake

Services Offered:  
- Undisclosed emergency shelter - a safe haven for women and children fleeing domestic violence  
- Transitional Housing - families needing to stay in the shelter beyond 8 weeks may move into Annie’s House. Annie’s House allows them to stay up to 12 months in a private apartment, with access to tools and resources to build a safe, happy future  
- Free Residential and Non-Residential Outreach Counseling services in both, English and Spanish available to women and children  
- Legal Services: Pro Bono legal services for women seeking help with divorce, custody and protective orders in Dallas County. Intake required for legal aid.

To get help, call the Crisis Hotline 24/7 at 214-946-HELP (4357)  
For more information or to schedule counseling at the Outreach Center, call 214-389-7700.

GIVING GRACE  
306 N Loop 288, Ste 119, Denton, TX. 76209  
T: 940-382-0609  W: https://www.givinggrace.org/

Hours: Mon-Fri 9am-5pm

Mission: Giving Hope serves individuals and families who are at risk of or currently experiencing homelessness through advocacy, community collaboration, and housing assistance.

Services Offered: Street outreach, emergency shelter, rapid rehousing and permanent supportive housing. Assistance with assessing barriers such as a lack of ID, loss of income, substance abuse, or mental health struggles. Rise With Grace case management program that provides coaching, life skills classes, transportation, and childcare. Utility and rent assistance may be available.

Intake: For more information, please call or visit the Need Help tab on their website.
HOPE’S DOOR NEW BEGINNING CENTER
860 Ave F. St. 100 Counseling Outreach Center  Garland Outreach Center
Plano, TX 75074 860 Ave F. Suite 100 218 North 10th Street
T: 972-422-2911 Plano, TX  Garland, TX 75040
F: 972-423-4154 T: 972-422-2911 T: 972-422-2911
W: https://www.hdnbc.org/ E: info@hdnbnc.org Hours: M-F 9am-5pm

**Appointments and consultations may be virtual unless requested in person**

**Mission:** Hope’s Door New Beginning Center exists to help individuals and families escape and heal from domestic abuse, dating abuse and family violence through our free trauma-informed services.

**Services Offered:**
- **Emergency Shelter** (2 undisclosed locations that can house up to 55 women and children up to 90 days) male victims with children can be served as well but are housed in a hotel
- **Transitional Housing**- HUD funded, income-based apartments are available through this program for qualified families transitioning for the agency’s emergency shelter
- **Legal Support** (partnership with Collin County’s DA’s office to provide victim advocacy and legal education)
- **Individual and Sexual Abuse Survivors Counseling**
- **Youth and Adolescent Counseling**
- **Intensive Case Management Services**
- **Batter’s Intervention and Community Educational Services**

**Hours:** Hotline and shelter: 24 hours every day of the week
Counseling for victims: Mon – Thu 8:00a- 5:00p; Counseling for batterers: Mon – Sat 8:00a – 5:00p
Outreach Center Mon – Thurs 8:00 am to 6:00 pm; Friday: 8:00 am to 5:00 pm; Closed Sat - Sun

**Eligibility Requirements:** Must be individual or families fleeing domestic violence
If you are in immediate danger, please call 911 or our 24-hour crisis hotline at 972-276-0057.
HOUSING CRISIS CENTER  
4210 Junius St., Dallas, TX 75246-1429  
T: 214-828-4244  F: 214-466-7209  
E. info@hccdallas.org  W: www.hccdallas.org  Hours: Mon – Fri 9:00 am – 5:00 pm

Mission: The mission of the Housing Crisis Center is to prevent homelessness and to stabilize those at risk in decent, affordable, and permanent housing, while empowering them to solve their own housing problems in the future.

Services Offered:
- Rapid Rehousing- time limited supported housing program serving homeless families with children
- Veteran Supported Housing Program
- Permanent Supported Housing Program for chronically homeless individuals, families and veterans
- Career Services and Financial Well-Being Services
- Free Legal Counsel - Every second and fourth Wednesdays of each month; first come, first served on walk in basis starting at 5PM
- Landlord/Tenant Law Workshops
- Housing Crisis Hotline - Mon- Fri 9 am to 5 pm Call directly 214-828-4244

Application Process: By Appointment Only

Eligibility Requirements: Applicants must have verification of homelessness; verification of financial hardship and/or veteran status; Current photo ID and Social Security cards for all family members; Proof of income from employment or award letter

IN MY SHOES  
P.O. Box 227301 Dallas, TX 75222  
T: 469-857-3264  W: https://liveinmyshoes.org  E: love@liveinmyshoes.org

Mission: A faith-based nonprofit, IMS provides housing for expectant mothers experiencing homelessness, up until nine months post-partum.

Services: Residents receive:
- Transitional housing
- Individual and group therapy
- Food and clothing assistance
- Parenting and life skills training
- Work and school support

Eligibility: Expectant mothers must be 18 years + and must also agree to follow program rules and guidelines, including medical/psychological recommendations and an individualized growth plan.

Application/Intake: Please call to ask about openings
LEGACY COTTAGE (TRANSITIONAL)
828 South Tyler Street, Dallas, TX 75208
T: 214-941-7373  F: 214-941-9393
Call Director of Housing for admission intake screening & for availability

Mission: Legacy Cottage is a licensed, seven-room specialty-care facility for individuals living with HIV/AIDS in critical stages of their illness who require 24-hour supervised acute care or hospice.

Eligibility Requirements: Referral from an AIDS Organization required, Common Intake Form, Letter of Diagnosis, Proof of Income, Proof of Residency, Photo ID, and Proof Insurance (if applicable), Current TB test, Negative COVID test within 72 hours and Medical History (Medication List, Hospital or Rehabilitation Discharge Summary, Physical, etc.)

Exceptions: NO HOLES, PORTS OR TUBES ACCEPTED
- No convicted sex offense or violent criminal conviction

MASTER LEASING HOUSING PROGRAM (LEGACY CARES)
4054 McKinney Ave. Suite 102, Dallas, TX 75204
T: 214-520-6308 ext. 339  W: https://homebaseforhousing.org/

Mission: Master Leasing Program is a supportive housing program for individuals and families with a HIV/AIDS diagnosis. Clients will strive to overcome the barriers that led to homelessness and venture on the path to self-sufficiency through individualized case management.

Services:
- Individualized case management
- Subsidized rent for low to no income households
- Furnished units
- Educational workshops

Application Process: BY REFERRAL ONLY- applicants must complete an initial intake through Legacy’s Homebase for Housing. No walk-ins. In person intakes by appointment only. Call 214-520-6308 ext. 338 or 340

Requirements:
- Must have photo ID, Social security card and birth certificate or all adult household member
- Must have Birth Certificates and Social Security cards for every minor in the household
- Letter of Diagnosis
- Letter of Homelessness
- Proof of income or “No Income/No Assistance Attestation” signed by referring case manager

Exclusions:
- No sex crimes on record
- No violent criminal convictions
- No felonies drug convictions for distribution and/or manufacturing

**MOSAIC FAMILY SERVICES**
12225 Greenville, AVE. #800, Dallas, TX. 75243  
**T:** 214-823-4434 (24hr)  **W:** [www.mosaicservices.org](http://www.mosaicservices.org)  **Hours:** 9am-5pm Mon-Fri

**Mission:** This nonprofit offers service to trafficking survivors, family violence survivors, refugees unaccompanied minors and at-risk youth. The mission statement for Mosaic Family Services is: We support, educate and empower the multicultural individuals and families of North Texas.

**Services:** Client advocacy Emergency Shelter, Transitional Housing, Counseling and Therapy, legal services, community outreach, community education and unaccompanied minor support. Client Advocacy- fluent in 25 languages, appointments to schedule appointments. Crisis intervention in-between appointments. One on one education to survivors. Emergency Shelter- Women and children fleeing domestic violence and human trafficking.

**Application process:** call 214-823-4434 to set up appointments.

**OUR DAILY BREAD/MONSIGNOR KING OUTREACH CENTER**
909 North Loop 288, Denton, TX 76209  
**T:** (main) 940-566-1308 (shelter) 940-514-1007  **E:** info@ourdailybreadcrenton.org  **W:** [https://www.ourdailybreaddenton.org/](https://www.ourdailybreaddenton.org/)

**Mission:** Originally a collaboration between multiple Denton churches, Our Daily Bread aims to feed the hungry and homeless while maintaining the dignity of their guests and offering resources for a new start.

**Services:** Offers emergency shelter for people experiencing homelessness, nutritious meals, personal hygiene items and care, as well as other supportive services such as internet access, transportation passes, financial assistance in procuring identification documents, mail service and application assistance for aid programs.

**Intake/Application:** The shelter operates on a first come, first serve basis. No weapons, food, drink, drugs, or alcohol are allowed in the dorms. Open 7 days a week, 5:30pm until 9am, breakfast and dinner are served.

**Community Kitchen & Guest Services:**
Breakfast: 8am-9am Lunch: 11:30am-1:00pm Dinner: 5:30pm-7pm  
**Shelter:** 909 North Loop 288 Denton, TX 76209  
**Day Shelter:** 8am-7:30pm  **Emergency (Overnight) Shelter:** 4pm-8am
OUR FRIENDS PLACE
6500 Greenville Ave Suite 620, Dallas, TX 75206

Hours:  Mon – Fri 9:00 am – 4:30 pm

To apply for Our Friends Place Transitional Living Center program, please contact Residential Program Director Nicole Price and schedule a phone interview. Phone: (214) 520-6268
Nicole.Price@ourfriendsplace.org

Mission: Our Friend's Place is dedicated to helping young women break the generational cycles of abuse, neglect, poverty and homelessness through empowering self-reliance and independence.

Services Offered: Transitional Living Center (TLC) for young women ages 18-24 who are not pregnant or parenting, case management, life & job skills training, employment assistance, assistance in enrolling in education or vocational program, and affordable rent based on income.

Eligibility Requirements: Young women ages 18-24; must be able to be legally employable in US and willing and able to enroll in an education or vocational program; must be able to pass a drug test and not be pregnant or parenting.

Clients Must Bring: Must bring or obtain - picture ID, social security card & birth certificate

Application Process: No walk-ins; call to complete phone application, followed by face-to-face assessment scheduled at office

OUTCRY IN THE BARRIO
4419 Hamilton Ave Dallas, Texas 75210
T: 214-565-5005 (open 24 hrs)

Mission: Outcry Dallas is a residential inpatient facility in which our residents have a full schedule consisting of a Bible based curriculum. This is a home for men only who are suffering from drug-addiction, alcoholism, are involved in gangs. Outcry Dallas’ goal is to transform crime & drug-infested neighborhoods through the power of Jesus Christ!

Eligibility Requirements:
- Must be at least 18 yrs. or older
- Willingness to transform one life
- Must participate in the Praise and Worship services offered at the facility
- Must participate in bible study and bible courses taught at the facility
- Must follow house rules & work in kind; outside employment not permitted for 6 months

Intake Process: No walk-ins. Client must call in to complete a phone intake. He will then be directed on what needs to be done next.

Clients must bring: I.D., and social security card
Limitations (Women not Admitted):

- No sexual offenses in criminal background
- Must be able to ambulate stairs in the facility
- No medical staff to dispense medications

**OXFORD HOUSE**

Various locations statewide

T: 214-448-6269 (Dallas area)  W: [www.oxfordhouse.org](http://www.oxfordhouse.org)

Oxford House residents do their own intake on the website at [www.oxfordhouse.org](http://www.oxfordhouse.org)

**Mission:** The Oxford House offers a supportive way of living and opportunities to learn life skills in a clean and sober environment. Homes are run by residents who provide supportive network and environment for people in recovery.

**Eligibility:**

- Age 18 or older
- Completion of in-patient alcohol or drug treatment OR completion of medical detoxification program
- Some source of income to pay rent
- Must be able to live independently

**Expectations/House Rules:**

- Agree to follow house rules and guidelines
- Stay current on house expenses/rent
- Maintain sobriety

**Application process:** To locate a house with vacancies visit [www.oxfordvacancies.com](http://www.oxfordvacancies.com). Call the individual house of interest and schedule an interview. Print out the application online, fill it out, and bring it to the appointment along with I.D. and social security card. The intake specialist will notify client of what else is needed at the interview.
Youth who are assessed through the intake process will be screened for potential COVID exposure. Promise House Facilities are closed to visitors and all volunteer activities on-campus are suspended.

Mission: Promise House embraces homeless, runaway and at-risk teens and adolescents, giving them needed support, encouragement and hope to live a better life. Promise House is dedicated to providing the strength, stability, and hope that teens need today to fulfill their promise for a healthy, productive and self-sufficient tomorrow.

Services Offered: 24-hour emergency/crisis intervention, therapeutic groups, psychiatric services, recreational programs, case management, transitional living, maternity shelter, mental health services, homeless youth shelter and advocacy, assistance for pregnant and parenting youths.

Programs offered: Emergency Youth Shelter, Transitional Living Program, and Wesley Inn Program

Hours: Shelter Hours: 24 hours a day/7 days a week Office Hours: Mon – Fri 8:30 am – 5:30 pm

Eligibility Requirements: For youth ages 10-17 for shelters and 16-24 for transitional program. Pregnant and parenting youths program for ages 14-20. Call for intake (214) 941-8578 ext 500 and specialist at will give specific requirements for program of interest.

Mission: Refuge for Women is a faith-based nonprofit that provides the emergency and transitional housing for the victims of human trafficking and sexual exploitation.

Services: RfW offers long term, transitional, and emergency housing options. The application will take place over the course of 3-5 business days, with initial outreach 48 hours after the initial screening.

Applications: Initial screening forms can be found on their website for each service. The National Headquarters will review the screening and respond in 48 hours. If approved, the total process will take 3-5 business days. Intake is based on the availability of beds closest to you. Advocates, case workers, and partner organizations may submit applications on behalf of the client.
RIVER OF LIFE HOMES
T: 214-886-3563
W: http://riveroflifehomes.org/

Mission: River of Life Homes provides a confidential shelter and supportive services to women and women with children. Creating a better daily life for domestic violence and victims.

Services Offered: Provides Emergency Shelter and Transitional Housing. shelter, food and clothing, counseling- individual and group. Financial planning, Family reconciliation, Healthy Boundaries, parenting classes, resume writing, job interviewing prep. Emergency Shelter- for women in life threatening situation, duration is 30 days. Transitional Housing- up to 1 year- Women and children who have completed this emergency shelter program but need additional time to complete their life plan or job training.

Limits: For women 18+ who are escaping life threatening domestic violence within 2 weeks or less and have income, however that income is not enough to sustain their own housing. Income may be earned through full or part time employment or through unemployment, child support, or SSI. Rent is month to month, utilities is included. Children are allowed up to 12 years old.

Intake: Call to set up an appointment and get address.

SAFE HAVEN
1010 N. Center St., Arlington, TX 76011
Domestic Violence Crisis #: 1-877-701-7233
Arlington Resource Center: 817-535-6462   Fort Worth Resource Center: 817-536-5496
W: www.safehaventc.org   E: info@safehaventc.org   Hours: 9am-5pm

Mission: Safe Haven ends domestic violence through safety, support, prevention and social change. Emergency shelters are located in Arlington and Fort Worth. Call the hotline number for shelter intake. In person appointments are available.

Services offered: 2 Emergency shelters and transitional housing, clients receive counseling- legal services, case management and more. Free legal assistance offered as well. Resource centers in Arlington and Fort Worth deliver personalized plans for each survivor.

Intake: Please call your closest center to speak to a professional about your next steps.
Food distribution programs are now focused on drive-through, grab-and-go, and home drop off. Call your local branch to ensure what is available to you.

Mission: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Caring for the poor. Feeding the hungry. Sheltering the homeless. Clothing the naked. Loving the unlovable. Befriending the friendless. There are various locations throughout the DFW area.

Services offered: homeless shelter, emergency housing, voluntary alcohol and substance abuse rehabilitation program, prison release substance abuse program, disaster response, domestic violence and abuse program, food pantry, financial assistance, clothing, counseling, and transitional housing programs.

Hours: shelter is open 24 hours a day, 7 days a week. Shelter Intake hours every day 4:00 pm – 7:00 pm (or until all slots are filled) Social Service office hours Mon – Fri 8:00 am – 4:00 pm. Food Pantry hours Mon – Fri 1:00 pm – 3:30 pm

Eligibility Requirements: Clothing is only given to victims of domestic violence, fire, flood, or individuals who have been released from incarceration within the last 30 days. Services all for Dallas County excluding Garland and Irving residents (see Garland Salvation Army and Irving Salvation Army for assistance). Substance Abuse Program accepts court ordered referrals only

Application Process: Walk in for shelter and domestic violence assistance. Appointments required for financial assistance; call to schedule an appointment.

Clients Must Bring: Picture ID for self; SS cards for all in household; proof of address; copy of lease for rental assistance; copy of utility bill for utility assistance; last pay stub
SAMARITAN HOUSE SERVICES
929 Hemphill Street  Fort Worth, TX 76104
T: 817-332-6410  W: www.samaritanhouse.org
For referrals, Crystal Daniel must be contacted at 817-509-4432.

Mission: Samaritan House Services and The Village at Samaritan House offer permanent, supportive housing for homeless, low-income individuals and families affected by HIV/AIDS and other special needs; creating positive change individuals and families who are affected by major health conditions, substance abuse issues, and mental illness who are homeless or at-risk of homelessness.

Eligibility requirements: must be 18 years of age or older, have low income, have a diagnosis of HIV/AIDS, be homeless or be at imminent risk of homelessness.

Services offered: affordable subsidized housing, supportive housing, meals, counseling, case management, transportation, substance abuse recovery, life skills classes, and follow-up care.

Application/intake process: call and schedule an intake. Residents must pay a minimum of $50 or 30% of their annual adjusted income. Clients may fill out a Housing Interest Request form themselves to request housing options through Samaritan House (waitlist can be 6-10 months)

Clients will need to bring: I.D., social security card, letter of diagnosis, and proof of homelessness

THE SAMARITAN INN
1514 N. McDonald St. McKinney, TX 75071
Admin # 972-542-5302  F. 972-569-9988  W: https://www.saminn.org  E: info@saminn.org
Hours: Intake days are Tue/Thu 9am-1:30pm and Sun 9am-1pm and Office hours: Mon – Fri 8:00am – 5:00 pm
Services Offered: The Samaritan Inn provides a free of charge homeless program that helps willing people regain their dignity and independence. Also boards pets of clients. Short-term program housing program, case management, thrift store

Eligibility Requirements: No active drug use, client cannot have a violent criminal history, client must be able to find and maintain employment.

Referral process: only accepted from support programs like legal and financial counseling, as well as mental and physical health services.

Clients Must Bring: Government-issued picture ID card, SS card, ss card for any children, be willing to submit to a drug test, must be willing to submit to a background check, must be willing to work full or part time

Limits: Maximum time in shelter is determined on an individual basis but the average is 90 days. Gateway Transitional Apartments Residents may stay between 3 and 18 months.
**Mission**: Shared Housing Center was created in 1984 to provide and facilitate affordable housing options, and supportive services that foster independence, empowerment, and self-worth and to serve a multicultural, intergenerational population.

**Services Offered**: Temporary supportive housing for older adults and homeless single parent families in the form of shared housing with another individual, counseling, crisis intervention, financial planning/budgeting, education and employment assistance, life skill training, and after school programs.

**Eligibility Requirements**: for transitional housing, the single parent families must be at least 21, no felonies, no pregnant women, single parent families can have no more than 3 children, and children cannot be older than 10 for boys and 12 for girls. Duration of stay should not exceed 12 months. Single adults must be at least 50 yrs. of age to get into housing program. Must agree to case management aspect of program, must be self-sufficient, and must pay be a percentage of the rent according to income. Personal and criminal background checks will be run.

**Application Process**: Clients should fill out an application online and will then be called for a phone interview. Face coverings are required and must be vaccinated if accepted into the program.

**Clients Must Bring**: Clients should bring photo ID, social security cards, and birth certificates for all minor children in the family. Call and verify with the intake specialist.

**Limits**: Clients can stay in transitional housing program for one year

**Exclusions**: no criminal background or substance abuse issue
SHURRUN’S HOUSE
Dallas, Texas 75210
T: 972-207-1604 E: shurrunhouse@gmail.com W: https://shurrunhouse.org/
Life is a game of chess. You cannot undo the moves, but you can make The Next Step Better. Maye your next move with Shurrun’s House Sober Living.

Services Offered: This fully furnished house provides a drug free safe haven for women, men, and adolescents when transitioning from the criminal justice system or dependence recovery to reentering society. All residents are in a safe, faith based environment with stability so the focus for the residents would only be maintaining sobriety, looking for steady work and gaining their own independence.

Application Process: Must be coming out a treatment center and be 30 or more days clean. Upon arrival and further assistance will be assessed at that time. Please call for more information or to inquire about being screened.

Limitations: Must adhere to house rules and assigned meetings. Self pay.

SONYA’S HOUSE INC
7008 Sorcery Rd Dallas, TX 75249
T: 682-777-5943 E: sonyashouse@yahoo.com W: http://www.sonyashouseinc.org/
Mission: Sonya’s House is transitional housing in a home-style setting. Our goal is to provide low-income housing and holistic care for women living with HIV/AIDS understanding that this life change can be mental, spiritual, physical, and financial. No one should endure this battle alone and we are here to help.

