



HOMEBASE
FOR HOUSING

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www.homebaseforhousing.org

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AGENCY DESCRIPTION

T= Telephone Number E=Email F=Fax W=Website

HOUSING PROVIDERS

AIDS SERVICES OF DALLAS

Administrative Office: 400 S Zang Blvd Suite 210, Dallas, TX 75208

Housing intakes are done at various locations

T: (214) 941-0523 **F:** 214.941.8144 **W:** <https://www.aidsdallas.org/>

Mission: ASD Services of Dallas provides housing and support services for low income and homeless individuals and families living with, impacted by, or at risk of HIV/AIDS

Services: Income Based Permanent Supportive Housing, Housing-Based Case Management, Meal Programs, Transportation, Medical Case Management and Home Health Care

Eligibility Requirements:

- HIV/AIDS Letter of Diagnosis Signed by a Doctor
- 3rd Party Homeless Verification Letter (If Applicable)
- Verification of Income for all Household Members
- Valid Texas I.D. for all Adult Household Members
- Social Security Card and Birth Certificate for all Household Members
- Proof of Dallas County Residence
- NO Sex Offenders, Arson Convictions, or Meth Manufacturing Convictions

Intake: Call Micheal Andrews (Intake Specialist) or Shakeisha Shaw to schedule an appointment. We do not accept walk-ins.

- The Bridge: 1818 Corsicana St, Dallas TX 75201 (Every Wednesday and Every 1st, 3rd, and 4th Monday of the month)
- Access and Information Network (AIN): 2707 N. Stemmons Fwy, Dallas, TX 75201 (Every 2nd Wednesday of the month)
- Hillcrest: 834 N. Marsalis Ave. Dallas, TX 75203

AGAPE RESOURCE AND ASSISTANCE CENTER

P.O Box 861664 Plano, TX 75086-1664

T: (469) 814-0453 **E:** info@hope4agape.com **W:** <https://www.hope4agape.org/>

Mission: Agape provides housing and transitional services to homeless single women, moms, and their children that empower them to move from homelessness and crisis to fulfilling, self-sustaining lives.

Services: Stable Housing, Childcare and Development, Workforce Preparation, and Reliable Transportation

Eligibility Requirements:

- No history of substance abuse or be at least 12 months sober
- Have a paying job and be willing to continue to work
- Be able to pass a criminal background check
- Experiencing homelessness at the result of situational/circumstantial events
- Agape is not equipped to assist with unmanaged, chronic physical or mental health conditions

Intake: Call directly for assistance or visit www.hope4agape.com

AUSTIN STREET CENTER (SHELTER MINISTRIES OF DALLAS)

1717 Jefferies St, Dallas, TX 75226

T: (214) 428-4242 **F:** 214.428.8158 **W:** <https://austinstreet.org/>

Hours: Open 24 hours a day, 7 days a week

Mission: Austin Street Center provides safe shelter and meets the basic needs of the most vulnerable homeless.

Services: Emergency Shelter Day and Night, Basic Needs, Employment Services, Spiritual Support, Medical Health and Respite Care, Mental Health Crae, Substance Use Treatment, Benefits Navigation, Housing-Focused Case Management, Homelessness Diversion Services, and Transportation Assistance

Eligibility Requirements:

- Men aged 45 and older AND women aged 18 and older
- Do not accept children
- Adults must have a photo I.D.
- Do not accept sex offenders
- Maximum of two bags per client, each weighing a maximum of 25 pounds

Intake: Men and women walk-up intakes are 11am to 4pm Monday through Friday. Walk-up individuals may enter the Welcome Center as early as 8am and are encouraged to arrive as soon as possible as the beds are typically filled up by 12pm. Walk-ups are based on a lottery system. Clients must be back at the shelter every night by 6pm.

THE BRIDGE

1818 Corsicana St. Dallas, TX 75201

T: (214) 670-1507 **W:** <https://www.bridgehrc.org/> **E:** info@bridgehrc.org

Hours: 7 days a week, 24 hours a day, 365 days a year

Mission: To empower adults experiencing homelessness in Dallas with the tools to homeless recovery as they move into sustainable housing.

Services: Emergency Shelter, Transitional Housing (3-6 months), Meals, Counseling Services, Safe Restrooms and Showers, Barber Services, Computer Access, Government I.D. Attainment, Mail Services, One on One Case Management, Employment Help, and Free On-Campus Healthcare Clinic

Intake: Guests are required to meet with an intake specialist when they first arrive and will help you with information, referrals for the night shelter, and other recovery services. They will connect you with a Care Manager and provide you with a Bridge I.D. that will allow you access to the campus. Intakes are available between 6am to 7pm every day of the week. A kennel is available for guests who arrive with animals.

BRIDGES CAN HELP

800 W Belt Line Rd, Cedar Hill, TX 75104

T: (214) 940-0951 **E:** info@bridgescanhelp.org **W:** <https://bridgescanhelp.org>

Mission: Bridges Safe House is committed to providing a nurturing environment that is conducive to growth and recovery. We believe that every mother and her family deserve a second chance, and we strive to make that possible through our customized programs and services. Our compassionate staff works tirelessly to help our clients get back on their feet and achieve goals, no matter how big or small.

Services: Emergency Shelter, Transitional Housing, Meals, Access to Childcare, Diaper Pantry, Parenting Classes, Job Assistance, Life Skills, and Spiritual Classes

Eligibility Requirements: Different housing programs have different eligibility requirements to be accepted. Please call or refer to the website.

Intake: Apply online at <https://bridgescanhelp.org/> by clicking on “Get Help” then complete an intake application.

CARE CENTER MINISTRIES

7912 Antoinette St. Dallas, TX 75217

T: (214) 824-9852 **E:** info@carecenterministries.org **W:** <https://www.carecenterministries.org/>

Hours: Monday – Saturday 9am to 4pm

Services: One-year faith based residential programs for men with life controlling issues like alcohol and substance abuse or behavioral dysfunction, including criminal history. One faith-based residential program for battered and addicted women that provides refuge, training, and a faith based 12-step program.

Eligibility Requirements: Men and women eligibility requirements may differ please call or email to get specific requirements for each program.

Intake: Please fill out the pre-screening application form on the website for your chosen program to determine eligibility.

CITY HOUSE

830 Central Pkwy East Suite 350 Plano, TX 75074

T: (972) 424-4626 OR After-Hours Line (972) 971-0278 **W:** <https://www.cityhouse.org/>

Hours: Monday – Wednesday and Friday 10am to 3pm AND Thursday 11am to 3pm

Mission: City House aims to protect, serve and empower children and young adults experiencing abuse, neglect, or homelessness.

Services: Transitional Home, Youth Emergency Shelter, Street Outreach, Counseling, and a Safe Place

Eligibility Requirements:

- Transitional Living: Applicants must be 18-21 years old; programs consist of three homes in Collin County. Please see the application on their website for intake and specific requirements
- Emergency Shelter: “My Friend’s House” provides 24-hour residential care in partnership with Child Protective Services. For youth up to 17 years old. Runaway and homeless youth are granted a stay up to 21 days at this shelter, often referred to through school districts, the juvenile court systems, or word of mouth. Please call or see the website for more details.
- Street Outreach Program: Is composed of case managers who work with youth ages 16-21 experiencing unstable housing, neglect, or abuse. Provides access to food, hygiene products, laundry facilities, and a safe place to shelter between 10am to 3pm on weekdays. Please call or see the website for more details.

- Counseling: Free short-term counseling is available to families and individuals up to age 22 to those who are looking for a way to stay in front of family challenges before they turn into runaways or a homeless situation.
- City House: Designated Safe Place in Denton and Collin County for youth in crisis up to age 17.

Intake: Please call the number for the intake procedures or for more information.

CUMBERLAND SERVICES

909 Greenlee St. Denton, TX 76201

T: (940) 382-5112 **W:** <https://www.cumberlandservices.org>

Hours: Monday – Friday 9am to 6pm

Mission: Primarily supports youth in foster care, young adults aging out of foster care and single parent families. Located in Denton, Texas, we provide residential care, counseling and supportive services that aim to uplift and empower youth in foster care, young adults, aging out of foster care and families.

Services: Cumberland Services offers a Family Residential Program that aims to help single parent families rebuild and stabilize their lives. We offer low-cost housing and income support, career, and educational support, individualized financial coaching, and extensive case management.