Services offered: furnished affordable housing, case management, peer support, recovery coaching, meals, and medication delivery from Safemed Pharmacy.

Application Process: call to check availability, schedule intake and complete interview.

Clients will need to bring: I.D., social security card, birth certificate, and letter of diagnosis, proof of residency, and proof of income

Exclusions: no sexual criminal offenses, no women with children, no married couples, and no pets.

Limitations: length of stay is 6 months
**UNDER 1 ROOF**  
5787 S. Hampton Road 270 Dallas, TX 75232  
**T:** 214-343-4000  **F:** (844) 382-6994  **W:** www.under1roofdallas.org  **E:** info@under1roofdallas.com  
Call for updated intake at 214-343-4000

**Mission:** Under 1 Roof is a nonprofit agency offering transitional, permanent supportive housing and case management services to homeless and low-income individuals as well as families in Dallas and Collin Counties. Our vision is a community where everyone has safe affordable housing and the tools to become self-reliant.

**Services:** Emergency rental and utility assistance, relocation assistance, counseling, referrals to community resources, transportation support, financial empowerment and literacy classes, permanent supportive housing programs, and legal workshops.

**Eligibility Requirements**
- Admission by referral from emergency shelters only
- Birth Certificate
- TX ID
- Social Security Card
- Proof of income
- 3rd party verification of homelessness

**Exclusions**
- Cannot accept violent offenders
- Minimum 21 years old, families must have one or more children under 18

**Intake:** Must be residing in one of the local shelters and be referred by a shelter case manager
UNION GOSPEL MISSION (UGM) - CALVERT PLACE (Men)
3211 Irving Blvd., Dallas, TX 75247

Services Offered: an emergency shelter for homeless men which provides food; clothes; medical care; discipleship/rehabilitation; education and computer training; GED preparation; work experience; Bible studies; chapel services; transitional housing

Intake: Mon-Fri 9am – 1pm at Our Calling 1702 S Cesar Chavez Blvd Dallas, TX 75215
Mon-Sun intakes over the phone at UGM 8am-5pm

Eligibility Requirements: Homeless men, MUST BE fully vaccinated for COVID or willing to be vaccinated

Clients Must Bring: SS card and form of picture ID
Application Process: Clients should walk-in to intake office at 1818 Corsicana (The Bridge)

Exclusions: Sex offenders who do not fulfill their legal requirements; those who are able to fulfill legal registry requirements will be considered on case by case

UNION GOSPEL MISSION (UGM) CENTER OF HOPE (Women)
4815 Cass St., Dallas, TX 75235
Intake Hours: Mon – Sun, 8 a.m. – 5 p.m. Please call for initial phone screening.

Services Offered: UGM Center of Hope (COH) is our shelter and Discipleship Program site exclusively for single women with children; the capacity is 235 and the women and children can stay for up to 90 days. This center offers on-site state licensed childcare to allow the women to partake in the Discipleship Program, case management and self-sufficiency classes.

Eligibility Requirements:
- Homeless women and children
- Valid government issued ID and social security card for all women
- Birth certificates for all children
- Must be fully vaccinated for COVID & present verification

Language Options: Currently do not have Spanish/bi-lingual staff available
Exclusions: Clients may stay in the shelter for a maximum of 90 days; no one under the influence of drugs and/or alcohol; no women who have been involved with domestic violence; individuals must bring prescribed medication for mental health that they have been taking for at least two weeks
Mission: HUD-VASH is a collaborative program and partnership between HUD, Veteran Affairs and local housing authorities to provide housing vouchers and supportive services to chronically homeless veterans and their families.

To apply for HUD-VASH, please contact your local VA Homeless Program. Veterans can contact the HUD-VASH program directly or obtain a referral from a case manager in another VA program.

Requirements:
- Verification of chronic homeless status
- Veterans with current DD214 verifying the veteran was honorably discharged
- Social Security Card and ID card
- Birth certificate for ALL family members living in the house
- Proof of income

Mission: Viola's House, Inc. is an emergency placement shelter for teen mothers/expectant mothers, ages 12-21, faced with an unplanned pregnancy and who may be at-risk for homelessness in Dallas.

Services: Viola's House services include intake and case management, individual and group counseling, skills training and development, parenting/pregnancy support, job readiness preparation, financial literacy, and educational services.

Eligibility: Must be an unwed mother between the ages of 12 and 21.

Application: Please visit https://www.violashouse.org/pregnant.asp to apply for help and confirm eligibility. Clients will be contacted within 72 hours of reaching out.
**WOMEN IN NEED**
Hunt County
**W:** https://www.wintexas.org/  **T:** Greenville Office: 903-455-4612, Rockwall Office: 972-772-3000

**Mission:** WIN offers a multi-faceted domestic violence resource for women who are fleeing abusive situations.

**Services:** WIN offers an emergency shelter, counseling services, legal advocacy, and non-residential programs for victims of intimate partner violence and domestic violence. There are also continuing programs for ex-shelter residents. Services are available in Spanish and English.

**Eligibility:** Open to victims and/or survivors of domestic, dating and intimate partner violence.

**Intake/Application:** Please call the WIN 24hr hotline (903) 454-HELP (4357) or text 972-591-SAFE (7233)
FOOD & CLOTHING PANTRIES

BROTHER BILL’S HELPING HAND
3906 N Westmoreland, Dallas, TX 75212
Mailing: PO Box 565846, Dallas, TX 75356
T. 214-638-2196   F. 214-638-2198   Clinic: 214-638-2194
E: helpinghand@bbhh.org   W: https://bbhh.org/

Hours for Grocery Store: Wed 9:30am-12pm, Thu 9:30am-12pm, 2nd Sat of each month 9am-11am, 2nd Thu of each month 5pm-6:30pm. Produce Days 1st and 3rd Fridays 9am-11am (no appointment required for Produce Days)

Encouraging social distancing, masks, and other CDC precautions

Services Offered: Food pantry; ESL classes in January; computer lab; women’s job training program; Bible study in English; Low-Cost Community Clinic (primary health and optometry by appointment only); Community Grocery Store – Appointment only

Eligibility Requirements: Client must live in 75208-75212 zip codes and sign up online for the food pantry; Must Bring: Picture ID and documentation showing residence

Application Process: By appointment only- please call directly or fill out application form on their website

Limits: Client may receive groceries a max of 2 times per month

BUCKNER CENTER FOR HUMANITARIAN AID
Domestic Aid and Assistance
5405 Shoe Dr., Mesquite, TX 75149
T. 214-939-7177   F. 214-367-8093
E: BCHAAidTeam@buckner.org   W: www.buckner.org

Services Offered: Food pantry available by appointment, drive through only
Hours: Call for appointment.
  • Monday, Tuesday, Thursday for Food and Clothing
  • Wednesday: Empowerment Classes for ESL, Life Skills and Job Readiness
  • Closed Friday for donation pick-ups
  • Closed weekends

Eligibility Requirements:
  • 75149, 75150, 75180, 75217, 75227

Clients Must Bring: Picture ID; proof of income; proof of address
**Application Process:** Call for appointment and further information

**Limits:** Clients issued ID card for quarterly visits; client’s need assessed and re-evaluated after 4th visit.

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**CARE CENTER MINISTRIES**
7912 Antoinette St., Dallas, TX 75217
T. 214-824-9852 F. 214-824-3499
W: [www.carecenterministries.org](http://www.carecenterministries.org)
**Hours:** Wednesdays (except the 5th Wednesday of every month) 10AM-3PM

**Services Offered:** “The Basket “food pantry and clothing for targeted clients living in Pleasant Grove area 75217 and 75227 zip code

**Eligibility:** Must present valid photo ID for all household members and proof of residency

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**CROSSROADS COMMUNITY CHURCH SERVICES** (An outreach of First United Methodist Church)
4500 S Cockrell Hill Rd Dallas, TX 75201
T. (469) 860-6090 F. 214-560-2512 W. [https://ccsdallas.org/](https://ccsdallas.org/)
**Hours:** Mon – Thu 8:30 am – 12:30 pm. Open 1st Saturday of the month 8:30am-11:30am

Following COVID guidelines and requiring everyone to wear masks

**Services Offered:** Food and clothing

**Requirements:** Have residence in the City of Dallas (752__ zip code) & low income
- Have original picture ID for all individuals aged 18 and over in household
- Original birth certificate or a Medicaid Card for all individuals under the age of 18 in household
- Current lease (naming ALL household residents you will be registering) or tax/mortgage statement
- Current proof of residence (current electric or water bill, rent receipt with apartment stamp)
- Clients do not need proof of income to receive food assistance but are required to be below the Emergency Food Program (TEFAP)

**Intake:** BY APPOINTMENT ONLY. To schedule an appointment, call 469-860-6090. Clients may visit once a month.

**Important:** Please bring your own reusable bags to take your groceries home!

**INFORMATION FOR REFERRALS FROM STEWPOT:** If you are homeless, in order to receive clothing, you must have Referral slip from The Stewpot and Stewpot ID
DALLAS BETHLEHEM CENTER
4410 Leland Avenue Dallas, TX 75215
T: (214) 428-5171  W: dallasbethlehemcenter.org   E: admin@dallasbethlehemcenter.org

Mission: Dallas Bethlehem Center uses faith based programs to help prepare young children for school and provide food assistance in what is known as a “food desert” in Dallas.

Services Offered: Provides food and utilities assistance. Must preregister for food assistance

Application: To sign up for weekly food assistance, contact the Dallas Bethlehem Center @ (214) 428-5171

DENTON FIRST REFUGE MINISTRIES
1701 Broadway St., Denton TX, 76201
W: https://dentonrefuge.org/

Mission: First Refuge Ministries aims to minister to the entire person, including physical, emotional and spiritual needs, by offering essential services to those in our community.

Services: FRM provides food distribution by way of a client choice pantry, medical and dental clinic, and faith-based counseling services.

Eligibility: They serve only Denton County residents. Clients may access the food pantry once every thirty days for assistance. Please bring one form of identification for all residents of the household. For medical services, please bring proof of income, residency, ID, proof of children in the household and fit the income guidelines. Prescreening is required, call for an appointment.

Application: Please visit their website for more information and fill out the contact form. Locations in Denton and Sanger.

Denton 1701 Broadway St: Mon 9am-12pm, Wed 1pm-4pm and Thu 6pm-8pm
Sanger 713 S. Fifth St: Mon 1pm-4pm and Thu 9am-12pm
**DENTON COMMUNITY FOOD CENTER**  
306 N. Loop 288, ste. 400, Denton 76209  
**T:** (940) 382-0807  
**E:** info@dentoncfc.org  
**W:** https://www.dentoncfc.org/  
**Mission:** Denton Food Community Center provides aid to those facing food insecurity.  
**Services:** DFCC provides enough food to feed a family of four for a week with each visit in a drive through style method. Limit assistance to once a month.  
**Application/Requirements:** Due to COVID, DFCC is not turning anyone away. Clients are asked to bring a photo ID and proof of current address. Clients will be asked to load the groceries into the vehicle themselves to minimize contact and will be asked to wear a mask inside their vehicle when being interviewed and loading their groceries.  
**Service hours are Mon 10:30am–12:30pm & Wed 10:30am–12:30pm**

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**DUNCANVILLE OUTREACH MINISTRY**  
202 E. Cherry St., Duncanville, TX 75116  
**T.** 972-296-4986  
**F.** 972-296-4997  
**W:** https://duncanvilleoutreach.org/assistance  
**Food Pantry/Office Hours:** 9:30a to 12:30p M-F  
**Mission:** Duncanville Outreach Ministry (DOM) is a nonprofit, faith-based organization associated with the First United Methodist Church in Duncanville. The organization strives to reduce and alleviate hunger within the community by distributing food and financial assistance to qualified families in the City of Duncanville in the zip codes 75116 and 75137.  
**Services Offered:**  
- Food pantry assistance for qualifying residents in 75116 and 75137 on a monthly basis  
  - Must bring current driver’s license, birth certificates for children under 10  
  - Proof of residency  
  - Proof of income for all adults, including 30 days of check stubs, recent tax return, current years social security letter, proof of disability, child support, and/or food stamp letter  
- Financial assistance for utilities, rent and prescriptions –*) **When Funding is Available** *)  
- Thrifty Station store sells clothing, household items, personal hygiene, and other items at a discount; this store is open to the general public  
**Thrifty Station Hours:** 9:00a to 3:00p M-F 10:00a to 1:00p Sat.
**FIRST BAPTIST CARROLLTON - FRIENDSHIP HOUSE**
3733 N. Josey Lane suite 103, Carrollton, TX 75007 3733
T: 972-512-3838  **Hours:** Open Tues- Thurs by appointment only
W:  https://www.firstfields.org/friendship-house

**Services Offered:** Food, financial assistance if able, not always

**Application Process:** Call for appointment, fill out application form, up for renewal yearly

**Eligibility Requirements:** open to all zip codes

**Limits:** Clients may receive food 3 times every 6 months

**FREEDOM HOUSE FOOD PANTRY**
1123 Ft Worth Drive Denton, TX 76205
T: (940) 808-1016  E: pantry@dentonfreedomhouse.org
W: https://dentonfreedomhouse.org/freedom-food-pantry/

**Services:** Offers food assistance, open Monday – Thursday 1:00pm – 4:00pm and Friday 11:00am – 2:00pm. Operating as a “Client Choice Pantry.”

**Application:** Please register online through the form, clients may also register in person.

**Limits:** No one is turned away or denied at any time. Come get food when you are in need.

*Freedom House also offers an intensive 6-month substance abuse program for men and women*

**GOOD SAMARITANS OF GARLAND**
214 N. 12th St., Garland, TX 75040
T: 972-276-2263  F: 972-487-8253
E: info@goodsamofgarland.org  W: http://www.goodsamofgarland.org/

**Services Offered:** Food only
**Hours:** Mon – Fri 9:00 am – 3:30 pm (closed 12pm-1pm).

**Eligibility Requirements:** open to all, limit assistance to every 14 days

**Food distributed by appointment only**, please call 972-276-2263 on Friday morning, beginning at 8:30 a.m. to schedule for following week; walk-ins are accepted

**Clients Must Bring:** Photo ID is requested
GOOD SHEPHERD LUTHERAN CHURCH, IRVING - FISH AND LOAVES FOOD PANTRY
2620 W. Grauwyler Rd., Irving, TX 75061
T: 972-790-2121     F: 972-790-2121
E: mail@gslcirving.com   W: www.gslcirving.com
Hours: Saturday mornings 9:30 am – 12:30 pm
Operating, in a modified manner - Call 972-790-2121 for the updated information.

Mission: The Fish and Loaves Food Pantry is an outreach ministry of the Good Shepherd Lutheran Church that strives to meet the community needs in providing temporary assistance to its neighbors in crisis and low-income.

Services Offered: Food only

Eligibility Requirements: Clients must be Irving residents and have proof of residency

Clients Must Bring: Proof of Irving address and photo ID for all household members (acceptable IDs can be social security card, birth certificate, school ID, State ID

Application Process: Walk-in and complete initial application

Limits: Clients may receive food up to three times per year, only one family per address will be served. Food vouchers may be redeemed 30 days from the last visit

GRAND PRAIRIE RENT AND CLOTHING CO-OP
118 N.E. 4th St., Grand Prairie, TX 75050
T: 972.264.8540     F: 972.264.6920
E: gpfood-cloting@sbcglobal.net
W: https://usccrc.org/listing/grand-prairie-food-and-clothing-co-op/
Hours: Mon – Fri 9:00 am –11:30 am (except bank holidays)

Services Offered: Provides food, clothes - For Verifiable Crisis Situations Only

Eligibility Requirements: must be a Grand Prairie resident and have proof of that residency. Must meet the TexCap income limits for households. For zip codes 75050, 75051, 75052, 75053

Clients Must Bring: Photo ID for all adult household members; birth certificates or school IDs for children; proof of address

Application Process: Call or Walk-in

Limits: Clients may receive up to 3 times a year at the discretion of the board and while supplies last
HIGHLAND OAKS CHURCH OF CHRIST—CARING AND SHARING
10805 Walnut Hill Lane, Dallas, TX 75238
T. 214-342-6060  F. 214-342-6043  Hours: Tue, Thurs 12-4PM (by appointment only)
W: https://highlandoakschurchofchristinc.snappages.site/caring-and-sharing-food-pantry

Services Offered: Food and clothes

Eligibility Requirements: Dallas residents living in zip codes 75238, 75243.

Clients Must Bring: Picture ID for self; proof of address (lease) listing all in household; proof of all income for household, itemized expenses

Application Process: Walk-ins taken during the day for clients who want help with food; appointments required for clothes on Wed afternoon and for food and clothing during evening hours

Limits: Once a family is certified to receive services, they will be scheduled to come one Thursday a month to select food and clothing for their family

HARVESTING IN MANSFIELD (HIM) CENTER FOOD PANTRY
150 S 6th Ave, Mansfield, 76063
T: (817) 453-3663  W: https://himcenter.org/  E: info@himcenter.org

Mission: Harvesting in Mansfield aims to provide food for those at risk of hunger in North Texas by providing food to clients directly and to other partner pantries for distribution.

Services: HIM Center offers a food pantry for clients, holiday meals for Thanksgiving and Christmas, and an essentials store that offers essential, hygienic, and cleaning products at roughly 50% of retail price. This food consists of healthy foods such as fresh fruit/vegetables, carbohydrates, bread, protein, and canned goods.

Eligibility: The HIM Center provides food every 1st-4th Thursday from 9:00am – 12:00pm. No appointment is needed however, appointments may speed up the process and are flexible for those who are working. All zip codes are accepted.

Limits: For first time clients, please bring:

- Proof of residence
- A form of identification
- A completed HIM application
- Appointments are not required but encouraged
- Families are eligible for assistance for 12 months

Application: Please call or visit their website and wait to be contacted
HOLY CROSS CATHOLIC CHURCH- OUTREACH MINISTRIES
5004 Bonnie View, Dallas, TX 75241
T. 214-375-3715   F. 214-375-2511
W. https://holycrosscatholicdallas.org/outreach
Hours: By appointment only Mon, Wed and Fri. Closed Tue and Thu

Services Offered: Food Pantry

Eligibility Requirements: Residents in zip codes 75216, 75241, homeless clients, and older adults on a fixed income

Clients Must Bring: Picture ID with zip code, proof of income (including benefits); proof of address (utility bill, lease agreement, etc.), social security cards for all in household

Application Process: Walk-ins for homeless clients; clients in zip codes must make appointment

Limits: Clients may receive food 6 times a year

HOLY TRINITY CENTER
3826 Gilbert Ave., Dallas, TX 75219
T. 214-521-3719   F. 214-521-3724
W: https://www.htccd.org/
Hours: Tue and Thu 9:00 am – 12:00, Sat 10:00 am – 12:00 pm

Services Offered: Food pantry

Eligibility Requirements: Must live in zip codes 75204 West of Central Expy, 75205 and 75209 must live South of Mockingbird, will serve all of 75219 and zip code 75235 must live East of Inwood, South of Lemmon and North of Stemmons. Other zip codes include: 75219, 75226 and 75235

Documentation Required: Must have valid picture identification card, proof of income and residence.

Eligibility Requirements: 75201, 75204, 75205, 75209, 75219, 75226, 75235

Clients Must Bring: Photo ID; birth certificates for all children; proof of income; original utility bills and current lease

Limits:
- Clients may receive food assistance once a month
- Seniors or disabled persons may receive food assistance every 2 weeks
**HOMELESS VETERANS RESOURCE CENTER**
4900 S. Lancaster Rd. Dallas, TX. 75216  
**T:** 214-372-8822  
**W:** [https://www.hvsd.org/](https://www.hvsd.org/)  
**Hours:** 8-2 Mon- Fri

**Mission:** Homeless Veterans Services of Dallas, Inc. is a 501© (3) nonprofit, created in 2004 to assist homeless and at-risk veterans. HVSD operates and manages the Veterans Resource Center which opened in 2012 as a “one-stop” center to assist veterans.

**Services Offered:** 2 meals a day, showers, laundry facilities, organizations on-site to assist with filing for V.A. Benefits, clothing access, hygiene kits, haircuts, bus passes and holiday meals.

**Application:** Please call to be evaluated for services

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**MESQUITE CHURCH OF CHRIST FOOD PANTRY (YELLOW HOUSE)**
217 S. Locust, Mesquite, TX 75149  
**T:** 972-329-6866  
**W:** [https://www.mesquitecofc.org/index.php](https://www.mesquitecofc.org/index.php)  
**Hours:** Tue, Wed, Thu 10:00 am -2:00 pm

**Services Offered:** Food

**Eligibility Requirements:** 75040, 75041, 75042, 75043, 75087, 75088, 75089, 75098, 75114, 75126, 75142, 75149, 75150, 75159, 75160, 75161, 75180, 75181, 75182

**Clients Must Bring:** Will ask for photo ID, address, and if clients are on any other program assistance. A yellow card will be given to clients to bring on each subsequent visit

**Application Process:** Walk-in

**Limits:** Clients may pick up food once a week
**MINNIE FOOD PANTRY**  
3033 W. Parker Rd Suite 116 Plano, TX 75023  
**T:** 972-596-0253  
**W:** [www.minniesfoodpantry.org](http://www.minniesfoodpantry.org)  
**Hours:** Wed-Sat of each month, 8:30am-11:30am, closed every 5th Saturday of the month

**Mission:** Minnie’s Food Pantry provides free food to low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, working poor, and anyone else in need of emergency food assistance. Minnie’s serves all of those in need, regardless of geographic boundaries, gender, race or religion. They also offer several programs and season support programs to assist families, children, and elders. Minnie’s Food Pantry also collaborates with the VA to assist veterans in need.