Eligibility Requirements:

- Must be at or below 80% of the HUB income limits for their family size
- Must be employed and be able to pay the rent as structured for the program (30% monthly income allotted for rent, increases as program goes on)
- Must have a reliable transportation plan for going to work, school, daycare, etc.
- Must have full custody of at least one child
- Must NOT have a partner that resides with them
- Must pass criminal background check (No violent crimes or other crimes deemed a safety risk to the campus)
- Must pass a drug test
- Must be willing and able to participate in program requirements

Intake: Please visit their website to apply or email their Adult and Family Programs Director, Susie Brown at frp@cumberlandservices.org

DALLAS 24-HOUR CLUB

4336 Ross Ave, Dallas, TX 75204

T: (214) 823-3200 **E:** info@dallas24hourclub.org **W:** www.dallas24hourclub.org

Mission: Dallas 24 Hour Club provides transitional living support services, and essential life skills for homeless alcoholics and addicts, so they can embrace long-term sobriety and become contributing and self-supporting members of the community.

Services: The 24 Program consists of three phases which provide structure, support, and accountability in a step-down module. Other services offered by Dallas 24 Hour Club are Recovery Job Training Program, Resident Kitchen Training Program, Women's Empowerment Program, Dallas College WorkReadyU, Texas Tech University CCRC, Parkland Homes Unit, and Resident Dental Program

Eligibility Requirements:

- Ability to pass a UA/Breathalyzer
- Ability to pay rent
- Attend weekly house meetings, as well as seven AA/NA meetings per week
- Actively look for work between 9am and 2pm or volunteer in the community if disabled

Exclusions:

- Individuals with sex offenses
- Individuals with arson convictions
- Individuals who have been charged with selling drugs in a school zone
- Ross Avenue Meeting Schedule
- No aggravated assaults

Intake: To inquire about intake, please speak with a Program Manager by calling (214) 823-3200 ext. 1 or by visiting the 24 locations on Ross Ave during intake hours.

DALLAS HOPE CHARAITIES

P.O. Box 196006 Dallas, TX 75219

W: <https://www.dallashopecharities.org/> **E:** hope@dallashopecharities.org

Mission: Dallas Hope Charities unites to care for those in need throughout our social and geographical communities. By collaborating and hosting several programs, we are fulfilling our mission of providing food, shelter, and services that instill dignity, stability, and hope for all.

Services: Dallas Hope Charities aims to provide resources to LGBTQ+ youth who are experiencing hardship through a variety of different programs.

Eligibility Requirements:

- Dallas Hope Center: Focuses on the needs of LGBTQ+ youth ages 18-24 who require transitional living. This program is dual functioning as stabilization (typically called emergency) then to transitional living.
- Collective Hope Coalition: Serves as a resource hub that creates change and fulfills the basic needs of Dallas LGBTQ+ community members through coalition meetings, member workshops, and more.
- Worthy Bags: Every resident who is accepted at Hope Center receives a valuable bag which contains the everyday essentials that an individual needs and these items provide hope and encourage them to feel comfortable being their authentic selves.
- Safe Place: This is a program partnered with the Dallas Police Department where they encourage victims to report all hate crimes in hopes of reducing the suicide rate among the LGBTQ+ community and create a safe place for all.

Intake: Please visit the website to get more information about the intake process of the specific program you are looking for.

DALLAS HOUSING AUTHORITY

3939 N. Hampton Rd, Dallas, TX 75212

T: (469) 249-9012 **E:** info@dhantx.org **W:** www.dhantx.com

Hours: Monday – Thursday 8am to 5:30pm AND Friday 8am to 12pm

Mission: To provide affordable quality housing and access to supportive resources across North Texas. We strive to create housing solutions in healthy, inclusive communities that offer economic, educational, and social growth opportunities.

Services: The Choice Voucher program allows the individual or family to find rental housing in the private market in their desired location. The Public Housing option offers affordable rental at properties owned by DHA.

Eligibility Requirements:

- Applicants cannot exceed the HUD annual median income (AMI) guidelines at the time of admission
- Pass a criminal background screening
- Provide acceptable documentation of Social Security numbers for all household members and verification of eligible U.S. citizenship for all household members
- Cannot owe money to DHA or any other housing authority in connection with any federal housing program

- Meet the applicant selection criteria
- Applicant is not already housed in any public housing authority-owned dwelling unit

Intake: You can submit a preliminary application at any time at www.dhantx.com. Once you apply, the application stays on the waiting list until you are selected, or for up to 18 months. If the 18 months expires and you have not been selected from the waiting list, you can submit another preliminary application. Visit the website for more details about the application and to apply.

DALLAS LIFE SHELTER

1100 Cadiz St, Dallas, TX 75215

T: (214) 421-1380 **F:** 214.426.5114 **E:** info@dallaslife.org **W:** www.dallaslife.org

Hours: 7 days a week

Mission: Dallas Life is a nonprofit, faith-based emergency shelter serving individuals and families experiencing homelessness in North Texas. Their primary goal is to help those in crisis to overcome their addiction and homeless circumstances in meeting their basic needs like food, clothing, and shelter, providing recovery services, medical attention, and spiritual guidance.

Services: Recovery programs for the general population, people with disabilities, senior citizens, and veterans. Shelter for men, women, and children, meals every day, clothing closet, computer school and GED certification, counseling services, spiritual care, child and teen services, and medical/dental/vision care.

Eligibility Requirements:

- Government Issued I.D.
- Social Security Card
- Marriage License (If Applicable)
- Child's Birth Certificate, Social Security Card, and Immunization Records
- Every person can bring one 13-gallon bag of belongings
- \$15 per night to stay after the first three nights

Intake: Dallas Life is accepting walk-up homeless guests without an appointment. Intake is Monday – Friday from 10am to 1:30pm. Guests can show up earlier than 10am to reserve their spot in line. The facility accepts 10 new guests for families per day.

- **Exclusions:** Individuals with assault charges, sex crimes, and heinous crimes (arson, injury to child, etc.)
- Men in parole and individuals with current protective orders

ELEVATE NORTH TEXAS

1700 Dallas Pkwy Suite 209, Dallas, TX 75248

T: (214) 556-5916 **E:** info@elevatentx.org **W:** <https://www.elevatentx.org/>

Mission: Elevate North Texas offers a welcoming, affirming environment with immediate, short-term housing and personal case management for youth ages 18-24 in crisis, partnering with them to create a path to housing stability.

Services: Elevate North Texas offers two different homelessness services. The emergency short-term housing program partners with several hotels in North Texas to provide hotel rooms for youth in immediate need of shelter. The reunification program works to unite youth with family members, when possible, to avoid them entering the homelessness system.

Eligibility Requirements: Must be between 18 and 24 years old.

Intake: Please visit their website and fill out their contract form for more information and help.

FAMILY GATEWAY-EMERGENCY SHELTER

19373 Preston Rd, Dallas, TX 75252

T: 1 (888) 411-6802 Option 3 **W:** www.familygateway.org

Hours: 7 days a week, 24 hours a day, 365 days a year

Mission: Family Gateway classifies as a homeless shelter serving families with children who are currently experiencing homelessness; the agency aims to assist families in crisis and to keep families together, unlike traditional emergency shelters. The agency also works collaboratively with Dallas Housing Authority and Rapid Rehousing Continuum of Care partners to end homelessness and assist the families served in the emergency shelter component in securing permanent, stable housing.

Services: Short term and transitional housing for homeless families with children, counseling referrals, training programs in parenting, budgeting, nutrition, and special children's programs, and job search assistance

Eligibility Requirements:

- Must be 18 years or older
- Must be currently homeless or facing homelessness within the next 72 hours
 - OR you are staying with friends/family or paying for your own hotel room AND have been impacted in some way by COVID-19
- Must have at least one child within your care and custody that is under the age of 18
- Must currently reside or previously have resided in Dallas or Collin County

- Documentation of homelessness, I.D.'s, and birth certificates

Intake: Call the number and select option 3 or fill out the online application, and someone can assist you with the intake process. Please note that they return calls and assist families in order of severity.

THE FAMILY PLACE

8625 King George Dr, Dallas, TX 75235

T: (214) 559-2170 (Main Line); (214) 941-1991 (24-Hr Line) **W:** www.familyplace.org

Hours: 7 days a week, 24 hours a day, 365 days a year

Mission: The Family Place empowers survivors of family violence by providing safe housing, counseling, and skills that create independence while building community engagement and advocating for social change to stop family violence.

Services: The Family Place offers 24-Hour crisis hotline, emergency shelter, medical and dental clinics, animal shelter, transitional housing, children's educational services, community-based counseling, children's counseling, incest recovery services, supervised child visitation, battering intervention and prevention program, dignity at work, legal services, and community education.

Eligibility Requirements: Call to get more information regarding eligibility requirements.

Intake: Intake process is over the phone only please call for more information and to get the intake process started.

FREE-MAN HOUSE

13340 Southview Ln, Dallas, TX 75240

T: (214) 676-2693 (Men's); (469) 740-1043 (Women's) **F:** 469.906.1312

E: intake@freemanhouse.org **W:** www.freemanhouse.org

Hours: Monday – Friday 8am to 8pm AND Sunday by appointment only

Mission: The mission of the Free Man House is to provide stable housing in a faith-based community to broken men and women where lives can be transformed from crisis to contribution.