**Eligibility:** Eligibility to receive food is determined by the TEXCAP guidelines, which measures a person’s need based on their income. We distribute fresh meats, fresh fruits/vegetables, fresh dairy products and non-perishable items based on availability.

**Clients Will Need:** Please bring an acceptable form of ID, proof of address, and complete the recipient form on their website.

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**MISSION GRANBURY**  
3611 Plaza East Court, Granbury, TX. 76049  
**T:** 817-579-6866  
**Shelter T:** 817-579-6848  
**Crisis T:** 844-579-6848  
**W:** [https://www.missiongranbury.org/](https://www.missiongranbury.org/)  
Mission Granbury is following CDC guidelines of social distancing and requires a mask for entry. Intake procedures are over the phone. The food pantry is still operating as a drive-through. Please call for more information regarding intake 817-579-6866

**Mission:** Mission Granbury supports survivors of domestic violence and sexual assault. Call for more information and how to apply for services.

**Services Offered:** ADA Carey Family violence shelter, Casa Program, New Beginnings resale shop, food pantry/ Emergency assistance, veteran assistance and leadership. Resale shop - open from 9am-4pm, Monday-Friday. Resource Center - Tuesdays 9am-11am if needing assistance with children. Thursday 9am-11am without children

**Drive Thru Food Pantry:** Tue and Thu 9am-3pm and Wed 3pm-7pm (Located in Resource Center) Please call to see if you qualify.
MISSION OAK CLIFF
111 S. Beckley, Dallas, TX 75203
T: 214-942-6407   W: https://www.missionoakcliff.org/
F: 214-942-8606   Application Process: Walk-in

Mission: Oak Cliff is the community ministry hub of Cliff Temple Baptist Church. It provides emergency food, clothing, counseling & advocacy services, and educational opportunities to families in the North Oak Cliff area of Dallas.

Services Offered: food pantry; clothing; classes for GED and ESL, job skills, nutrition, exercise, citizenship, community garden, and assistance with Medicaid and SNAP. Also offers a food delivery service for families of Dallas ISD students identified by partner schools.

Hours: Food Pantry: Monday- Friday, 1:00pm- 3:00 pm; Clothing Closet: GED classes: Monday-Friday 12:00 pm - 3:00 pm; ESL classes Tuesday and Friday 9:00 am - 11:00 am.
Homeless Welcome Center: Mon-Thu, 12 PM - 1 PM. Clothing Services: Thursdays, 12 PM - 1 PM

Eligibility Requirements: Must be resident of one of the following zip codes: 75203, 75208, 75211, 75216, 75224

Clients Must Bring: picture I.D. preferably for adults, documentation for children in the household (Social Security Card, Birth Certificate, school I.D., shot record, Medicaid card, report card, baptismal certificate all acceptable), proof of address/residency.

Limits: clients may receive food 2 times a month. Extra service times can be earned by completing classes.
Call for appointment.

MOUNT OLIVE LUTHERAN CHURCH FOOD PANTRY
3100 Martin Luther King Jr. Blvd. Dallas, TX. 75215
T: 214-428-2892
W: https://www.mountolivedallas.org/mount-olive-food-pantry/
Hours- Wednesday 11am-2pm, must live in 75215 or 75210 zip codes

Mission: Mount Olive Lutheran Church Food Pantry is a community of faith, reaching out to change lives.

Eligibility Requirements: Picture ID for person applying. SSN for all household members, bill or rent receipt with current address. Proof of income.
NORTH DALLAS SHARED MINISTRIES
2875 Merrell Rd., Dallas, TX 75229
T: 214-358-8700   F: 214-358-8797
E: admin@ndsm.org   W: www.ndsm.org

Hours: Food Pantry: Mon-Thu 8:30am-12pm (East Lot) Fri 8am-12pm (Seniors ONLY 60+)
       Emergency Aid Center: Mon – Fri 9:00 am – 3:00 pm, Sat 9:00 am – 11:30 am
       Clothing Closet: Mon–Fri 9:30 am – 2:00 pm, Sat 9 am – 11:30 am

Mission: North Dallas Shared Ministries' goal is to deliver aid as efficiently and effectively as possible by providing emergency assistance, helping access entitlement, health and community programs designed to achieve long-term stability, promoting wellness and financial independence, and developing resource materials that can lead to additional services and support.

Services Offered: Food pantry, clothing closet, rent and utility assistance, dental and vision services, job counseling, ESL classes, Friday Food Basket Program for seniors 60+, applications for food stamps and Medicaid, medical clinic for adults and children without insurance, women's clinic, and income tax preparation

Eligibility Requirements: must reside in one of the following zip codes: 75001, 75115, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, and 75287. Job counseling services are open to all in the city of Dallas. All seniors are eligible for the Friday Food Basket program

Application Process: Walk-in

Clients Must Bring: Picture I.D. and Social Security cards for everyone in household, Birth Certificates for all children in household, proof of address, proof of income, receipts of recent expenses, utility bills, late notice from landlord (for rental assistance)
ONE MAN’S TREASURE
519 I-30 East, #211 Rockwall, Texas 75087
T: (888) 433-9826   E: info@onemanstr.org   W: https://www.onemanstr.org/
Requires staff and clients to wear masks at all times-call for updated procedures 888-433-9826.

Mission: One Man’s Treasure seeks to empower men recently released from prison who come to the Dallas area by providing them with clothing and opportunities for networking. Clothing is prepared and mailed to the client, no in person store fronts available.

Eligibility: clothing available for men who have recently been released from incarceration within the past 60 days. Must reside in Dallas, Rockwall, Kaufman, Collin, Henderson, Tarrant, some parts of Denton County, and Smith County.

Intake: Call and complete an intake via the phone or submit the form online (mailed in applications are still acceptable if client is still incarcerated).

OUR DAILY BREAD (Community Outreach Connection, Inc.)
6960 S. Polk St. Dallas, TX 75232
T. 469.594.1763   W: www.cocinc.org   E: coc@cocinc.org
Hours: Sat 9:00 am – 12:45 pm (clients must arrive 15 minutes before closing to receive service)

Services Offered: Food pantry and clothes

Eligibility Requirements: must reside in one of the following zip codes: 75216, 75224, 75232, 75237, 75241

Clients Must Bring: TX ID or driver’s license for adults, birth certificate, Medicaid card or school records for all children, Green Card (if applicable) award letter or proof of government assistance (if applicable) proof of address, proof of income.

Application Process: Walk-in or call for more information

Language Options: No Spanish speakers available; translation assistance can be provided.
PILGRIM REST BAPTIST CHURCH CRISIS MINISTRY
3516 Monger Ave., Dallas, TX 75204
Following CDC Guidelines. Call for further updates 214-821-4443

Services Offered: Rent and utility assistance, food, clothing, and medical/supplemental aid through the crisis center.

Hours: Mon – Thu: 11:00 am – 3:00 pm by appointment. Food distribution is held the 2nd Thursday of each month at the PRMBC Crisis Center.

Eligibility Requirements: Must have income, be located in 75203, 75204, 75205, 75207, 75208, 75209, 75210, 75212, 75214, 75215, 75219, 75223, 75225, 75226, 75235, 75246, 75247, 75390 zip codes.

Clients Must Bring: Picture ID and social security card; income verification, late payment notice or bill requiring assistance, and copy of reason requiring assistance

Application Process: Appointment only; call 214-821-4443, pre-screening application can be submitted online.

SOUL FOR CHRIST MINISTRY
2402 South Beckley Ave, Dallas, TX, 75224
T: 214-641-4577  W: https://soulforchristministry.org/

Hours: Mon/Wed 11am while supplies last, first come first serve

Mission: Soul for Christ Ministry aims to protect and serve vulnerable individuals in a Christ-centric approach.

Services: SCM runs a food pantry for the hungry in the Oak Cliff region of Dallas twice a week beginning at 9am Wednesday and Fridays. Clients may only attend one per week.

- SCM operates six licensed boarding homes in Oak Cliff designed to be the bridge between dependent and independent living for mentally ill or low-income individuals. Resident managers ensure the homes are clean and safe, as well as dispense prescribed medicines and provide meals.

Application: Please call, visit, or email Soul for Christ Ministries for more information on their boarding homes or food pantry service. First come, first served basis.
VOICE OF HOPE
4120 Gentry Drive, Dallas, Texas 75212
T: (214) 631-7027  W: https://voiceofhope.org/  E: info@voiceofhope.org

Hours: Open Mon-Fri 8am-6pm  Food Pantry: Mon, Wed, Fri by appointment only

Services Offered: Offers food assistance for Voice of Hope families and families in West Dallas. Also offers some medical assistance via a mobile clinic that visits their main campus.

Eligibility: Priority is given to West Dallas 75212 zip code residents or Voice of Hope families, others may go through their website for the application.

Application: Please apply for food assistance on their website. Please contact Debbie Solis at (214) 631-7027 ext 181 for more information
ALL COMMUNITY OUTREACH
801 E. Main St., Allen, TX 75002
T: (972) 727-9131  W: https://www.acocares.org/
Hours: Mon-Fri 8:30am-4:30pm  Food Pantry: Tue 9am-11am and 5pm-7pm Thu, Sat 9am-11am

Mission: ACO is the sole local provider of free comprehensive human services in Allen, and surrounding communities in Collin County, Texas.

Services: ACO includes a drive through food pantry and emergency food services, mortgage and rent assistance, utility financial assistance, referrals for services, health related financial assistance, clothing and household necessities, children's school supplies and food programs, resume building and employment assistance, GED and higher education assistance and financial coaching.

Eligibility: Must be a Collin County resident and meet the financial requirements of being low income. A case manager will determine if you are eligible for financial assistance. If you are found ineligible for financial assistance, ACO will work to find other resources.

Application: The application can be found on their website under the “I Need Help” tab at the top. There is one application for all services, service will be specified when applying. Expect to be contacted 2-4 business days after the application submission by a case manager.
CATHOLIC CHARITIES
1421 W Mockingbird Ln Dallas, TX 75247
T: 866-223-7500 W: https://www.ccdallas.org/

Mission: From homelessness to hunger, from victims of abuse to refugees of war and oppression, from the hurting to the lost, we partner with our clients to serve them during their greatest time of need and continue to walk with them on their journey to self-sufficiency.

Services: Rental/Utility assistance

Eligibility: Offers COVID related mortgage or utility assistance to Lancaster or Garland residents.
- Applicants must be 80% below area median income.
- Must reside in Dallas or Collin county.
- Must be 18 years or older.
- Must meet with a housing counselor.
- Must be a part of a Catholic Charities Dallas program or ready to begin services.
- Open to all regardless of immigration status
- Documents required for the application:
  - Photo Identification: ID, passport, matricula
  - Copy of current lease/mortgage statement
  - Utility bills
  - Proof of income: paystub, unemployment
  - Foreclosure and eviction notices (if applicable)

Application: After filling out the interest form, staff will contact you and schedule an appointment

CRISIS MINISTRIES
114 E. 2nd St., Irving, Texas 75060
T: 972-254-0973 F: 972-254-2333
E: info@bbmioi.org W: www.crisis-ministries.org
Hours: Mon, Tue, Wed, Fri 10:00 am – 1:15 pm; Sat 10:00-11:30

Services Offered: Food Bank, financial assistance/guidance and basic hygiene/essential items for those in need, transitional services, and counseling

Eligibility Requirements: Eligible Irving residents can apply online 24/7 directly at www.crisis-ministries.org under the Services tab. Clients must be an Irving resident, starting APRIL 1st those seeking food services must fill out an online form ONCE annually and bring a printed copy OR fill out a copy in the office if unable to print out.

Clients Must Bring: Picture ID for all adults and proof of Irving residency (any utility bill, rental lease, car registration, or valid piece of mail). More information will be required after your application is submitted.
CHRISTIAN COMMUNITY ACTION
200 S. Mill St., Lewisville, TX 75057
T. 972-221-1224  After-Hours Crisis Line: 972-436-4357
Food & Financial Assistance Line: 972-219-4305
W: www.ccahelps.org  E: familyservices@ccahelps.org
Hours: Mon – Fri 9:00 am – 5:00 pm (closed 12-1PM daily for lunch; appointments required)

Services Offered: Food pantry; financial assistance (rent/mortgage, utilities, clothing, prescriptions, etc.); case management services; housing; training; career placement services and job search support group; seasonal meals & support programs

Qualifications for Assistance:
Christian Community Action serves the following school districts: Lewisville ISD, Lake Dallas ISD, Argyle ISD, Northwest ISD, Coppell ISD, Frisco ISD, Little Elm ISD and the Denton County portion only of Carrollton/Farmers Branch ISD; Must be 18 years of age or older; provide verification of financial need.

How to Apply/Schedule Appointment: applicants in the service area experiencing an emergency financial crisis or food shortage can call directly at 972-219-4305 or apply online at www.ccahelps.org by clicking on the “Get Help” tab. Walk-ins for financial assistance Mon-Thu 9am-11am and 1pm-3pm, Fri 9am-11am

Clients Must Bring: For financial assistance, clients will need ID, ss cards for all household members, copy of signed lease, all income in household, current bills, documentation of loss of income, and 6 months of bank statements. Application is online.
CITY OF DALLAS, OFFICE OF COMMUNITY CARE- HOPWA SHORT-TERM FINANCIAL ASSISTANCE PROGRAMS

These programs provide emergency financial assistance to individuals and families who are experiencing a temporary financial crisis, are homeless or at risk of imminent homelessness.

**HOPWA STRMU- Short Term Rent, Mortgage Utility**
Can assist with paying past due rent, mortgage or utility bills; assists with current month plus 2 months arrears- applicant must show how remainder can be covered; payments made directly to the landlord, mortgage company or utility company; funding is limited and based on first-come, first serve basis. (By appointment only at MLK Center and Multipurpose Center))

**HOPWA Permanent Housing Placement (PHP)**
Can assist individuals and families living with HIV/AIDS with paying security deposits, the first month’s rent and utility connection; Assistance is only for clients moving to a new place because they are homeless, living with family or friends or being compelled to move; the apartment’s leasing office must be willing to register as a City of Dallas as a vendor; The program cannot pay to place a client in housing that is too large or too small for the number of occupants-. The general guidelines are apartment size must match the household size; apartment cannot be an efficiency unit, have a den or study in it; the goal is to help clients find and maintain permanent housing therefor the apartment has to be affordable- affordable is defined as “the rent does not exceed 60% of the client's income; funding is limited and based on first-come, first served basis. (This program assists only after a client has located eligible housing. It does not assist in finding an eligible housing unit.

*If assistance is needed to find an affordable unit, contact www.homebaseforhousing.org.*
CITY OF IRVING HOMELESS ASSISTANCE PROGRAM
825 W. Irving Blvd. Irving, TX 75060
T:(972) 721-2667  F: (972) 721-4813  W:https://www.cityofirving.org/575/Homeless-Assistance-Program

Services: The Homelessness Prevention Program assists those who are at imminent risk of homelessness by providing short term rental assistance and budget and housing counseling. The Rapid Rehousing Program is for clients who are already literally homeless and helps them to quickly obtain and sustain proper housing. Call for screening for both programs.

Requirements:
For the Homeless Prevention Program, the following are required:
- Be an Irving resident
- Have a notice to vacate
- Provide last 30 days of income, if applicable
- Resided in the residence and have paid rent for at least three months
- Cannot be more than two months behind on rent
- Must reside in a apartment complex that is willing to work within the City of Irving Program guidelines

*Rental Assistance is determined by the Fair Housing Market Rate chart on their website*

For the Rapid Rehousing Program, the following minimum requirements must be met:
- Be an Irving resident
- Be literally homeless
- Provide proof of homelessness documentation

Application: Please contact their hotline number at (972) 721-2667 and a screener will return your call on a first come first served basis. Clients may also apply online through their website.

COMMUNITY LIFELINE CENTER
1601 N Waddill St, Ste #102 McKinney, TX 75069
T:(972) 542-0020  W: https://www.communitylifeline.org/

Mission: Community Lifeline Center aims to help those find their footing amidst unexpected crisis, whether that be through providing goods and services or financial support.

Services: Offers food assistance, transportation to the qualifying elderly in the 75069-zip code, and financial assistance for those in Collin County.

Application: Please visit the Get Help tab on their website for the two-step application for financial assistance.

Mailing Address: P.0. Box 1792, McKinney, TX 7507
**COMPREHENSIVE ENERGY ASSISTANCE PROGRAM (CEAP) DCHHS**
2377 N. Stemmons Freeway, Dallas, TX 75207

**Mission:** Aims to safely increase the usage of energy in low-income households and provide relief to families.

**Services:** Assistance with paying gas or electricity bills. May also aid with the repair or replacement of existing A/C units. CEAP will pay the utility company directly if approved.

**Eligibility:**
- Based on the past 30-day income for all household members prior to the date of application, households must be at or below 150% of the federal poverty guideline limit.
- Households with the elderly, disabled persons, or with children under 5 years old will be prioritized for assistance and unit repair/replacement.
- Proof of citizenship, proof of income, social security card, driver’s license/identification and original gas/electric bill is required.
- Priority is given to those with high household energy in proportion to income

**Application:** Please call to schedule an appointment. Wait times may be long due to high call volume. English and Spanish options are available.

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**EMERGENCY RENTAL AND UTILITY ASSISTANCE BY HOUSING CRISIS CENTER**
4210 Junius Street, Dallas, TX 75246
T: 214-828-4244  E: info@hccdallas.org  W: https://hccdallas.org/

**Mission:** HCC helps to stabilize those at risk of experiencing homelessness, while working to help resolve the underlying circumstances that contribute to these housing problems.

**Services:** provide emergency financial assistance to households facing evictions and or utility shut-offs. The amount paid depends on a household’s income, and available resources, and is subject to some limitations. Commitments for assistance are made first-come-first-serve, with all documentation and eligibility requirements being met, upon applying. Applicants lacking adequate resources to maintain the residence after the emergency assistance is provided, may be required to take part in a financial literacy assessment and Coaching sessions needed to develop the skills necessary to remain self-sufficient.

**Application:** For more information on applying, or for a list of other agencies that may provide similar financial assistance, please contact us at: (214) 828-4244.
ENDEAVORS' VETERAN SUPPORTIVE SERVICES (VSS)
5801 Marvin D Love Freeway Ste. 103 Dallas, TX 75237
E: info@endeavors.org T:214-932-6276 W: https://endeavors.org/veteran-supportive-services/

Mission: Endeavors seeks to provide comprehensive, effective, and innovative services that encourage growth, allowing veterans to build better lives for themselves, their families, and their communities.

Services: May assist with short term emergency housing and rental/utility assistance. Financial assistance for QUALIFYING VETERANS is available on a case-by-case basis for the purpose of Veteran homeless prevention. A case manager must request this financial service on behalf of the veteran family and within the guidelines and limitations of the program. Other programs and community services are available for the general public, including job supportive services and employment opportunities for people with disabilities.

Eligibility:
- Low-income status
- Homeless or at risk of becoming homeless
- Discharge status and conduct
- Active duty service status

Application: Please call or visit the Endeavors website for more information or to submit a request to contact form. Locations available in Dallas, San Antonio, and Corpus Christi.
Frisco Family Services
8780 Third St., Frisco, TX 75034
Mailing: PO Box 1387, Frisco, TX 75034
T: 972.335.9495    F: 972.335.9487
W: www.friscofamilyservices.org

Mission: Frisco Family Services is a nonprofit organization who strives to help members of its communities who are facing hunger, homelessness and other urgent needs improve their quality of life and achieve self-sufficiency.

Services Offered: One-time Emergency Financial Assistance (rent/mortgage, utilities, medical and gas vouchers) to qualified applicants in need - based on availability of funds.

Seasonal/Other Assistance: Food Pantry, Angel Tree, Thanksgiving and Christmas food baskets, clothing vouchers, school supplies and summer meal program.

Eligibility Requirements: Clients must be residents of either Frisco or FISD, (not required for the food pantry, one time food pantry assistance is available regardless of proof of Frisco residency). Phone applications are needed.

Clients Must Bring:
- Picture ID for all adults & social security cards for all household members
- Birth certificates for all children
- Proof of residence/current lease agreement or mortgage statement
- Copies of bills/proof of all income and verification of financial hardship if seeking financial assistance

Application: Please call to schedule an appointment to be seen by a case manager to screen for assistance.

Giving Grace
306 N Loop 288, Ste 112 Denton, TX 76209
T: (940) 382-0609   E: info@givinggrace.org   W: https://www.givinggrace.org/need-help

Mission: Giving Grace ministries in Denton County serves families with children who are in danger of homelessness and helps families achieve personal and financial stability.

Services Offered: Assists with homeless prevention including rent and utility assistance for families in imminent danger of homelessness and may cover the first month of rent. They may also provide furniture, move-in assistance and other items to ensure a smooth transition into a new living situation.

Application: For rent and utility assistance or questions about their programs please visit their website for the application. Application closes March 31st with priority given to those with eviction notices, those receiving disability, and those below 30% AMI.
GRAND PRAIRIE UNITED CHARITIES
1417 Densman St., Grand Prairie, TX 75051
T. 972.262.2014  F. 972.262.4994
E. unitedcharities@sbcglobal.net  W: www.gpuc.org
Hours: Mon – Thurs 9:00 am – 1:00 pm (Last sign-in at 1:00 p.m., closed Fridays)

Services Offered: Food Pantry, Rent/Mortgage/Shelter, TXU Utility Assistance, Grand Prairie Water Assistance and Prescription (financial assistance is subject to available funding)

Eligibility Requirements: only open to Grand Prairie residents

Clients Must Bring: Picture ID for all adult household members, Social Security Cards for all members of the household, proof of Income for the past 60 days, proof of residency (lease or mortgage statement) and current bill needing assistance

If the following apply, also provide: Child Support Documentation, Food Stamp Award Letter, Housing Award Letter and Social Security/Disability Award Letter

Application Process: Walk-ins taken for food/rent/mortgage/utility assistance, application for assistance related to COVID as well. Please print out the application and bring it to normal walk-in hours for your convenience.

Limits:
• Clients may receive food once every 30 days
• Clients may receive financial assistance once every 12 months
• Applicants on Section 8 are ineligible for financial assistance

HELPING HANDS ROCKWALL COUNTY
401 West Rusk Street, suite 200 Rockwall, TX 75087
T: (972) 771-4357 (HELP) W: https://rockwallhelpinghands.com/

Services Offered: Clients receive assistance with utilities, shelter, food, clothes, furniture, and household items by referral. Also provides health services and a food pantry

Requirements: Must be a resident of Rockwall County or the 75189 zip code.

Application: Please apply online, after your application is received a member of the intake team will reach out with required documents and appointment times
INTERFAITH MINISTRIES DENTON
1109 N. Elm St. Denton, TX 76201
W: http://www.ifmdenton.org/  T: (940) 565-5479

Hours: Mon-Fri 9am-11:30am and 1pm-3:30pm

Services Offered: Provides short term assistance to families in need. Assistance can be help with paying client’s utility bill, eye exam/glasses, or prescription/medical assistance. Financial assistance is offered as funding is available.

Requirements: Must reside in Denton ISD or Denton area depending on assistance needed, and have documentation of crisis, social security number, proof of residency and be 18+. For utility assistance is for Denton Municipal Utilities. Atmos, and TXU providers only.

Application: Please visit their website for application

TEXOMA COUNCIL OF GOVERNMENTS
1117 Gallagher Drive, Sherman, TX 75090
T: (903) 893-2161 ext 3541  W: https://www.tcog.com/  E: info@texoma.cog.tx.us

Mission: TCOG is a voluntary association of county governments who work together to provide for and improve the lives of their constituents.

Services: TCOG offers help with energy services including utility assistance, weatherization of homes, water assistance, and family assistance such as referrals for the diaper bank, for low-income families.

Eligibility: Serves those residing in Collin, Cooke, Denton, Fannin, Grayson, Hunt, and Rockwall counties. Must meet requirements based on program applying to, most likely requiring meeting 150%-200% of the Federal Poverty Guideline listed on their website. Forms of identification, proof of income, current utility bills and other documentation are required depending on the program.

Application: Please visit their website for the application for specific programs. You can apply online or through the mail.
THE HOPE CENTER (CROSS TIMBERS CHURCH)
312 W McKinney St, Denton, TX 76201
T: (940) 240-5100  W: https://crosstimberschurch.org/hopecenter/
E: HopeCenter@crosstimberschurch.org

Mission: Cross Timbers Church is a faith-based organization based in Denton, TX that aims to provide hope to those in the community through outreach programs and aid.

Services: The Hope Center offers financial assistance for rent, mortgage, or utilities. The Healing Place also provides counseling and care coaches for those who are struggling with their mental health.

Eligibility/Requirements:
- Request for assistance form from their website
- Budget sheet from their website
- Proof of current address (current lease or mortgage)
- Proof of all expenses (mortgage/rent payments, utility bills, child care, auto payments, etc)
- Documentation of any crisis (doctor's note, fire report, receipt/bill of unexpected expense)

Application: Please go through their website for the application and paperwork

IRVING CARES
440 South Nursery Rd. Suite 101, Irving, TX 75060
Mailing: PO Box 177425, Irving, TX 75017-7425
T: 972-721-9181  F: 972-438-7345
E: icares@irvingcares.org  W: www.irvingcares.org

Hours: Mon – Fri 9:00 am – 3:30 pm, Job Search Seminar every Wed 10:00 am - 12:00 pm; Food Pantry open Tue-Thu 9am-12pm (OR first 20 families) and 1pm-3:30pm (OR first 20 families)

Services Offered: Food pantry; limited rent and utilities assistance; employment services

Eligibility Requirements: Clients must be a resident of Irving to receive food pantry and employment services assistance. In order to receive rental and utility assistance, clients must:
- Be a resident of Irving for 6 months total and 3 months at current location
- Have earned income (includes employment, social security, worker’s comp, etc.)

Clients Must Bring: Picture ID for everyone in the household; proof of Irving residency; SS card not required

Application Process: Walk-in for food; telephone screening required financial assistance. Telephone application for rental assistance begins at 9am

Limits: Clients may receive food 9 times per year (the year is April 1st to April 1st)
**METROCREST SERVICES**
13801 Hutton Dr., Suite 150, Farmers Branch, TX 75234
**T:** 972-446-2100  **F:** 214-694-2171  **W:** https://metrocrestservices.org
**Hours:** Mon – Fri 8:00am – 5:00pm; Sat 9:00am – 1:00pm

**Mission:** Metrocrest Services offers short term and emergency assistance to the residents of the North DFW area and Denton County.

**Services Offered:** short term financial assistance with rent and utilities, limited medical assistance, employment program, senior program, thrift store, food pantry, and assistance with signing up for SNAP/food stamp programs

**Eligibility Requirements:** Residents of Carrollton, Farmers Branch, Addison, Coppell, 75287 in Denton County

**Clients Must Bring:** Picture ID or Birth Certificate for all in household, proof of address (lease or mortgage), and proof of income

**Application Process:** Screening available online. Appointments preferred; walk-ins taken

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**THE MINT FOUNDATION**
1604 Falcon Drive, DeSoto, TX 75115
**T:** (972) 224-7200  **W:** https://mintcares.org/index.html  **E:** info@mintcares.org

**Mission:** The MINT Foundation aims to meet the needs of specialized and underserved populations to help build healthy and successful lives and communities.

**Services:** They have a financial assistance program for those experiencing an unexpected financial hardship due to COVID in the cities of DeSoto and Dallas. MINT also has a food pantry and a senior feeding program for senior living centers south of Dallas County.

**Eligibility:** Must be a resident of Dallas or DeSoto and meet the minimum income requirements. All documents must be submitted in order to be considered. Must be impacted by COVID 19 and live within the city of Dallas or Desoto. Aid is 12 months for Dallas and 6 months for Desoto.

**Application:** Please see their website for details and applications.
NETWORK OF COMMUNITY MINISTRIES (RICHARDSON NETWORK)
1500 International Parkway ste 300  Richardson, TX 75081

Hours: General Hours: Mon – Thu 9:00 am – 6:00 pm, Fri 9:00 am – 12:00 pm. Call for application process, appointment required

Mission: The Network is a group of churches that came together and formed a non-denominational Church Alliance to assist families through trying times by giving assistance with the goal of helping individuals achieve long-term independence.

Services Offered: emergency food assistance program, clothes, Utility assistance for TXU, Reliant, and Atmos, adolescents’/children’s clinic, prescriptions, dental referrals, senior citizen aid, job resource center. Others: senior citizen aid, after school youth art classes, job resource center and English as Second Language (ESL) classes

Eligibility Requirements: must reside in one of the following zip codes: 75042, 75044, 75080, 75081, 75082, 75083, 75231, 75238, 75240, 75243, 75248, 75251, 75252, 75254. Must be below 185% Federal Poverty Guidelines. Must have documentation of income.

Clients Must Bring: Appointment phone call will clarify necessary documentation; picture ID and Social Security cards for everyone in household; proof of address

Limits: each case taken on an individual basis; Utility assistance primarily for TXU

SENIOR SOURCE UTILITY ASSISTANCE
3910 Harry Hines Blvd | Dallas, Texas 75219
T: (214) 823-5700     W: https://theseniorsource.org/     E: info@theseniorsource.org

Mission: Senior Source is dedicated to serving the senior residents of Dallas and Collin County and enhancing their quality of life.

Services: In addition to their social services, Senior Source has resumed taking applications for utility assistance.

Eligibility: Those looking for utility assistance should be age 60 or older, a resident of Dallas or Collin County, have their ID, proof of income, utility bill, and be a customer of TXU (electric), Ambit (electric), or Atmos Energy (gas).

Application: Walk ins are accepted ONLY on Wednesdays 9am-1pm, no appointment needed. First come first serve, please have your necessary documents ready. Online applications are also available on their website.
SERVICES OF HOPE
1137 Conveyor, Suite 107 Dallas, TX 75247
Mailing Address: PO Box 227252, Dallas, TX 75222
Office: 214-276-0235 F: 214-446-7171 E: info@servicesofhope.org
W: https://www.servicesofhope.org/

Mission: A Dallas nonprofit dedicated to providing comprehensive services focusing on housing, food, and financial literacy for local families.

Services: COVID 19 related rental/utility assistance

Eligibility/Required:
- Lease agreement and current ledger
- **FINANCIAL HARDSHIP DUE TO COVID** – Examples: Furloughed Letter, 3 months check stubs showing a decrease of hours or pay, 3 bank statement showing loss of income, personal Statement of Hardship or letter from employer demonstrating job loss
- Current income
- Proof of household size
- Identification documents for all adults in the household

Application: Please fill out a form on their website or call for more information

SHARING LIFE COMMUNITY
3544 E. Emporium Circle, Mesquite, TX 75150

Hours: Walk-in: Tue – Thu 9:00 am – 3:00 pm, Thu 6:00 pm – 8:00 pm; Friday senior citizens only 9:00 am – 3:00 pm, food assistance by appointment Mon, Tue, Thu 9am-3pm and Senior Friday's 9am-12:30pm

Services Offered: Food pantry, clothes, utility assistance, medical aid supplies, financial literacy programs; computer training, job skills readiness, outreach programs, school supplies, education and health fairs, and senior commodity distribution

Eligibility Requirements: must reside in one of the following zip codes: 75030, 75032, 75043, 75087, 75088, 75089, 75126, 75149, 75150, 75159, 75180, 75181, 75182, 75217, 75218, 75227, 75228, 75253.

Clients Must Bring: Picture ID for all household individuals, proof of address, and proof of income for utility assistance.

Application Process: Call and schedule an appointment.
If you are currently unsheltered and need assistance, please call Kimberly Onofre at 972-779-0568.
**SOCIETY OF ST. VINCENT DE PAUL**

**T:** 469-607-0909  **E:** helpme@svdpdallas.org  **W:** https://svdpdallas.org/

**Mission:** Saint Vincent de Paul is a nonprofit that combines gospel values and direct aid to neighbors undergoing medical, financial or emotional crisis.

**Services:** SSVdP offers an emergency mini-loan program, which helps avoid the need for predatory payday or car title loans. This mini loan program ensures low monthly payments and interest rates as clients pay the money back. Qualifying clients may be eligible for free medication refills if they cannot afford theirs, please see the list of qualifications on their website for eligibility. There is also an after-school mentorship and tutoring program they offer, which include bilingual resources.

**Eligibility:** Clients must live in one of the following counties: Collin, Dallas, Ellis, Fannin, Grayson, Hunt, Kaufman, Navarro and Rockwall. Each program will have its own specific criteria, please call or see website for more details.

**Intake:** Please call 469-607-0909 or visit their website under the Need Help tab for an online application. Volunteers will contact you within 24-48 hours.

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**WHITE ROCK CENTER OF HOPE**

10021 Garland Rd., Suite A, Dallas, TX 75218

**T:** 214-324-8996  **F:** 214-328-2948  **W:** www.whiterockcenterofhope.org

**Hours:** Mon – Fri 9:00 am – 1:00 pm, Sat 9:00 am – 12:00 pm

**Mission:** The White Rock Center of Hope is a nonprofit, faith-based organizations serving residents in need in five east Dallas zip codes.

**Services Offered:** Food, clothing closet open to everyone, rent and utilities assistance only for zip codes (based on availability of funds)

**Eligibility Requirements:** 75218, 75223, 75228, 75238, 75214; Sec 8 or subsidized housing may only receive food and/or clothing

**Clients Must Bring:** Picture ID, verification of residency and social security cards for head of household and all household members *(at this time only head of household is needed for food assistance)* For rent and utility assistance- all the above plus eviction or disconnection notice, rental agreement

**Application Process:** By appointment only. Clients may fill out an application online or call to ask for an appointment.

**Limits:**
- Clients may receive financial assistance once every 12 months
- Clients may receive clothes 4 times per year
- Clients may receive food once a month
WILKINSON CENTER
3402 N. Buckner Blvd., Ste. 302, Dallas, TX 75228
E: info@wilkinsoncenter.org   W: www.thewilkinsoncenter.org

Hours: Food Pantry: Mon, Wed, Thurs. 9:00 am - 12:00 pm, Tue 1:00 pm - 4:00 pm
Family Education Center: Mon - Thurs 9:00 am - 5pm, Fri 9am-1pm

Mission: The Wilkinson Center is an agency that combines food, emergency assistance and educational opportunities to families in an effort to help positively change their lives. The center utilizes a holistic approach to poverty intervention. Our vision is to eliminate generational poverty in East and Southeast Dallas, including Pleasant Grove.

Services Offered: Food pantry, adult educational services (ESL, GED, Job Readiness Training and Financial Literacy) and emergency rent and utility assistance.

Eligibility Requirements: 75204, 75206, 75214, 75217, 75223, 75226, 75227, 75228, 75246 for food pantry and limited to 1 family visit per month; no zip code requirements for adult education classes; clients must live in Dallas County and be enrolled in financial coaching classes for financial assistance

Appointments for financial assistance are scheduled by calling (972) 284-0377. We are an Emergency Service model which means that an unexpected emergency must have occurred that caused an individual to fall behind in the current month.

Client Must Bring:
- Proof of address
- Photo IDs for all adults in household
- Current typed Lease Agreement with name, address and zip code on it
- Verification of income for all tenants on the lease
- For rental assistance, a 6-month payment ledger from the leasing agent showing all payments and the running balance owed
- For utility assistance, a 6-month payment ledger from the utility company showing all payments and the running balance owed
- A current utility bill with name, address and zip code on it
- Birth Certificates for all children in the household
**EXPANDED SERVICE PROVIDERS**

**A SISTER’S GIFT**

1515 N. Town East Blvd, # 138-380 Mesquite, TX 75150 (Mailing Only)

**Hours:** Intake line is open Mon-Thur 9am-2pm

**Mission:** A Sister’s Gift is a community nonprofit that serves females age 13+ and their families who are impacted by HIV/AIDS based on a female-gender-based Peer-lead intervention model to enhance their quality of life and raise awareness.

**Services:** ASG offers Food/Hygiene/Care Packages, Grocery Assistance (women with children), Bus Passes, Referral Counseling Session, Monthly Group Support Sessions, emergency rent/utility assistance (must attend group sessions). ASG also assist men with telephone referral counseling.

**Eligibility/Application:** **To be eligible for services, clients must be in medical services and show proof before receiving services.**

- Contact your case manager for a referral email to ASG for the outreach guidelines and applications for grocery assistance, rental/utility assistance, and care/food/hygiene packages. Please email staff@asistersgift.org. Or call at 214-421-4274.
- To receive immediate resource counseling please call our office and a member of our outreach team will contact you within 24-72 hours.
ACCESS AND INFORMATION NETWORK- AIN
2600 N. Stemmons Freeway, Suite 151 Dallas, TX 75207
T: 214-943-4444  F: (469) 329-0717  E: infor@AINDallas.org  W: www.AINDallas.org
Mission: AIN is an AIDS services organizations committed to the preventing the spread of HIV, serving persons living with the HIV and other vulnerable populations through access and delivery of support services.

Services Offered:
- Health Education and HIV Testing
- Case Management
- Mobile Healthcare Unit
- Transportation Program (Free bus passes and Ride Share for eligible clients)
- Daire Center (stabilization and socialization classes; caregiver respite)
- Nutrition and Meals Program
- Spanish Language translation

How To Apply/Eligibility:
- You must obtain a referral from your Ryan White Case Manager
- You will need a Letter of Diagnosis
- You must call 214-943-4444 to schedule an intake

ALL COMMUNITY OUTREACH
801 E. Main St., Allen, TX 75002
T: (972) 727-9131 W: https://www.acocares.org/
Hours: Mon-Fri 8:30am-4:30pm  Food Pantry: Tue 9am-11am and 5pm-7pm Thu, Sat 9am-11am

Mission: ACO is the sole local provider of free comprehensive human services in Allen, and surrounding communities in Collin County, Texas.

Services: ACO includes a drive through food pantry and emergency food services, mortgage and rent assistance, utility financial assistance, referrals for services, health related financial assistance, clothing and household necessities, children’s school supplies and food programs, resume building and employment assistance, GED and higher education assistance and financial coaching.

Eligibility: Must be a Collin County resident and meet the financial requirements of being low income, further details may be listed depending on the service being applied for. Financial assistance is not always guaranteed, and other non-financial resources may be offered in its place.

Application: The application can be found on their website under the “I Need Help” tab at the top. There is one application for all services, service will be specified when applying. Expect to be contacts 2-4 business days after the application submission by a case manager.
Mission: This is a nonprofit agency that strives to strengthen and empower families through advocacy, peer mentoring and group facilitated workshops. They offer bilingual (English and Spanish) services for adults ages 18 and older. No cost to attend, must submit an application online. Most meetings are held virtually through Zoom.

Eligibility:
- Must be at least 18 years of age
- Resident of Dallas County
- Looking for Employment
- Parenting mothers and fathers of minor children
- No referral necessary

Online registration required for workshops:
- Strength Training for Dads
- TYRO Dads
- Workforce readiness training
- Healthy relationships/couples' communications
- Anger Management/conflict resolutions
- Bootcamp for new dads
- Navigating the child Support System
- Mental health awareness

Application/Intake: Please visit their website for a full list of classes and to register for them. Accepts self-referrals or referrals from other entities.
Mission: A faith-based, multi-campus, multi-region effort to ensure single mothers, children, and families are in a safe, supportive environment that encourages self-development.

Services:

- **Together Program**: A program for single mothers that are seeking financial independence, have trouble providing physically for their children, are wanting to spiritually grow, and are seeking job opportunities. Education/trade school training, case management, a home and necessities, as well as life skills training are provided.

- **Family Outreach Program**: Offers networking and referrals to other nonprofits, faith-based counseling, practical life skills training, and help with rent, utilities, and grocery costs for inner-city, poverty-stricken families. Visit familyoutreach@armsofhope.org for this specific program in regard to more information.

- **Residential Child Care Program**: A need based, long term program for children who come from families who may need assistance in raising their children due to external circumstances. Operating in a cottage like fashion, Arms of Hope provides for the children’s basic daily needs including shelter, food, clothing, medical care, supervision and education, with two house parents overseeing the children. Clients are supported through college or their first jobs.

- **Right Start Program**: A program dedicated to helping expectant, single mothers prepare for motherhood while providing shelter, necessities and skills needed to care for their newborn babies.

Eligibility: Arms of Hope contains main campuses in Medina (South Texas) and Quinlan (North Texas) as well as outreach centers in San Antonio, Houston, Fort Worth, Denton, and Dallas. Applications are reviewed upon need and availability.

Application: Please visit their website for more details, request information, and for program specific applications.
ASSISTANCE CENTER OF COLLIN COUNTY
900 East 18th Street, Plano, TX 75074

Hours: Mon-Fri 9am-5pm  Call Center Hours: Mon-Fri 9am-3pm

Services Offered: Offers financial guidance and education in Collin County, food assistance, school supplies, financial assistance (by appointment only), homeless support services such as meeting basic needs, housing assessments and placement on a housing priority list. They can also refer clients to other programs based on their needs.

Eligibility: Must be a resident of Collin County. Other rental assistance programs for other counties are listed on their website. Auxiliary programs through the Assistance Center of Collin County are also available to students within in Plano ISD boundaries.

Application: Please visit their website for the application to your chosen program and to view other options.

BROTHER BILL’S HELPING HAND
3906 N Westmoreland, Dallas, TX 75212
Mailing: PO Box 565846, Dallas, TX 75356
T. 214-638-2196  Clinic: 214-638-2194  F. 214-638-2198
E: helpinghand@bbhh.org  Hours: Mon – Thu 9am – 3pm, Fri 9am-12pm
W: www.bbhh.org  Clinic Hours: Mon-Thu 8am-4pm, Fri 8am-12pm

Services Offered: Food pantry; ESL classes at certain points in the year; computer lab; women’s job training program; adult education classes, children’s programs; Low-Cost Community Clinic (primary and mental health and optometry by appointment only); Community Grocery Store – Appointment only

Eligibility Requirements: Client must live in 75208-75212 zip codes

Clients Must Bring: Picture ID and documentation showing residence

Application Process: By appointment only- please call directly

Limits: Client may receive groceries a max of 2 times per month
**BELLA HOUSE**
P.O. Box 940802 Plano, TX 75094  
**T:** 972-379-7450  **W:** [https://www.bellahouse.org/](https://www.bellahouse.org/)  **E:** contact@bellahouse.org

**Mission:** Bella House is a faith based residential program for pregnant women who are experiencing homelessness or unstable living conditions.

**Services:** Bella House provides for the immediate basic needs of the mother and child, such as food, shelter, baby items, and clothing. Bella House also offers evidence based programs to educate women about parenting, nutrition, budgeting, boundary setting, healthy relationships, dignity, adoption, and more. Bella House will offer various resources to directly support the development of the mothers including one-on-one and group therapy, assistance with transportation needs and life skill presentations.

**Eligibility:** Must be single, pregnant, and age 18+. Must be willing to further their education or career goals. Must be willing to follow house rules and participate in programs. Each woman will be able to stay in the home with her child until she graduates from the program by completing steps towards her goals.

**Application/Intake:** Please send a request for assistance through the form listed on their website or please call 972-379-7450.

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**CATHOLIC CHARITIES OF DALLAS**
1421 W. Mockingbird Lane Dallas, Texas 75247  
**T:** 866-223-7500  **F:** 214-520-6595  
HUD Counselor: 972-246-6043  
**W:** [www.ccdallas.org](http://www.ccdallas.org)

**Mission:** This is a nonprofit faith-based organization that services those in need and strives to protect some of the most vulnerable populations through various support programs and more.

**Services Offered:**
- Children, Family and Senior Services (Call T 214-826-8335)
- Financial Coaching & Education (by appointment only; Call T 972-246-6035)
- Employment Services
- Housing
- Parenting and Adoption (interest form online)
- Community Food Pantries (by appointment only; T 972-246-6027)
- Immigration and Legal Services (clients must meet with case worker to determine eligibility; call for appointment T 214-634-7182))
- Refugee Programs (T [972-246-6010](tel:972-246-6010))
- Disaster Preparedness and Relief Services (T [214-257-0674](tel:214-257-0674))
**CITYSQUARE**
511 N. Akard St, Ste. 302
Dallas, TX 75201
T: 214-823-8710  F: 214-824-5355
Legal Department
T: 214-823-8710 (by appointment only)
2835 Al Lipscomb Way, Dallas, TX 75215
**Medical T: 214-421-1783 (by appointment only)** Homeless Crisis Helpline at 1-888-411-6802
W: www.citysquare.org

**Mission:** City Square exists to fight causes and effects of poverty through service, advocacy, and friendship through 17 unique programs.

**Food Pantry and Opportunity Center Location:**
1610 S Malcolm X Blvd, Dallas, TX, 75226
(Building 100 for Housing and building 350 for the Food Pantry) 2835

**Services Offered:** Food pantry; thrift store; technology training; medical, dental care and legal services (by appointment only); children’s programs; employment circle and affordable housing; transition services for foster care youth

**Requirements:** Current photo ID and social security card

**Housing Assistance Walk-In Hours:** Tues, Thurs and Fri 9am-3PM; (Closed Mon, Sat & Sun)

**Housing Assistance Questions? Please call (469) 904-7060, Monday - Friday, 9 am - 4 pm.**

**Food Pantry Walk-In Hours:** Tue – Fri 9:00 am – 3:00 pm

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**DALLAS LEADERSHIP FOUNDATION**
3101 Greenwood, Dallas, TX 75204
T: 214-777-5520  W: https://www.dlftx.org/  E: info@dlftx.org

**Mission:** Dallas Leadership Foundation focuses on raising the next generation of leaders in their community to enact change from the inside while providing aid to low-income communities.

**Services:** DLF offers prison re-entry services such as dorm style transitional housing, making individualized service plans, clothing, and job training. DLF also offers food box pick ups for those facing food insecurity, a job readiness curriculum in IT, warehouse logistics, insurance, HVAC, construction, and more. Youth mentorship programs and financial literacy programs are also available.

**Eligibility:** Must be [Dallas city resident](#), different programs will have their own eligibility, please see the Get Help tab on their website for more information and to apply for programs.
CORNERSTONE ASSISTANCE NORTH CENTRAL TEXAS
861 N. Coleman St, #100, Prosper, TX, 75078
P.O. Box 53 Prosper, TX 75078
T: 972.689.9115 (for assistance) W: https://www.cornerstonenct.org

Mission: CANCT is a faith-based nonprofit in Collin County that takes a comprehensive approach to helping our Neighbors in need.

Services: Services include financial assistance, budgeting assistance, mentoring, job placement, vouchers for clothing, and household goods and coaching. GED classes, ESL classes, and some vision and healthcare services are provided through partnerships.

Eligibility: CANCT services neighbors in Prosper, Frisco, Celina, Gunter, McKinney, Aubrey, and beyond. Please note the boundaries of their current service area - North of Hwy 121, South of FM-121, West of I-75 and East of 377. All financial assistance has been exhausted at the moment.

Application: Please visit their website and fill out the assistance request form to be evaluated

EMILY’S PLACE
PO Box 860911 Plano, TX. 75074
T: 972-424-7775 (ext 413 for intake) F: 972-424-7779
W: https://emilysplacetx.org/ E: info@emilysplacetx.org

Mission: Long term transformational care to women and their children in a shared living environment for up to 24 months.

Services Offered: Emily's Place strives to assist in finding housing, legal services, employment, Education, job training, finances, Health, Life skills, spiritual and transportation needs. Transitional housing in a group home setting is available for up to 2 years. Call for further information.

Requirements: Must be clean from drugs and alcohol for at least a year. Applications online.
ENDEAVORS’ VETERAN SUPPORTIVE SERVICES (VSS)
5801 Marvin D Love Freeway Ste. 103 Dallas, TX 75237
E: info@endeavors.org T: 214-932-6276 W: https://endeavors.org/veteran-supportive-services/

Mission: Endeavors seeks to provide comprehensive, effective, and innovative services that encourage growth, allowing veterans to build better lives for themselves, their families, and their communities.

Services: May assist with short term emergency housing and rental/utility assistance. Financial assistance for QUALIFYING VETERANS is available on a case-by-case basis for the purpose of Veteran homeless prevention. A case manager must request this financial service on behalf of the veteran family and within the guidelines and limitations of the program. Other programs and community services are available for the general public, including job supportive services and employment opportunities for people with disabilities.

Eligibility:
- Low-income status
- Homeless or at risk of becoming homeless
- Discharge status and conduct
- Active duty service status

Application: Please call or visit the Endeavors website for more information or to submit a request to contact form. Locations available in Dallas, San Antonio, and Corpus Christi.

EXODUS MINISTRIES
4630 Munger Ave, Suite 110
Dallas, TX 75204
T: 214-827-3772 W: https://www.exodusministries.org/

Mission: Exodus Ministries is a nonprofit and non-denominational Christian organization established in 1985. They serve mothers from all ethnic backgrounds that are recently released from corrections and re-entering their communities to overcome challenges, to reconnect with their children and positively changes the trajectory of their lives.

Services Offered: intensive residential housing program for females previously incarcerated women and their minor children; work readiness assessments and job counseling; parenting classes; financial literacy instruction; homemaking and budget management

Eligibility Requirements: While incarcerated or in an in-patient drug rehabilitation facility, interested candidates must complete the online application is available www.ExodusMinistries.org or by calling (214) 827-3772. Selection is based on availability of space and demonstrated need.
FROM ORDINARY TO EXTRAORDINARY
3455 Highland Road, Dallas TX (Vocational Center location)
T: (214) 272-7733  W: https://www.iamfote.org/  E: empower@iamfote.org

Mission: Nonprofit dedicated to helping women with small children who have been abused become self-sufficient through learning a trade.

Services: Birth with Purpose Maternity Home also offers a safe place for women with young children to build a strong foundation for their future. They offer cosmetology and barbering school programs, apprenticeships, and entrepreneurship training to help develop work skills.

Application: Please call or email for more information and intake procedures.

HEALING HANDS MINISTRIES
8515 Greenville Ave. Ste. N-108 Dallas, TX 75243
Mailing: P.O. Box 741524 Dallas, TX 75374
T: 214-221-0855  F: 214-221-1437
W: https://www.hhmhealth.org/  Hours: Mon – Fri 7:00am – 6:00pm
Vickery Health Center: 5750 Pineland, Dallas, TX 75231 Hours: 8am-5pm
Enrollment Hours: 8am-4:30pm

Mission: Healing Hands Ministry is a volunteer-based community organization that provides quality healthcare to medically disadvantaged residents of Dallas. The organization operates a medical and dental clinic.

Services Offered: Comprehensive medical and dental services including pediatric care, well-woman care, vision care, behavioral health, diabetes education, laboratory services, asthma education and rheumatology. See website for complete list of up-to-date services. Medicare and Medicaid accepted. Transportation is offered for any appointment made through the Healing Hands office.

Eligibility Requirements: medically disadvantaged residents of Dallas County and Lake Highlands

Clients Must Bring: Proof of residency, valid photo ID, most recent pay stub of everyone in household plus any other income such as food stamps or child support, certified disability letter or section 8 housing documentation, or food stamp letter, completed enrollment forms (available on website or at the clinic)

Application Process: Must complete an enrollment form before an appointment can be made. Enrollment forms can be picked up in person or downloaded and printed from the website www.healinghandsdallas.org
HELEN’S PROJECT
3939 S Polk Ste 212 Dallas TX 75224
T: 830-400-7037 W: https://www.hlproject.org/  E: info@Hlproject.org

**Mission:** Helen’s Project aims to provide hope to communities by providing case management, housing navigation and mental health support to low-income families.

**Services:** Offers stabilization programs with a specialization in street outreach services and homeless housing services. All programs will include outreach, case management, transportation, group/individual therapy, continuum of care, and housing navigation.
- S.A.F.E Project: street outreach stabilization program to help clients reach permanent housing
- Peace Project: assisting clients with mental health challenges or substance abuse issues
- Hope Project: assisting victims of domestic violence and human trafficking
- Change Project: dealing with the effects of crime and drug use in the community through ex-offender and work reentry programs.

**Intake/Application:** Intakes are Monday - Thursday 8:30am - 11:30 am (Walk ins Only), Drop-in Hours are Monday – Thursday 1pm - 4pm (Walk ins Only, must have agency ID), Showers are by appointment only. Serving select zip codes in Mesquite, Dallas, and Garland, zip codes list available on website.

**Please bring the following documentation for all members of the household:**
- Identification / Social Security Card / Birth Certificate
- Copies of any and all benefit letters (SNAP/TANF/Social Security benefit Letters)
- If employed bring 3 of your most recent pay stubs
**INTERFAITH FAMILY SERVICES**  
1651 Matilda Street, Dallas TX 75206  
**T:** (Primary) (214)827-7220  
**F:** 214-451-3198  
**E:** scoordinator@interfaithdallas.org  
**W:** www.interfaithdallas.org  
**Hours:** Mon – Fri 9:00 am – 5:00 pm

**Mission:** Interfaith assists working families to break the cycle of poverty by offering services to empower the parents and children to overcome barriers through education and skill building in order to live self-sufficient lives.

**Services Offered:** subsidized transitional housing program, individualized case management, job search assistance, employment coaching, career planning, vocational training, GED assistance, financial literacy training, budget mentoring, after school program and tutoring, summer camp for children grades K-6, a summer work program for teens, and counseling for all ages.

**Eligibility Requirements:**
- You must be homeless with children (18 years of age and under) living in one of the following situations: Hotel/motel (paid by another person, church, etc.), Emergency or transitional shelter, living with friends or family or have evictions notice.
- Clients must have legal custody of all children in the household
- At least 9 months consecutive employment in the 3 last years
- All adults must be able and willing to work at least 40 hours per week.
- Client must have lived independently for at least two years
- No violent or sexual assault criminal record
- MUST be drug free for a minimum of one year

**Application Process:** Families that are interested in applying can call the main number and speak with the service coordinator for initial screening for eligibility. Application for services available online. Adult applicants must bring a picture I.D., Social Security card, and Birth Certificate. For child applicants please bring children’s Social Security card, Birth Certificate, and shot records.

**Program Length:** 7-15 months
IRVING COMMUNITY ACTION NETWORK
W: https://icanirving.org/

Mission: ICAN brings together government entities, local businesses, nonprofit organizations, and faith-based communities to improve the lives of Irving residents and provide help in their times of need.

Services: ICAN offers a comprehensive list of different resources such as, food, clothing, financial assistance, transportation, homelessness assistance, senior assistance, physical and mental health services, victim advocate services, substance abuse recovery resources, youth resources, ex-felon resources, education services, and veterans services. State, county, and city resources are also listed.

Eligibility/Requirements: Must be a resident of Irving, information available under the Get Help tab

JEWISH FAMILY SERVICES OF GREATER DALLAS
5402 Arapaho Rd., Dallas, TX 75248
E: info@JFSDallas.org  W: www.jfsdallas.org
Hours: Mon, Tue, Wed 8:30 am – 8:00 pm; Thu 8:30 am -6:00 pm; Fri 8:30 am – 5:00 pm.
Food pantry: Tue, Thu, Fri 9:00 am- 1:00 pm by appointment
Job Resource Center: Mon – Fri 9:00 am – 3:00 pm, Tue 6:00 pm – 8:00 pm

Mission: Jewish Family Services of Greater Dallas provides mental health and social services to individuals regardless of race, ethnicity, religion, or ability to pay.

Services Offered: food assistance programs, job resource center, care management, support groups, counseling, support for people living with mental illnesses, case management, veteran services, financial coaching, etc.

Eligibility Requirements: Food is provided for qualified residents of the following North Dallas and Carrollton zip codes: 75209, 75220, 75225, 75229, 75230, 75231, 75234, 75238, 75240, 75243, 75244, 75248, 75252, 75254, 75287, 75001, 75006, 75007, 75010, 75011, 75042, 75080, 75011, and 75081

Clients Must Bring: Picture ID and Social Security cards for self and everyone in the household; lease agreement; utility bill; proof of income

Application Process: Appointments required. Applicants may call (972) 437-9950 to do a phone intake or download a form and email it to intake@jfsdallas.org

Limits: Clients may receive food once a month
NEW FRIENDS NEW LIFE
PO Box 192378 Dallas, TX. 75219
T: 214-965-0935  F: 214-965-9561
W: newfriendsnewlife.org

Mission: New Friends New Life restores and empowers formerly trafficked teen girls and sexually exploited women and their children by providing access to education, job training, interim financial assistance, mental health, and spiritual support, New Friends New Life helps women and children overcome backgrounds of abuse, addiction, poverty and limited opportunities.

Services Offered: Counseling and support groups, Children’s academic program and mentoring, financial assistance and budget coaching, Life-Skills and parenting training, Education and second chance job programs, spiritual support, Men’s advocacy group. Women’s, teens and children’s programs to encourage getting out of escorting business and support groups. Resources with human trafficking as well.

Intake: Call 214-965-0935 to talk with a staff member about intake process. Online form to be called back is available online as well.

OLTT- LATIN TRANS ORGANIZATION IN TEXAS
6633 Hillcroft Ave. Suite 255 Houston, TX. 77081 (with a local Dallas chapter)
T: 832-974-7032  W: https://www.latinatranstexas.org/  E: hello-oltt@outlook.com

Mission: OTT- Defends, Protects and Ensures equal rights for transgender people in the state of Texas. Create and maintain a physical space where the trans, can educate themselves and analyze the legal situation. Have basic access to health, social protection and human rights security for our trans population. Through this initiative, it will receive support from government agencies, civil society, and international cooperation, for the promotion of a plural society, based on respect for the human rights of the trans population.

Services: Legal information, health information, temporary housing, education, information, contacts and allies, group meetings and other resources.

Intake: Contact to find your local chapter and for a calendar of events.
**OUR CALLING**
1702 S Cesar Chavez Blvd, Dallas, TX 75215
T. 214-444-8796  W: www.ourcalling.org  E: info@ourcalling.org
Text the word "Homeless" to 1-877-772-7891 to sign up for their emergency shelter broadcasts

**Mission:** Our Called is a faith based non-profit organization whose mission is to improve the quality of life for individuals experiencing homeless. The organization takes pride in its discipleship, community and commitment to serving the homeless in Dallas.

**Services Offered:** Inclement weather warming station when needed; *(This is not an overnight emergency shelter)*; outreach street ministry and support services (food, personal toiletries, clothing, etc.); Bible Study; addiction recovery services; mentoring and referral network

**Building Hours:** Mon- Fri 8am-3pm, Sat 8am-noon Closed Sundays

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**RECONCILIATION OUTREACH PROGRAM**
1421 N. Peak St., Dallas, TX 75204
T. 214-545-6500  F. 214-545-6525
W: www.rodallas.org

**Hours:** Mon – Thu 9:00 am – 5:00 pm, closed Friday

**Services Offered:** food, clothes, employment opportunities, computer classes, after-school tutoring, day camps, transitional housing, and rehabilitation programs in a faith-based environment.

**Eligibility Requirements:** No violent crimes, no sex offender, must have current employment for at least 2 months

**Application Process:** Appointments required. Call to schedule an appointment.

**Clients Must Bring:** Texas ID; social security cards for self and all in household
RESOURCE CENTER OF DALLAS
2701 Reagan St., Dallas, TX 75219 (Health Center)
T: 214-528-0144    F: 214-522-4604
W: www.myresourcecenter.org    Hours: Mon – Fri 9:00 am – 6:00 pm

Mission: Resource Center has provided programs of interest to LGBTQ individuals and critical assistance to people affected by HIV/AIDS since 1983.

Services Offered: food pantry, hot meals, counseling, intensive outpatient program, case management, dental services, LGBTQIA+ support groups, HIV support groups, computer access, gender affirming primary care, etc

Eligibility Requirements: Clients must be HIV positive to qualify for assistance.

Application Process: Appointment Only: Mon – Fri 9:00 am – 4:00 pm.

Clients must bring I.D, proof of residency, proof of income, referral from case manager, letter of diagnosis for HIV case management

Nelson-Tebedo Health Center: 4012 Cedar Springs Rd, Dallas TX 75219
(214) 528-2336 Hours: Mon-Fri 9am-6pm Sat 9am-2:30pm

Community Center: 5750 Cedar Springs Rd, Dallas TX 75235 (214) 521-5124

Hours: Mon-Fri 9am-9pm
SALVATION ARMY
Administrative Offices
8787 N. Stemmons Fwy Suite #800
Dallas, TX 75247
T: 214-637-8100 (Dallas)
T: 817-344-1820 (Fort Worth)

Carr P. Collins Social Services Center
(Homeless Shelter)
5302 Harry Hines Blvd
T: 214-424-7050
W: https://salvationarmyntx.org/north-texas/

Adult Rehabilitation Center
5554 Harry Hines Blvd.
Dallas, TX 75235
T: 214-630-5611

Domestic Violence Hotline
T: 214-424-7208

Modified food distribution & following CDC guidelines

Mission: The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Caring for the poor. Feeding the hungry. Sheltering the homeless. Clothing the naked. Loving the unlovable. Befriending the friendless. There are various locations throughout the DFW area.

Services offered: homeless shelter, emergency housing, voluntary alcohol and substance abuse rehabilitation program, prison release substance abuse program, disaster response, domestic violence and abuse program, food pantry, financial assistance, clothing, counseling, and transitional housing programs.

Hours: shelter is open 24 hours a day, 7 days a week. Shelter Intake hours every day 4:00 pm – 7:00 pm (or until all slots are filled) Social Service office hours Mon – Fri 8:00 am – 4:00 pm. Food Pantry hours Mon – Fri 8:30am – 10am (Dallas) (Food pantry hours vary by location)

Eligibility Requirements: Clothing is only given to victims of domestic violence, fire, flood, or individuals who have been released from incarceration within the last 30 days. Services all for Dallas County excluding Garland and Irving residents (see Garland Salvation Army and Irving Salvation Army for assistance). Substance Abuse Program accepts court ordered referrals only

Application Process: Walk in for shelter and domestic violence assistance. Appointments required for financial assistance; call to schedule an appointment.

Clients Must Bring: Picture ID for self; SS cards for all in household; proof of address; copy of lease for rental assistance; copy of utility bill for utility assistance; last pay stub
Mission: Shiloh Place aims to equip single mothers with financial independence and personal empowerment by addressing their physical, educational, emotional, and spiritual needs.

Services: SH provides childcare, housing, case management, counseling, life skills training, and advance education for single mothers in Collin County who want to improve their lives.

Eligibility/Requirements:

- Be enrolled full-time in a degree or certificate program
- Work part-time, preferably in her chosen job field
- Attend weekly case management sessions
- Participate in weekly Life Skills classes including parenting, financial management, boundaries and forgiveness
- Pass weekly house checks of their apartment
- Must be a single mom age 20+ with children under the age of 10, have a high school diploma or GED
- Must have a car, valid driver’s license, and insurance

Intake/Application: Potential residents should email program@shilohplacemckinney.com to reach out and schedule an initial screening over the phone

***They are not an emergency shelter or equipped for emergency placements***
THE STEWPO T OF FIRST PRESBYTERIAN CHURCH
1822 Young St., Dallas, TX 75201 (Entrance on Park Avenue)
Hours: Appointments are made at the front desk Mon-Fri at 8:00 am and 1:00 pm for same day appointments; operating hours are Mon-Fri 8am-4pm,; closed each day 12:00 pm – 1:00 pm

Mission: The Stewpot offers a safe haven for homeless and at-risk individuals of Dallas, providing resources for basic survival needs, as well as opportunities to start a new life.

Services Offered:
- Case management
- Rapid Rehousing and Permanent Supportive Housing (by referral only)
- Drive through food distribution (must register beforehand at https://thestewpot.org/if-you-are-hungry)
- Assistance with obtaining state identification, birth certificates and other vital records
- Dental clinic and medical clinics
- AA/NA Meetings
- Personal grooming and hygiene supplies
- Representative Payee Services
- Meal services are available at 1818 Corsicana St, at the Bridge Homeless Recovery Center
- Computer Lab, Garden Club and Stewpot ART program

Application Process: Appointments for assistance made in person on a first come first served basis. If staying in a shelter, a letter from that shelter will be required.
THE TURNAROUND AGENDA
7125 S Polk Street Suite 1 Dallas, TX 75232
T: 972-228-0872  W: https://www.turnaroundagenda.org/
Hours: Mon-Fri 8:30am-5pm

Mission: The Turnaround Agenda is a faith-based community outreach and improvement organization that aims to improve the lives of those considered at risk in Dallas County

Services:
- The Public-School Outreach program covers 61 Dallas County schools and aims to create healthy conditions for success both in school and at home through guidance and mentorship.
- The Technology, Education, and Careers Program focuses on adult literacy, GED preparation and computer training and certification to equip clients for a competitive marketplace
- The Family Services Program offers education for expecting mothers regarding pregnancy, infant care and needs, and parenting young children. Certain medical services for those qualifying is available, along with crisis pregnancy intervention (call (469) 567-1793 for more info)
- Food and rent/utility assistance may be available to those who qualify.

Eligibility: Each program may have specific requirements however generally clients must be the families of the students attending the Public-School Outreach Program, Family Services Pregnancy Program or experiencing a crisis due to a natural disaster or catastrophic event for utility or rent assistance. Please call for intake or questions.
THE WILLIAMS HOPE PROJECT
Dallas, Texas 75249
T: (214) 460-8675  W: thewilliamshopeproject.org  E: info@thewilliamshopeproject.org

Mission: The Williams Hope Project aims to help young single mothers by improving their quality of life and helping them to obtain the necessary skills to lead successful independent lives.

Services: WHP offers training and educational programs for single mothers to help them obtain higher paying jobs. The Young Mothers Residential Program (YMRP) will offer one-year renewable contracts for young single mothers and their children for free housing while the mothers work part-time, pursue education goals, participate in weekly programs, training, and counseling. Parenting programs, personal support in the form of housing, advice, and mentoring while transitioning to college are also available.

Eligibility: Young mothers looking to apply should be between the ages of 17-25, be single, have a high school diploma/GED or in the process of seeking out a diploma or GED, and be seeking to further their education.

Application: Those interested in the YMRP should call to obtain an application. Please call or visit the website for more information or to request services.

URBAN INTER-TRIBAL CENTER OF TEXAS
1261 Record Crossing Rd, Dallas, TX 75235
T: (214) 941-1050  F: (214) 946-4738  W: https://uitct.org/

Mission: The Urban Inter-Tribal Center of Texas aims to provide culturally sensitive, community-based services to meet the diverse needs of over 76,000 American Indians/Alaska Natives living in the Dallas/Fort Worth Metroplex.

Services: Offers a primary care clinic, dental clinic, pharmacy, behavioral health counseling, substance abuse programs, employment and training program for Native Americans in the DFW metroplex. May also help with utility bills and offers assistance in getting the COVID vaccine.

Eligibility/ Requirements: Must be an American Indian or Alaska Native member of federally recognized tribes. Non-natives are welcome to apply for certain programs as well, such as the Senior Community Service Employment Program.

Application: Please see their website for links to applications and resources. Applicants can fill out a request to contact form with more details on their website.
**VOGEL ALCOVE**
1738 Gano St. Dallas, TX 75215  
**T:** 214.368.8686  **W:** https://vogelalcove.org/  

**Mission:** Vogel Alcove provides trauma informed care to children who have experienced the struggles of homelessness at a young age and helps to set them up for success in school and in life.

**Services Offered:** Early childhood education, child care, family support, parent opportunity center, summer camp for children and mental health counseling and services to help children recover from the ordeal of homelessness and ensure they are well taken care of while their parents are at work. Case managers also provide parents with resources and guidance.

**Eligibility/Application:** Must be considered homeless or living in a place that is not your own (ie a friend’s place, motel, shelter, etc). The application can be found on their website under the *Need Help?* tab

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**WINGS DALLAS**
1903 Anson Road, Dallas, TX 75235  
**T:** (214) 956-5901  **W:** https://wingsdallas.org/  **E:** info@wingsdallas.org  

**Mission:** WiNGS believes in empowering women to reach their fullest potential in the hopes of uplifting their families and communities as a result.

**Services:** WiNGS offers financial education classes, including financial coaching, benefit screening, and credit building. Their careers pathway program offers professional skills training, personalized career guidance, and connections to job opportunities. WiNGS Nurse Family Partnership Program is free and offers to pair up experienced nurses with first time mothers for the duration of the pregnancy beginning at 16 weeks of pregnancy up until the child turns 2 years old.

**Eligibility:** The financial education classes and the careers pathway program are open to those in Dallas. The NFP is for women who are less than 28 weeks pregnant at the start of the program and qualify for WIC or Medicaid.

**Application:** Please visit their website/call to get more information
SOBER LIVING HOUSING, RECOVERY & BEHAVIORAL HEALTH SERVICES

ABOUNDING PROSPERITY
2311 Dr. Martin Luther King, Jr. Boulevard Dallas, Texas 75215
T: 214-421-4800  W: https://www.aboundingprosperity.org/  E: info@aboundingprosperity.org

Mission: To provide services that address health, social and economic disparities among Black men with a particular emphasis on gay, bisexual and male to female transgender individuals

Programs/Services
- Comprehensive Risk Counseling and Services
- Many Men, Many Voices
- D-up: Defend Yourself
- Anti-Retroviral Treatment and Access to Services (ARTAS)
- Let’s Talk About (Safer) Sex”
- Substance Abuse
- Temporary Housing
- FREE HIV Counseling and Testing & Sexually Transmitted Infection Services with
- Personalized Cognitive Counseling.
- Ball/House and Pageant (B/HAP) Communities' Leadership and Health Disparities C

Eligibility Requirements
- Referrals by Ryan White case managers, community-based partners, mental health providers or register online for services at www.aboundingprosperity.org
- Clients must be residents of Dallas County
ANGELS RECOVERY HOUSE
Quick Contact: Call 214-498-8510 for availability and residency information.
Additional Contact: Larry Burtom  T: 214-498-8510

Mission: The mission of Angels Recovery House is to pull men and women out of less than fortunate situations by assisting them to turn their lives around. Our mission is accomplished by pointing them to Jesus Christ while providing them a safe place to live with guidance and hope, so they can become productive members of our society and communities. Angels Recovery House operates seven sober living transitional group homes for men and women 18 years of age and older. These homes charge rent of $95 per week.

Services:
- Safe, sober living homes ($95 per week)
- Peer to peer support
- In-house bible study
- Men’s & women’s support groups
- Drug & Alcohol Treatment Program
- Life Skills
- Transportation

Criteria for referral:
- Must have verifiable income; however, there is a Work for Stay program, for those who are homeless and/or looking for work
- Must have valid State ID
- Must have social security card
- Must consent to/pass a drug screen
- Call directly to inquire about vacancies at 214-497-1540

Exclusions:
- No sex offenders; no drug manufacturing or violent criminal convictions
Will not accept persons with social security or disability income- must be able to work

ALCOHOLICS ANONYMOUS
4407 N Beltwood Pkwy, Stw 110, Farmers Branch TX 75244
W: www.aadallas.org  T: 214-887-6699, also a 24-hour line

Mission: Encouraging its members to stay sober and help other alcoholics achieve sobriety

Services: Supportive meetings and literature to assist in achieving sobriety.

Criteria for Referral: Desire to change where they are with their drinking problem. Go online or call the number listed above to find your local meeting and dates of meetings.
Mission: Formerly Turtle Creek Recovery Center, Cenikor is dedicated to finding the right program to help rebuild the lives and relationships that have been damaged by addiction through a wide range of options and a broad spectrum of care.

Services Offered: Adult outpatient services, intensive residential inpatient services, withdrawal management, supportive residential inpatient treatment, medication assisted treatment, and outpatient withdrawal management. Youth programs for ages 13-17 include prevention services, youth inpatient and outpatient treatment, youth recovery community, and Project Aim. More programs are available for veterans and recovery support alumni.

Admission/Eligibility Requirements:
Persons aged 18-65 who meet the following criteria may be admitted to the program:

- must be physically able, mentally capable, and willing to participate in all aspects of recovery
- must follow rules and guidelines of the program
- no repeat violent offenses, sexual offenses, crimes against children or arson
- Cenikor is not able to accommodate clients experiencing high levels of mental illness and will refer them elsewhere

Intake: Please call your closest location or 1-888-CENIKOR between 8am-5pm to speak to representative for assistance.
DOGS MATTER
4347 Northwest Highway suite 130 #118, Dallas, TX. 75220
W: www.dogsmatter2.org  T: 214-714-8460  E: info@dogsmatter2.org

Mission: To Provide and promote a safe and healthy environment for dogs of recovering addicts and alcoholics.

Services:
- Foster Care: places dogs with fosters while their owners seek inpatient treatment until they are healthy enough to take care of their pet again.
- Outreach Program: Advocacy and education at community events, along with partnerships with several sober living facilities in case you need secondary housing
- Aftercare Program: a 12 month after care program that includes regular follow up calls, local check-ins, recovery resources and assistance with vet appointments etc.

Criteria for Referral:
- Application available online
- Form from a substance abuse counselor, verifying client is going into impatient treatment.

FREE-MAN HOUSE
13340 Southview Lane Dallas TX 75240
T: 214-676-2693  F: 469-906-1312  W: www.freemanhouse.org  E: intake@freemanhouse.org
Intake Hours: 8am-8pm Mon-Fri, Sun is by appointment only
Call 214-676-2693 for the men's intake and call 469-740-1043 for the women.

Mission: The Free-Man Houses are a clean and sober living environment that is Christ centered and focused on recovery from alcohol and drug addiction, as well as many other kinds of addictions.

Eligibility: Must be 18 yrs of age, have a history of addiction but a willingness to maintain sobriety, must be willing fully participate in program, must have income in order to pay rent. Cannot have any mobility issues. Must be able to live independently.

Intake: Call and schedule an intake or you can complete forms online then fax them to number listed above. You can also send an email to intake@freemanhouse.org.
**GIRLS EMBRACING MOMS (G.E.M.)**
1349 Empire Central Ste 400 Dallas, TX 75247  
**T:** (214) 530-2316  **W:** [www.girlsembracingmothers.org](http://www.girlsembracingmothers.org)  **E:** info@girlsembracingmothers.org

**Mission:** To empower girls in grades K-12 with mothers in prison to break the cycle of incarceration and lead successful lives with vision and purpose.

**Services:**
- Pearl Program  
  - Transportation for visiting mothers that are incarcerated.
- Diamond Program  
  - Leadership and communication skills  
  - Enhance self-esteem

**Criteria for Referral:** Must have a mother that has been incarcerated at any time for the Diamond program, and a mother that is currently incarcerated for the Pearl Program.

**Intake:** Please call or email or submit a request to contact available on their website for more information

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**HAVEN DETOX**
500 N. Highland, Sherman, TX. 75092  
**W:** [www.thehaventx.com](http://www.thehaventx.com)  **T:** 903-609-0544  
**Hours:** 24/7 admissions

**Mission:** We strive to provide care, love and compassion with the intent of transforming every single life that we touch. We’re committed to providing the best possible service to our members, employees, and our community. We believe in open communication, collaborative efforts and celebrating creative thinking and solutions.

**Services:**
- Medically Assisted detox, from drugs or alcohol  
- Housing while in detox, 5-7 days.

**Criteria for Referral:**
- Dependency on drugs and/or alcohol  
- Must have medical insurance verification; accepts most insurance including Medicare and Medicaid.
HOMEWARD BOUND INC (Substance Abuse Treatment Center)
5300 University Hills Blvd.
Dallas, Texas 75208   The Colony, Dallas TX   Corsicana, TX   El Paso, TX
W: https://www.homewardboundinc.org/  Intake Hours: 8am-5pm

Mission: Homeward Bound, Inc., strives to help people overcome drug and alcohol addiction. They offer complete substance abuse treatment, comprehensive residential, and outpatient programs. Their licensed counselors provide intensive residential treatment on a 24-hour/7-day per week basis.

Services
- Medically Supervised Detox
- Medication Assisted Treatment (does not offer methadone)
- Men’s Residential Program
- Women’s Residential Program
- Crisis Residential Unit for mental health
- Statewide HIV Residential Program
- Specialized Female Intensive Residential
- Outpatient Services
- Recovery Support Services
- Trinity Center of El Paso
- Recovery Housing
- Dallas Deflect Program (for low level offenders in lieu of jail time)
- Drug Offender Education (Dallas)

Requirements for Statewide HIV Program:
- HIV/AIDS diagnosis
- Recent labs (within the past 60 days)
- A copy of last physical exam, if available
- Current psychological evaluation
- Annual income at or below 200% of poverty
- Current substance abuser
- 2-month (60-day) supply of psychotropic and HIV medicines (or ability to get refills)
- Complete list of medications
- Negative TB test
- Legible photo ID (Texas resident) and Social Security card if available

Intake/Referral Process:
Detox and residential admission is first come, first served walk-in basis from people who are at our facility on weekdays from 8 a.m. until 5 p.m. The number of people admitted on any given day depends on the availability of beds. Intake is closed on the weekend.
**MISSION:** Legacy Counseling Center is a non-profit organization that provides specialized counseling and support to individuals living with HIV/AIDS for over 25 years.

**Services Offered:**
- **Mental Health Counseling** – individual, couples and group HIV specific counseling services (bilingual therapist)
- **Substance Abuse Treatment** – Intensive Outpatient Program (IOP) and Supported Outpatient Programs
- **Founders Cottage** - transitional respite housing and continuous care for critically ill HIV/AIDS clients
- **Homebase for Housing** – assisting homeless and at-risk homeless HIV/AIDS clients in brokering referrals to housing programs and support services
- **Master Leasing Supported Housing Program**
- **Grace Project** – annual conference for women living with HIV/AIDS

**Intake/Application Process:** referrals through medical case manager or Ryan White case manager

**Clients must bring:** I.D., social security card, letter of diagnosis and verification of Ryan White, Medicaid/Medicare or other private insurance
THE MAGDALEN HOUSE
4513 Gaston Ave Dallas, TX 75246
T. (214) 324-9261  F. (214) 324-5299  E: info@magdalenhouse.org  W: www.magdalenhouse.org
Hours: Phone screenings start at 9:00 am to 5:00 pm; Admissions intake happen daily starting at 9:00 am and clients MUST check in by 9:00 pm.

Services Offered: Offers a 14-day non-medical detox program that provides women addicted to alcohol a safe place to withdraw and introduces them to a 12-step recovery program. A non-residential, three phase program for women struggling with alcohol addiction. Magdalen House serves women from all states. Family support groups are also available.

Application Process: Clients must call first for intake screening process; no walk-ins accepted

Eligibility Requirements:
• Client must be a woman aged 18 or older who desires to be sober
• Client must have consumed alcohol within past 72 hours
• Alcohol must be primary substance of use

Clients Must Bring: Picture ID, a week's worth of comfortable clothing; toiletries but nothing that contains alcohol, and 14-day supply of medications.

MY SECOND CHANCE, INC
1657 S. Corinth Street Rd, Dallas, TX 75203

Mission: This nonprofit offers outpatient recovery support services for women diagnosed with HIV who are experiencing crisis related to substance abuse, recent incarceration and displacement. The mission of My Second Chance, Inc is assisting women in overcoming trauma and empowering them to return to society as productive and self-sufficient individuals.

Services: Information and referrals, recovery coaching, mentoring, support groups, senior info and resources, sober specialization, and HIV education and prevention (NO LONGER HAS RESIDENTIAL COMPONENT FOR HOMELESS WOMEN)

Eligibility requirements: must be 18 years of age or older, have low income, have a diagnosis of HIV/AIDS and have a desire and commitment to get clean and sober.
METROCARE
1345 River Bend Dr. ste 200, Dallas, TX 75247 (headquarters)
T: 214-743-1200   T: 1.877-283-2121 (toll free)
F: 214-630-3469   Hours: Mon – Fri 8:00 am – 5:00 pm at most clinics
W: www.Metrocareservices.org

Locations: search online for an address to the various locations throughout the DFW area

Services Offered: Metrocare provides a wide array of services including services for people with disabilities, transitional, permanent and supportive housing, mental health and crisis services for all ages and more. For substance abuse disorder, Metrocare offers 12 step programs, psychoeducation, wraparound care, group and individual counseling, assessments and recovery plans, intensive outpatient services and health risk education.

Eligibility Requirements: Must reside in Dallas, Collin, Ellis, Hunt, Kaufman, Navarro, & Rockwall Counties

Clients Must Bring: photo ID, social security card; proof of residency, proof of income (if married, financials from spouse) insurance if applicable, proof of government assistance if applicable. All documentation must be dated within 30 days.

Application Process: Walk-ins 8:00 am – 12:00 pm Mon – Fri at any Metrocare clinic. Go to the front desk and ask to complete an intake. Your credentials will be verified, your finances will be assessed, and then a psych evaluation will be completed. Fees based upon insurance coverage. Self-pay is available per a sliding scale based on income.
NEW CONNECTIONS PREGNANT/ POST-PARTUM PROGRAM
6363 Forest Park Road, BLA 226, Dallas, TX. 75235
W: www.dallashealthybabies.org/medical-care-folder/
T: 214-645-0919

Mission: Meant to aid Dallas women who are pregnant and need resources to have a healthy baby

Services:
- Parenting classes
- Birthing resources
- Safety Classes
- Dad’s classes available
- Postpartum depression resources
- Mental health counseling
- Treatment resources for substance use
- Domestic violence resources
- Infant care and safety
- Applying for medical coverage

Criteria for Referral:
- Must call number above to do screening and schedule initial appointment.
MISSION: Nexus offers programs for adult women and teenage girls ages 13 to 17, including those who are pregnant or accompanied by children. We provide a continuum of care from detox through aftercare. Clients served come from Dallas, Collin, Ellis, Kaufman, Rockwall, Ellis, Hunt, and Navarro counties.

SERVICES OFFERED: residential programs for 5 to 90 days (Adult, Adolescent, and Transitional), medical detoxification, medication assisted treatment, psychiatric services, case management, parenting classes, counseling, drug education, infant care and safety classes, support services, outpatient and aftercare.

ELIGIBILITY REQUIREMENTS FOR ALL PROGRAMS:

- Referral sheet from caseworker
- Consent from the client and attend meetings with Nexus on Wednesdays or Saturdays (aftercare or be in recovery)
- Maintain case management while living in the apartments 2.5 times per week (on site)
- If on disability, do not have to work but need to be involved with other classes or activities
- If able to work, need to be seeking employment
- Documentation of homelessness

APPLICATION PROCESS: Clients should call 214.321.0156, ext. 3118 to make an appointment; walk-ins accepted

CLIENTS MUST BRING: picture I.D., proof of residency (required by NorthSTAR and DSHS); social security card; proof of income (required by NorthSTAR and DSHS if client is employed). Accepts certain insurances listed on their website, please call if you insurance is not listed to examine your options. 7 changes of appropriate clothes, change for vending machines, 1 pair of house shoes and closed toe shoes, alarm clock, laundry detergent, drinking cup (with lid) letter writing materials and postage, transparent bag/backpack, AA or NA books. Non alcoholic mouthwash, new sheets, towels and pillows (with tags), hard candy, twin pocket folder, notebook, and pen/pencil, personal hygiene items and all prescribed medications in their original bottles.

EXCLUSIONS FOR ALL PROGRAMS:

- Violent crimes or domestic violence (must have been 10-15 years ago)
- Sexual assault/registered sex offender
- Meth manufacturing on a case-by-case

LANGUAGE OPTIONS: Spanish speakers available
**ON YOUR WAY SOBER LIVING**
2108 Parkhaven Dr. Plano, TX. 75075
T: (214) 476-3828  E: jayz@ryantiffin.com

**Mission:** On Your Way Sober Living provides residents with the best possible opportunity for achieving and maintaining permanent sobriety.

**Services:** Sober living home.

**Limits:** Each Sober Living Home will have different requirements for residents, but many will have these typical requirements:
- No drugs, alcohol, violence, or overnight guests
- Active Participation in a recovery meeting
- Random drug and alcohol tests
- On-time guests fee payments
- Involvement in either work, school, or outpatient program (IOP)
- General acceptance by peer group at the Sober Living Home

**Intake:** Walk-ins welcome. Call or walk-in for application process.

**RECOVERY RESOURCE COUNCIL**
2700 Airport Freeway Fort Worth, TX. 76111
1349 Empire Central Drive, Ste 800 Dallas, TX 75247
T: (817) 332-6329 (Forth Worth)  (214) 521-8600 (Dallas)
W: https://recoverycouncil.org  E: info@recoverycouncil.org  **Hours:** 8am-5pm; Monday-Friday

**Mission:** Providing hope, conquering addiction, healing families. We are the link between substance abuse services and the adults, youth and families who are in need.

**Services:**
- Counseling
- Housing for chronically homeless
- Veteran Services
- Screenings and Assessments
- Classes regarding Drug or alcohol charges and classes on general substance abuse.

**Criteria for Referral:**
- Call number above and ask for referral, and client will be walked through everything that is required.
**SHORELINE RECOVERY CENTER**

T: (866) 278-8495  W: [https://shorelinerecoverycenter.com/alcoholism-domestic-abuse/](https://shorelinerecoverycenter.com/alcoholism-domestic-abuse/)

**Mission:** Shoreline Recovery Center is located in California but has many wonderful resources that can aid people with Alcoholism and/or Domestic Abuse.

**Application/Intake:** Please visit their website for more information.

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**SIGMA COUNSELING SERVICES**

1902 Country Club Dr. ste 120, Carrollton TX, 75006

T: (972) 820-6299  W: [https://www.sigmacounseling.com/](https://www.sigmacounseling.com/)  E: services@sigmacounseling.com

**Mission:** Sigma Counseling Services offers affordable mental health services, primarily relating to substance abuse and dependence.

**Services:** HHSC has recently established a fund to increase accessibility to substance abuse treatment. Sigma Counseling will be providing substance abuse treatment at no charge for Youth and Adult clients without insurance and/or means to pay. Options include group therapy, intensive outpatient/inpatient therapy, and life skills training programs.

**Eligibility:** Sigma Counseling accepts most commercial insurances; please see their website for a full list. For uninsured and clients unable to pay, HHSC may cover services for those living in most North Texas counties, including Collin, Rockwall, Dallas, Denton, Hunt, and Kaufman.

**Application:** Please call or visit their website for a full list of accepted counties and insurances, and to schedule an appointment.
SOUL’S HARBOR
13134 Nile Drive, Dallas, TX. 75253
T: 972-286-1940   F: 972-286-5282
E: contact@soulsharbordallas.org   W: www.soulsharbordallas.org

Mission: Soul’s Harbor is neither a rehabilitation facility nor a true homeless shelter. Soul’s Harbor could be categorized as a recovery home where men can learn tools to fight their addiction issues, or life affecting issues and live in a clean, sober and functional environment each day.

Services: Holistic 6-month program to assist with addiction and substance abuse recovery. Limitations: mandatory involvement in Alcoholic Anonymous (AA) and Narcotics Anonymous (NA) is required. Life skills are taught in the program and job readiness along with job preparation. Monthly yoga classes. Voluntary 9-month program to further encourage full independence.

Intake: Call to set up an intake evaluation at (214) 663-9684
Program costs range from $510 to $1000 month, free for the homeless community.

SOBER LIVING AMERICA
T: 877-430-0086   Over 40 Locations and 2,000 Beds
W: https://soberlivingamerica.org/  Admissions Hours: Mon – Fri 8:00 am – 6:00pm

Mission: Sober Living America offers recovery homes where men and women who have a desire and commitment to staying clean and sober can find support and refuge. The recovery program is a 6-month requirement and services include: Education Classes, Recovery, Life Skills, Spiritual, Job Readiness and Transportation Services

Admission requirements:
- Valid state issued ID and social security card
- All new residents need to perform a pre-intake phone interview
- Have willingness to make a 6-month commitment to complete the program
- Must be willing to attend all classes
- Must be willing and able to work
- All medications brought to the facility need to be evaluated and approved upon admission
- Can work with applicants who have no income on a case-by-case basis

Application/Intake: Program is $800 a month, $1,890 for the enhanced Pinnacle Program. Please call and an intake specialist will guide you through the steps.
SOLUTIONS OF NORTH TEXAS
1516 N. Ruddell St. Denton, TX 76209
T: (940) 898-6202  W: https://sontx.org/programs/
Hours: 8:30am-5pm Mon-Fri, closed for lunch 12pm-1pm

Mission: Solutions of North Texas is a faith-based agency meant to help as many people as possible who are currently suffering from alcoholism and/or drug addiction and want to experience a change.

Services:

- **Residential**: A 12 step program focusing on the mind, body, and spirit of the individual while providing case management, food, shelter, and re-entry planning
- **Clinical**: Clients will learn about addiction, successfully utilize coping strategies and support systems and improve in their sense of wellbeing through intensive outpatient/inpatient services and counseling
- **Court**: Helps guide clients through the legal system and sobriety system, with many contacts in the Denton County Sheriff’s office and Denton Police Department. They can act as liaison between the courts and the client, work with attorneys, and ensure compliance with court requirements.
- **Jail Program**: For those already incarcerated, this program facilitates re-entry skills, job training, self-coping strategies that manage substance abuse and a continuing program after release.
- **Monitoring**: Providing accountability in a client’s sobriety and maintaining long term sobriety.
- **An online lesson program also exists as an option for clients.**
- **Family Program**: educates families as their loved ones navigate maintaining their sobriety and reduce codependent and enabling behaviors while lovingly supporting the family.

Application/Intake: SNT accepts Ambetter, Baylor Scott & White, Blue Cross Blue Shield, and Magellan for all outpatient services and offers scholarships to those who cannot pay program fees. Sex offenses and histories of repeated violence are not accepted. More information on scholarships can be found by calling 940-898-6202. Please visit their website for more information and forms on intake.
**SOUTH DALLAS COMMUNITY COURTS**
2922 Martin Luther King Jr. Dallas, TX 75212
**Hours:** Thursday all day, Drug Court Docket Every Wednesday evening
Following CDC guidelines to COVID. Call 214-670-3519 for updated information.

**Mission:** Community Courts Program focuses on swift justice, visibility in the community and community restitution.

**Services:**
- Assistance with addictions
- Paying off Dallas tickets
- Housing
- Job placement
- Substance abuse
- Mental health

**Criteria for Referral:**
- Referral call to court number listed above
- Proof of rehabilitation

**SOUTHERN AREA BEHAVIORAL HEALTHCARE**
4215 Gannon Ln # 101, Dallas, TX 75237
T: 972-283-9090  W: [www.Sabhc.org](http://www.Sabhc.org)  **Hours:** Sat, Sun 2pm-7pm, Mon-Fri 2pm-10pm

**Mission:** SABHC is a voluntary, drop-in urgent care service open to individuals in need of psychiatric care residing in Dallas, Ellis, Hunt, Navarro, Kaufman and Rockwall counties

**Services offered include:**
- Crisis Intervention and Management
- Psychiatric Evaluations
- Medication refills for children & adults
- Counseling Services
- Psychosocial Rehabilitation
- Skills Training and Case Management
- NTBHA Enrollment and Linkage to Other Care

**Intake:** no appointment necessary; walk in during hours of operation

**Client must bring** I.D., Social Security card, bill or proof of residency, and prescription bottles. Bring proof of insurance if applicable
**S.T.E.P. MED METHADONE CLINIC**  
1919 Martin Luther King Jr Dallas, TX 75215  
T: 214-421-9100  


**Services offered:** Methadone clinic

**Intake:** client must check in at 6 am on Monday or Wednesday morning in order to be assessed by the physician. Must be dependent on opioids for at least one year

**Client must bring** I.D., Social Security card, supporter's statement from residence, bill with name for proof residency, and proof of Medicaid insurance. No employer's insurance accepted.

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**SYMENTRYA RECOVERY**  
7229 Hawkins View Dr. Fort Worth, TX. 76132  
T: 888-782-6966  
W: [www.symetriarecovery.com](http://www.symetriarecovery.com)

**Hours:** 24 hours by phone

**Mission:** We believe in treating the whole person, not just the addictive behavior.

**Services:**
- Medication Assisted Treatment
- Intensive Outpatient Programs
- Day Treatment
- Behavioral & Psychiatric Services
- Family counseling & Support Groups
- Relapse Prevention and Continuing Care
- Dual Diagnoses Treatment
- Suboxone and Methadone Options Available

**Criteria for Referral:**
- Insurance, Medicare, Private Payment Accepted
- Web form submission
- Phone call to number above to finish completing an initial intake.
RE-ENTRY PROGRAMS

MILES OF FREEDOM
2922 Martin Luther King Jr. Blvd, Building A, Suite 118
Dallas, TX 75215
T: 214-290-2337  W: https://milesoffreedom.org/
E: contact@milesoffreedom.org
Hours: 9:30am-4pm, Monday- Friday

Mission: To Equip, empower, and employ individuals returning home from prison and provide support and assistance for families and communities impacted by incarceration. Bridging the gap from prison to promise.

Services:
• Re-entry assistance Services- job readiness workshop
• Bridging the Gap Shuttle Service- Keeping families connected during incarceration
• Miles of Freedom Lawn Care Service
• Men/Women of Future- Youth mentorship program

Criteria for Referral:
• Call for referral process

OASIS CENTER
4131 N Central Espressway, ste 900, Dallas, TX 75294
Administrative Office: (972) 437-3801  Program Office: (214) 426-0902
W: http://www.oasisctr.org  Hours: Mon-Fri 9am-5pm

Mission: Offers multiple programs to reduce recidivism of first-time youth offenders. The D.A.’s AIM Program includes eligibility for the expungement of criminal records of first-time youth offenders ages 17-27 years of age.

Services Offered: One on one, group, and peer coaching and support are also available. Help formulate personal life plan for expungement certificates, petitions of non-disclosure, employment interviewing, job placement, and job retention. Job Readiness Work Camp serves as a prerequisite for the South Dallas Employment Project and for free vocational certifications

Application: Please see website for application under Job Readiness Work Camp.
Mission: Under the stewardship of Bishop T. D. Jakes, The Texas Reentry Initiative (T.O.R.I.) was launched in January 2005 to provide hope – in the form of tangible solutions – for the countless men and women returning to society after incarceration. Whether an individual needs assistance obtaining housing, employment, education, or healthcare, among other services, T.O.R.I. provides dedicated support that helps former inmates acclimate back into society.

Services Offered:

- Healthcare Access
- Education- access to diverse training programs, job readiness training and GED classes
- Employment- skills assessments and job placement for clients enrolled in case management component
- Family Reunification Services
- Case Management/Mentorship (12-month program)
- Housing- assisting participants in accessing affordable housing; through a partnership with the Dallas Housing Authority is able to provide participant who graduate with a T.O.R.I. Completion Certificate in securing Section 8 vouchers for income based housing

Eligibility Requirements:

- Adult males and females experiencing hopelessness, unemployment, lack of support, social, psychological, and/or substance abuse issues due to their criminal backgrounds that may be hindering them from successful re-entry into their homes and communities
- Client must have valid state ID and Social Security Card
- Pay one time $5 administration fee

Application by Walk in or call the intake specialist at (214) 941-1325 ext 101
THE WAY BACK HOUSE
2728 Holmes St Dallas, TX 75215
W: https://thewaybackhouse.org/   E: info@thewaybackhouse.org
Hours: 8am-3pm, Monday- Thursday; 8am-1pm, Friday

Mission: To provide resources and opportunities for released offenders to establish themselves as residents of a free-world community.

Services:
- Job search assistance
- Housing referrals
- Clothing closet
- Programs for incarcerated men and women
- Case management and supportive services

Criteria for Referral:
- Formerly incarcerated seeking resources and assistance in building a stable and productive life.

Intake/Application: Please call (214) 352-5674 ext 14 or visit their website to submit a contact form to request an evaluation.
UNLOCKING DOORS
High Point Center (headquarters) 3500 Noble Ave (Tarrant County)
12225 Greenville Avenue Ste 850 Dallas, TX 75243 Fort Worth, TX 76111
Hours: Mon-Fri 9am- 5pm E: info@unlockingdoors.org

Mission: Unlocking Doors is a comprehensive statewide diversion and reentry brokerage network that is committed to reducing crime and the ever-escalating fiscal impact to the State of Texas and its communities through coordinated collaboration, partnership, public awareness, reporting of evidence-based data and predictive trends, education, and training.

Services offered: needs/risk assessments, community collaboration, education, skill building/training, support, and referrals to community resources

Eligibility: must be 18 yrs or older with criminal history.

Intake: call and schedule an intake appointment or walk in Mon-Thurs 9am-4pm.

Client must bring valid Texas photo I.D., social security card, birth certificate, current probation officer contact in or current parole certificate, and one-time only $5 intake processing fee. Applications will not be considered until the $5 intake fee is considered; payment is accepted via Cashapp (+$0.14), Venmo (+$0.20), Zelle, cash, or cashier’s check in the mail.
CRISIS SERVICES

ABIGAIL’S ARMS
1600 Aspen, Gainesville, TX. 76240.
T: 940-665-2873 Crisis Hotline
W: www.abigailsarms.org  Email: info@abigailsarms.org
Intake specialists are on staff 24Hrs to assist. Prefer clients call to schedule appointment but walk-ins are still accepted; masks required for entry.

Mission: Abigail’s Arms strives to “Assist every child and person to be a part of a healthy family or support system.”

Services Offered: Prevention education, child advocacy center of Cooke County, 24hr temporary emergency shelter and refuge for victims of domestic violence and sexual abuse, Support, Therapy/case management and emergency hotline. Shelter services include assistance with accompaniment to the courts, hospital, or law enforcement meetings, victim liaison, individual, crisis and child counseling, protective order screenings, information and referral, and support groups among other services.

Intake: No appointment necessary for immediate face to face crisis intervention and support.

ADAPT COMMUNITY SOLUTIONS
T: 866-260-8000
W: http://www.adaptusa.com/service-locations/community-solutions/
Services: 24/7 Crisis hotline and mobile team available for anyone in crisis in the North Behavioral Health Authority Service delivery area. Diversion and continuity of care for individuals in the Dallas County Jail and Dallas area psychiatric emergency departments. Telehealth/telephone based, mobile response, and clinic based service modalities for reach people.

Intake: Call the crisis line available 24 hours a day 7 days a week
AGAPE RESOURCE AND ASSISTANCE CENTER
1325 19th St
Plano, TX 75074
T: 469-814-0453  E: info@hope4agape.com  W: https://www.hope4agape.org/

Mission: Agape provides transitional housing and support services to women and women with children who are homeless due to domestic violence or sex trafficking. The agency seeks to empower single women, mothers and their children living in Collin County in overcoming crisis and achieving self-sufficiency.

Services: Housing assistance, childcare and development, workforce preparation, job training, financial management, and assistance with reliable transportation.

Eligibility: No history of substance abuse or have maintained sobriety for the past 12 months, no unmanaged chronic physical or mental health conditions, maintain a paying job, agree to a criminal background check, and are the result of situational/circumstantial events (ex: loss of job, inadequate income, domestic violence etc).

Intake: Call directly for assistance or visit www.hope4agape.com

ALCOHOLICS ANONYMOUS
4407 N Beltwood Pkwy, Suite 110, Farmers Branch TX 75244
W: www.aadallas.org
T: 214-887-6699, also a 24 hour line

Mission:its members to stay sober and help other alcoholics achieve sobriety

Services: Supportive meetings and literature to assist in achieving sobriety. Available in Spanish and American Sign Language.

Criteria for Referral: Desire to change where they are with their drinking problem. Go online or call the number listed above to find your local meeting and dates of meetings.
**BRIGHTER TOMORROWS**

Shelter address confidential - Irving, TX 75061  
T: 972-254-4003  24-hr 972-262-8383  
www.brightertomorrows.net  

**Hours:** Shelter is open 24 hours a day, 7 days a week;  
Resource and counseling center is open M-F, 8am – 5pm

**Mission:** Brighter Tomorrows provides transitional housing in a two-year program to help survivors of domestic violence and sexual violence by establishing financial stability. Life skills classes, budget planning, parenting classes, support groups and individual counseling services are offered in an effort to advance the goal of moving residents into permanent safe housing. Clients may apply online at [http://www.brightertomorrows.net](http://www.brightertomorrows.net) or call the contact number above.

**Services Offered:** Full-service emergency shelter for victims of domestic violence; 24hr crisis hotline, crisis counseling; support groups; court and hospital accompaniment; community education; licensed therapy for sexual assault; protective orders; childcare and assistance with employment

**Requirements:**
- Individuals must be alcohol and drug free
- Individuals must be working or able to work
- Must have minor children under the age of 18 years old
- Must be fleeing domestic violence (with documentation to support these claims)
- Clients must abide by facility rules

**Intake:** Please call the 24 hour hotline or submit a request to contact form on their website

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**DALLAS AREA RAPE CRISIS CENTER**

National Sexual Assault Hotline (RAINN) T: 1-800-656-4673  
24-Hour Crisis Hotline T: 972-641-7273  
Clinical Offices 2801 Swiss Ave Dallas, TX 75204  
E: info@dallasrapecrisis.org  W: [https://www.darcc.org/](https://www.darcc.org/)

**Mission:** Dallas Area Rape Crisis Center (DARCC) provides survivors and their loved ones the resources they need to reclaim their lives. DARCC has licensed staff and trained advocates to help those impacted by sexual violence navigate the journey of healing in a safe and confidential environment.

**Services:** DARCC’s offers comprehensive outreach services to include counseling, crisis intervention, prevention and education programs to the community.

**Intake:** Please call or for assistance and guidance
DENTON MHMR CRISIS SERVICES
2519 Scripture PO Box 2346 Denton, TX 76201
1001 Cross Timbers Road, Ste. 1250 Flower Mound, TX 75028
T: 940-381-5000 (Denton) 214-488-0121 (Flower Mound) W: https://www.dentonmhmr.org/

Crisis Line: 1-800-762-0157 if you are experiencing a mental health crisis in Denton County

Mission: Denton County MHMR Center enhances the quality of life of the individuals served and their family members.

Services: MHMR provides mental health services, services for individuals with intellectual/developmental disabilities, crisis services, and addiction services. MHMR runs a 24hr hotline for crisis services, has a mobile crisis outreach team to provide clinical assessments 24/7 in Denton County, a psychiatric triage facility for walk in assessments, Mobile Licensed Chemical Dependency Counselor, Crisis outpatient, inpatient and residential services, a hospital and court liaison for coordinated care and an Assertive Community Treatment Team for individualized treatment.

Intake: For other questions about services please call 940-381-5000 or visit their website.
FRIENDS OF THE FAMILY
PO Box 640, Denton, TX 76202
T. 940-387-5131    F. 940.383.1816
E: info@dcfof.org    W: www.dcfot.org
24-hour Crisis Hotline (940) 382-7273 or (800) 572-4031 or text (940) 382-7273

Mission: Friends of the Family offers emergency shelter for survivors of relationship violence, rape and sexual assault. Persons seeking shelter may call the crisis line 24 hours a day, 7 days a week, at 800-572-4031 or 940-382-7273.

Eligibility for shelter: will be determined based on safety concerns related to relationship violence or sexual assault, resulting in the person having no safe place to stay. In the event a caller is not eligible for our shelter, referrals to other local resources will be provided.

Services Available at Shelter
- Adult Advocacy and Case Management
- Child Advocacy and Case Management
- Crisis Intervention
- Individual Counseling
- Youth After School Program
- Play Therapy and Adolescent counseling
- Parenting and Healthy Relationship Groups
- Basic Needs
- Pet Shelter

Intake: All Intakes must come through the crisis line or outreach office. Denton Outreach office located at 4845 S I-35 E, Suite 200 Corinth, TX 76210, open Mon-Thu 8:30am-8pm, Fri 8:30am-5pm and Sat 10am-2pm.
HOPE’S DOOR NEW BEGINNING CENTER
860 Ave F. St. 100 Counseling Outreach Center Garland Outreach Center
Plano, TX 75074 860 Ave F. Suite 100 218 North 10th Street
T: 972-422-2911 Plano, TX Garland, TX 75040
F: 972-423-4154 T: 972-422-2911

24 Hour Hotline: (972) 267-2911 W: www.hdnc.org

Mission: Hope’s Door New Beginning Center exists to help individuals and families escape and heal from domestic abuse, dating abuse and family violence through our free trauma-informed services.

Services Offered:
- **Emergency Shelter** (2 undisclosed locations that can house up to 55 women and children) male victims with children can be served as well but are housed in a hotel
- **Transitional Housing**- HUD funded, income-based apartments are available through this program for qualified families transitioning for the agency’s emergency shelter
- **Project Hope** (partnership with Collin County’s DA’s office to provide victim advocacy and legal education)
- **Individual and Sexual Abuse Survivors Counseling**
- **Youth and Adolescent Counseling**
- **Intensive Case Management Services**
- **Batter’s Intervention and Community Educational Services**

Hours: Hotline and shelter: 24 hours every day of the week
Counseling for victims: Mon – Thu 8:00a- 5:00p; Counseling for batterers: Mon 12pm-3pm, Tue 1pm-3pm (Plano) Thu 1pm-5pm and Fri 1pm-3pm (Garland)
Outreach Center Mon – Fri 9am-5pm; Closed Sat - Sun

Eligibility Requirements: Must be individual or families fleeing domestic violence
If you are in immediate danger, please call 911 or our 24-hour crisis hotline at 972-276-0057.
LIFEPATH SYSTEMS
McKinney Outpatient Clinic: 1515 Heritage Drive, McKinney, TX 75069
Plano Outpatient Clinic: 7308 Alma Drive, Plano, TX 75025
T: (972) 562-0190 (McKinney) W: https://www.lifepathsystems.org/
Crisis Hotline (877-422-5939) available 24/7 for Collin County residents

Mission: Lifepath Systems’ serves families that are impacted by behavioral health, intellectual or developmental challenges to help build strong communities.

Services: Crisis Outreach: Lifepath Systems has a mobile crisis outreach team, suicide response and prevention programs, crisis center, substance use services and psychiatric inpatient placements for uninsured or low-income clients

- Child/Family Services: Counseling and case management, early childhood intervention, family education and support, and specialized programs for teens
- Adult Services: Substance use disorder treatments, resource navigation, peer and employment support, housing support, jail diversion, counseling and medical services and suicide prevention/response.
- Intellectual and Developmental Disabilities: crisis services, supported employment, Medicaid funded IDD services, IDD Medicaid waiver program interest list, and service coordination

Application/Intake: Lifepath accepts Medicaid, Medicare, and Children’s Health Insurance, as well as many private insurances. Sliding scale payment options are available for uninsured clients, and many services may be free for those 150% below Federal Poverty Guidelines. Please call for more options or to schedule an appointment
TEXAS MUSLIM WOMEN’S FOUNDATION
P.O. Box 863388, Plano, TX 75086
T: (24-hour hotline) (972) 880-4192  E: tmwf@tmwf.org  W: https://tmwf.org/

Mission: Culturally sensitive and trauma informed care that specializes in helping Muslim women and immigrants escape domestic abuse.

Services: Services offered include emergency shelter at an undisclosed location, transitional housing, HUD rapid rehousing programs. Youth programs are available also. Emergency financial aid, advocacy for women and refugees, and support programs are available. 15+ languages spoken.

Eligibility/Requirements: While uniquely tailored to the needs of Muslim families, TMWF does not discriminate against anyone based on age, race, religion, color, gender, disability, sexual orientation or national origin.

Application: Please call their crisis hotline at (972) 880-4192 for assistance.

THE TURNING POINT - COURTNEY’S SAFE PLACE
3325 Silverstone Dr Plano, TX 75023
T: (972) 985-0951 F: (972) 612-2582 W: https://www.theturningpoint.org/csp
24 hr Crisis (800) 886-7273 Open 9am-5pm

Mission: Turning Point provides counseling, education, advocacy, and comprehensive treatment for the survivors of sexual violence.

Services: Turning Point provides crisis intervention, legal and medical advocacy, counseling, education, and outreach to communities.

Courtney’s Safe Place: CSP provides a safe place for adults ages 17+ of all genders, who are not under the influence of any intoxicants, in need of emergency medical services or crisis intervention and have experienced sexual assault in the last 120 hours. Courtney’s SAFE Place is staffed with sexual assault forensic examiners (SAFEs) and advocates. All staff have received extensive training in trauma-informed care and treat patients with respect and dignity.

If an adult (18 and older) sexual assault victim is not ready to get police involved, they still have the option to have a sexual assault examination conducted. No police report is required.

Open 9-5 M-F, appointments are required to be seen outside office hours

Intake: Please call 1-800-886-7273 to make an appointment outside office hours for Courtney’s Safe Place. Please visit their website or call their office for more information.
MISSION: The mission of Victim Relief Ministries (VRM) is to provide physical, emotional and spiritual support to victims, their families, and friends in times of crisis brought on by natural disaster, crime, accident, illness, and abuse. From hurricanes to tornadoes to wildfires to floods, VRM has responded to all types of disasters and works with local government officials to help the people affected by these disasters.

SERVICES OFFERED:
- Assist victims in establishing security and safety
- Provide repair and clean up to damaged residence
- Provide emergency transportation and vehicle repairs
- Provide accompaniment to hospitals, courts and other agencies
- Provide emergency food, furniture and clothing
- Provide emergency financial aid
- Provide bilingual language assistance
- Assist in referring victims to other service agencies
- Provide comforting and grief counseling
- Provide spiritual care by Chaplains
- Connect victim with a local congregation
- Maintain contact with the victim to monitor recovery

ELIGIBILITY REQUIREMENTS:
- Clients must be referred by police or partnering agency
- Client must attend in-person interview and intake
- For verifiable victims of crisis and natural disaster only
**WISE HOPES**
608 North Business 81-287 Decatur, TX. 76234
**Thrift store address:** 1117 Halsell St. Bridgeport, TX. 76426. 10am-5pm Mon-Sat.
**24 Hour Hotline:** (940) 626-4855  **T:** (940) 626-4585  **F:** 940-626-4117
**E:** Decatur- help@wisehope.org  Jacksboro- jacksboro@wisehope.org
**Hours:** Mon-Thurs 9am-5pm, Friday 9am-3pm. Other times by appointment only.

**Mission:** Wise Hope Shelter & Crisis Center is dedicated to providing compassionate, comprehensive services to any person impacted by rape, sexual abuse, domestic violence, dating violence and/or stalking while partnering with our community to promote safety, healing and prevention.

**Services Offered:** 24 hour crisis hotline, crisis intervention, victim advocacy, police/hospital accompaniment, protective order, assistance, temporary shelter, info and referral, legal advocacy, Crime Victims Compensation Assistance, victim impact statements, licensed professional counseling, day and evening support groups, community education and prevention.

**Intake:** Please contact their 24 hour hotline for emergency assistance or call (940) 626-4585 to schedule an intake appointment. Law enforcement may also contact Wise Hope at the request of victims.

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**WOMEN CALLED MOSES**
P.O. Box 381923 Duncanville, TX 75138
**Hotline:** (972) 298-1155  **T:** (972) 298-1155
**W:** https://www.wcmcares.org  **E:** info@womencalledmoses.org

**Mission:** Women Called Moses was created to be an underground railroad for survivors of domestic violence. We seek to prevent and end the cycles of domestic violence through education, research, resources and advocacy programs which are provided to individuals, families, communities, corporations and coalition non-profits agencies throughout the United States.

**Services Offered:** Emergency shelter for survivors and their children, court advocacy and crisis counseling.

**Call for application process, openings and address.**
**LEGAL ASSISTANCE**

**HOUSING CRISIS CENTER**
4210 Junius St., Dallas, TX 75246-1429  
**T:** 214-828-4244  **F:** 214-466-7209  
**E:** hccdallas@hccdallas.org  **W:** www.hccdallas.org

**Mission:** The mission of the Housing Crisis Center is to prevent homelessness and to stabilize those at risk in decent, affordable, and permanent housing, and to empower them to solve their own housing problems in the future.

**Legal Clinic** - Every second and fourth Wednesdays of each month; first come, first served on walk in basis starting at 5PM on a first come/first served basis, early sign ups are strongly encouraged (form available on their website).

**Eligibility Requirements:** verification of residency; verification of financial hardship and/or veteran status; current photo ID and social security card; any relevant legal documentation. Please call (214) 828-4244 for more information.

**HUMAN RIGHTS INITIATIVE**
2801 Swiss Ave. Dallas, TX. 75204  
**T:** 214-855-0520  
**W:** 214-855-0520

**Mission:** HRI of North Texas provides legal and support services to refugees and immigrants who have suffered human rights abuses. We also advocate for justice and promote international human rights for all.

**Services Provided** - limited to clients living in North Texas Area Legal Services- Seeking Asylum, relief under violence against women, human trafficking social services, undocumented witnesses/survivors of serious crimes and undocumented children who have been abused or abandoned.

Application/Intake: Must live in North Texas and be at or below 150% of the Federal Poverty Guidelines. Available by appointment only. Please call for assistance.
LEGAL HOSPICE OF TEXAS
1825 Market Center Blvd ste 550 Dallas, TX 75207
T: 214-521-6622   F: 214-521-3310
E: info@legalhospice.org   W: https://legalhospice.org/   Hours: Mon- Fri 9:00 am – 5:00 pm

Mission: Legal Hospice of Texas provides timely and compassionate legal services, at no cost, to low-income individuals with terminal illnesses or HIV disease.

Services offered: vocational issues, insurance, disability claims, public benefits, employment issues, housing issues, credit issues, and estate planning

Eligibility Requirements: must be diagnosed with HIV/AIDS, selected chronic illness, terminal illness or be in the “end stage” of an illness. Must meet income requirements for individual or household, must have a legal issue, and must reside in one of the following counties: Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Henderson, Hood, Hunt, Johnson, Kaufman, Navarro, Parker, Rockwall, Tarrant

Intake/Application Process: referrals through medical case manager or Ryan White case manager. Client can also inquire online. An intake specialist will contact client after inquiry or referral has been sent.

Clients must bring: I.D., social security card, birth certificate, and letter of diagnosis. The intake specialist will inform client of what else to bring to appointment

LEGAL AID OF NORTHWEST TEXAS
1515 Main St Dallas, TX 75201
T: 214-748-1234   W: https://internet.lanwt.org/home   Hours: Mon-Fri 8am-5pm

Mission: Legal Aid of Northwest Texas is a nonprofit organization that provides free civil legal services to low-income residents in 114 Texas counties throughout North and West Texas.

Eligibility: Must be a citizen or a legal resident. Must fall between 125% but not higher than 200% of the federal poverty guidelines. Must reside within the service area (call to verify)

Intake: Call to schedule an intake in the office, call and complete an intake over the phone, or complete application online.
UNT DALLAS COLLEGE OF LAW
4716 Elsie Faye Heggins Street Dallas, Texas 75220 (Frazier)
511 North Akard, Suite 102 Dallas, Texas 75201 (Downtown at Citywalk)
T: (469) 351-0024 (Frazier) (214) 855-7892 (Citywalk)
E: webmster@untdallas.edu W: https://lawschool.untdallas.edu/

Mission: UNT Dallas College of Law is the new Community Lawyering Center in your neighborhood makes getting legal services easier.

Services: You can get legal assistance with many kinds of legal matters at a Community Lawyering Center. Here are some examples:

· Housing/evictions
· Family law
· Child support
· Child custody
· Immigration
· Wills and probate

Intake: Call to set up a meeting. The best way to find out if you can get help with your legal concern is to call and talk with one of their representatives.
OTHER, MISCELLANEOUS SERVICES

AUTOCARE HAVEN
4841 Tremont St, Dallas, TX 75246
T: (972) 445-7360 W: https://autocarehaven.org/
Hours: Mon-Fri 9am-5pm

Mission: Autocare Haven strives to ease the financial burden of vehicle repair and make it accessible for everyone in North Texas.

Services: Autocare Haven connects clients to mechanics for vehicle repair through donated funds.

Eligibility: Senior citizens, single parents, veterans, and low income households must have qualified auto insurance coverage on the vehicle, a valid driver’s license, verifiable income, and residency in Dallas, Collin, or Rockwall County.

Application: Please fill out their application on their website if you meet all the criteria. Applications may be closed at the moment due to high volume, please check for availability.

BEDSTART
P.O. Box 866322 Plano, TX. 75086-6322
E: director@bedstart.org W: https://bedstart.org/

Mission: The highly unique Bed Start ministry goes beyond existing charities, nonprofit organizations, and collection sites to partner with and all in poverty, crisis, or need, requiring furnishings and other household items.

Services: Home starter kits with home furniture essentials and providing gently used or new furniture.

Intake: A form can be filled out on their website, and they will let you know when that item can be collected.
**BRYAN'S HOUSE**
3610 Pipestone Rd. Dallas, TX. 75212
W: [www.bryanshouse.org](http://www.bryanshouse.org)   T: 214-559-3946  **Hours:** 7am-6pm Monday-Friday

**Mission:** Bryan's House serves children with medical or developmental needs and their families by providing specialized childcare, respite care and social services.

**Services:**
- Case management services
- Financial Education Classes
- Emergency Financial Assistance
- Parent Support Groups
- Donated good Distribution
- Adopt-a-Child School Supply Program
- Adopt-a-Family Holiday Program
- Family supportive services
- Intensive Social Services
- Case management
- Early Childhood
- Direct Childcare and respite

**Criteria for Referral:**
- Intake for initial screening by phone 214-559-3946

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**COMMUNITY COUNCIL AND DALLAS AREA AGENCY ON AGING**
1341 W. Mockingbird Lane, Suite 1000 (West Tower) Dallas, TX 75247
T. 214-871-5065   W: [https://www.ccadvance.org/](https://www.ccadvance.org/)
**Hours:** Mon-Fri 8:30am-5pm

**Mission:** The Community Council exists to provide leadership and solutions to human service needs by partnering with community-based agencies to coordinate service delivery and access to services for those in need.

**Services Offered:**
- Link to Texas 2-1-1 comprehensive database of services
- Community Youth Development (CYD) program offering mentoring, recreation and educational support to youth ages 10-17 from zip codes 5216 to 75217
- Dallas Area Agency on Aging offering support services for seniors 60 years and older to include benefits counseling, care coordination (in-home care, incontinence supplies, adaptive home care needs), transportation, health management classes and home delivered meals

**Call directly for eligibility information and to schedule an appointment**
DALLAS COUNTY HEALTH AND HUMAN SERVICES (DHHS)
2377 N. Stemmons Fwy. Suite 201 Dallas, TX 75207-2710
Hours: Mon – Fri 7:45 am – 5:00 pm

Mission: The mission of the Dallas County Department of Health and Human Services is to protect the health of the citizens of Dallas County through disease prevention and intervention, and through promotions of a healthy community and environment. This is done through assessment, community input education, disease monitoring, regulation, and human and financial services.

Services Offered:
- Immunization Clinic
- HIV/STD Testing (call (214) 819-1819 for more information)
- CEAP (Comprehensive Energy Assistance Program): utility assistance for elderly, disabled, and working poor; Call to verify availability of funds T214.819.1848
- Dallas County Housing Agency -Section 8 Housing Assistance, Call for waitlist availability T 214-819-1871
- Home Loan counseling, Call for more information T 214-819-6060

Intake/Application: Please call your specific program of interest for more information or visit their website for a full list of services.

DRESS FOR SUCCESS DALLAS
Located in Prism at Midtown
5580 Peterson Ln Suite 155 Dallas, TX 75240
Hours: Monday, Wednesday, Fridays 10am -3pm, every 3rd Sat 10am-11am
Office Closed: Tuesdays & Thursdays

Mission: Their purpose is to offer long-lasting solutions that enable women to break the cycle of poverty. Dress for Success is part of a global movement for change, empowering women to obtain safer and better futures. They provide women with professional attire to secure employment and development tools to help women thrive in work and in life.

Services: Provides business and professional clothing, employment retention and professional skill building, job training and professional development, and career advisors to help women strengthen their resumes and interview skills.

Eligibility Requirements: Once a client has received an interview notice, she can reach out to the following contacts to obtain a referral to visit the boutique to shop for an outfit: Dr. Lauren Freeman lauren@dressforsuccessdallas.org
FAMILIES TO FREEDOM
P.O. Box 1226, Addison, TX, 75001
T: 972-885-7020 E: familiestofreedom@gmail.com W: https://www.familiestofreedom.org/
Helpline: (833) 903-SAFE

Mission: Unfortunately, many victims of domestic violence are unable to flee to safety due to lack of transportation, Families to Freedom attempts to solve this problem by providing those fleeing with a safe method of transportation.

Services Offered: Assists those who are fleeing domestic violence by providing them with a ride to the shelter, driving them to a family members home in another state, giving them a fuel card to assist as they make the journey themselves, or by giving clients a bus or train pass to escape to family that lives farther away.

Application: Phones are open from 8:00am to 5:00pm Monday-Friday. From North Texas call 972-885-7020. From Houston call 346-386-6767.

HOUSING FORWARD (MDHA)
2900 Live Oak St Dallas, TX 75204
T: 972-638-5600 F: 972-683-5621
W: https://housingforwardntx.org/help-resources/ E: info@housingforwardntx.org

Mission: The Metro Dallas Homeless Alliance is a non-profit organization leading the development of an effective homeless response system that will make the experience of homelessness in Dallas and Collin Counties rare, brief, and non-recurring.

Action: Under the national strategic plan to end homelessness, commissioned by Congress and the President, Opening Doors, the Metro Dallas Homeless Alliance is charged with transforming homeless services into a crisis response system that prevents homelessness and rapidly returns people who experience homelessness to stable housing.

Please visit their website for information on warming/cooling stations, directories of social services and resources, government housing, general and employment services, childcare and youth resources, physical/mental health services, and resources for alcohol and substance abuse.
MEALS ON WHEELS (VISITING NURSES ASSOCIATION)
1600 Viceroy Drive, Suite 400, Dallas, TX 75235
T: 214.689.0000    F: 214.631.7554
E: mow@vnatexas.org    W: www.vnatexas.org

Services Offered: provides hot, nutritious, prepared meals five days a week delivered to Dallas County residents who are unable to prepare meals for themselves due to illness, advanced age or disability

Eligibility Requirements: be over the age of 60 or disabled; be unable to drive or leave your home without assistance; limited financial resources; live in Dallas County. If clients would like to self pay, it is $6.00 per meal. Delivered Mon-Fri between 10:30am and 1:30pm.

Application Process: Complete application form, which can be found online. Send it via fax to 214-631-7554 or email getmeals@vnatexas.org.

PETS OF THE HOMELESS
T: (775) 841-7463    W: https://www.petsofthehomeless.org/    E: info@petsofthehomeless.org

Services Offered: A national nonprofit that provides pet food and veterinary services to the pets of people experiencing homelessness. They also have special programs for homeless veterans.

Application: Resources are listed on the website and can be searched for by area, including local homeless shelter that board pets. Case managers for emergency veterinary care are available to take new cases Mon-Fri 9am-3pm.
REBUILDING TOGETHER NORTH TEXAS
P.O. Box #251687 Plano, TX 75025
T: (972) 245-6900  W: https://rtntx.org  E: office@rtntx.org

Mission: RTNT is a small nonprofit that assists vulnerable populations with necessary home repairs to ensure they are living in safe, habitable homes.

Services: RTNT addresses hazards affecting the safety, health, and/or accessibility of homes owned by low-income homeowners free of charge for qualifying homeowners.

Eligibility: Must be fall under one or more categories:

- Be a senior aged 60 or older.
- Be an honorably discharged veteran or surviving spouse of an honorably discharged veteran.
- Be disabled and receiving SSDI or have a physician’s statement.
- Be a family with dependent children residing in the home.

And must meet ALL of these qualifications:

1. Be living on a very low income according to HUD guidelines
2. Own a single-family home with no liens on the property
3. Live in the home
4. Be within our service area (Dallas, Collin, Denton, Tarrant, and Rockwall counties)
5. Be current with real estate taxes or have a written agreement for all delinquent real estate taxes
6. Commit to joining our volunteers to the best of your ability as we work on your home

Copies of your ID, income verification, statements of any assistance received from any household member and documentation of disability or veteran status if applicable are required.

Application: Please visit their website for more information and document requirements. Applications for assistance are closed for 2023.
**SENIOR SOURCE**  
3910 Harry Hines Blvd., Dallas, TX 75219  
T. 214-823-5700  F. 214-826-2441  W: [https://theseniorsource.org/](https://theseniorsource.org/)  
**Hours**: Mon-Fri 8:00am-5:00pm  **E**: info@theseniorsource.org

**Mission**: The overall goal of The Senior Source is to enhance the overall quality of live and empower all older adults in Dallas to thrive.

**Services Offered**: Support groups, financial assistance, relocation, housing, hospice, caregiver support, transportation resources, housekeeping services, legal services, end of life planning, and mental health services, notice of fraud and scams targeting seniors, resume writing, interviewing skills, and navigating effective job searches, including utilizing social media.

**Eligibility Requirements**: Must be over 60 years of age.

**Application Process**: Please call or submit a request to contact form on their website for more information

**Clients Must Bring**: Photo ID and proof of income

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**SINGLE PARENT ADVOCATE**  
W: [https://singleparentadvocate.org/](https://singleparentadvocate.org/)

**Mission**: We are a nonprofit that reaches out to help single parents, their children, and their support organizations. On this website you will find links to resources that provide strong and suitable aid for families that are government, non-profit and faith-based solutions.

**Services Offered**: resources for single parents on their website.