Services: Provides a clean and sober living environment that is Christ centered and focused on recovery from alcohol and drug addiction, as well as many other kinds of addiction. Also, a caring transition home for ex-offenders.

Eligibility Requirements: Have a valid state-issued identification

Intake: Call intake phone number and set up an appointment to go in person to complete intake.

Exclusions:

- Cannot have been charged with arson
- Women's program does not accept sex offenders or pregnant women

FRIENDS OF THE FAMILY

4845 S I-35 E Suite 200, Corinth, TX 76210

T: (940) 387-5131 (Main Line); (940) 382-7273 (Crisis Line) **F:** 940.383.18.16

W: www.dcfof.org

Hours: Monday – Thursday 8:30am to 8pm; Friday 8:30am to 5pm; Saturday 10am to 2pm

Mission: Our mission at Denton County Friends of the Family (DCFOF) is to provide compassionate, comprehensive services to those impacted by rape, sexual abuse, and domestic violence, while partnering with our community to promote safety, hope, healing, justice, and prevention.

Services: DCFOF provides many services including advocacy, emergency shelter, transitional housing, legal services, counseling, battering intervention and prevention, training, community engagement, development and fundraising, survivor's advocacy team, crisis intervention, and volunteer engagement.

Eligibility Requirements: Services are rendered on a case-by-case basis as each individual client's needs are different.

Intake: All DCFOF must do an intake to identify the services needed to serve them in the best way. Please see the website or call for more information regarding intake.

GENESIS WOMEN'S CENTER

5020 S. Lancaster Rd, Dallas, TX 75216 (South Oak Cliff Thrif Store and Office Location)

T: (214) 946-4357 **F:** 214.559.2361 **W:** www.genesisshelter.org

Mission: Genesis Women's Shelter and Support was first created in 1985 under the operation of Shelter Ministries of Dallas as a haven for women and children fleeing an immediate threat of domestic violence. To protect our clients' safety, our emergency shelter sits at an undisclosed location. Women and their children are welcome to stay at the emergency shelter for up to six weeks.

Services: Emergency shelter, transitional housing, counseling services, and legal services are offered to women.

Eligibility Requirements: Please call to get more information on eligibility requirements.

Intake: For the safety of the women at Genesis Women's Shelter it is at an undisclosed location. To arrange a way there and finally feel safe when you go to bed at night call or text the 24-hour hotline number.

GIVING GRACE

306 N Loop 288 Suite 130, Denton, TX 76209

T: (940) 382-0609 **E:** info@givinggrace.org **W:** <https://www.givinggrace.org/>

Hours: Monday – Friday 9am to 5pm

Mission: Giving Grace transforms lives and empowers families to overcome homelessness and housing instability by providing resources, building relationships, and foster community through the love of Jesus.

Services: Street outreach, permanent supportive housing, homelessness prevention, rapid rehousing program, move-ins, rise with Grace, and the Love First Project

Eligibility Requirements: Please look online or call for specific eligibility requirements for a specific program.

Intake: For more information, please call or click on the “Need Help” tab on the website.

HOPE'S DOOR NEW BEGINNING CENTER

860 F Avenue Suite 102, Plano, TX 75074 AND 218 N 10th St. Garland, TX 75040

T: (972) 422-2911 (Main Line); (972) 276-0057 (24-Hr Hotline) **W:** <https://www.hdnbc.org/>

E: bippreferrals@hdnbc.org

Hours: 7 days a week from 9am to 5pm

Mission: We have been building lives without violence for over 30 years. The mission of Hope's Door New Beginning Center is to offer intervention and prevention services to individuals and families affected by intimate partner and family violence, and to provide education programs that enhance the community's capacity to respond.

Services: 24-hour shelter, individual counseling, children counseling, group counseling, legal support, advocacy, ADVANCE class, safety planning, community resources, and rights/confidentiality.

Eligibility Requirements: Must be an individual or families fleeing from domestic violence. Some programs have more specific requirements please visit the website or call for program specific details.

Intake: Call the 24-hour crisis hotline and an advocate can assist you with anything you may need and arrange to get you to the undisclosed location.

HOUSING CRISIS CENTER

2800 Live Oak St, Dallas, TX 75204

T: (214) 828-4244 **E:** info@hccdallas.org

Hours: Monday – Friday 9am to 5pm

Mission: The mission of the Housing Crisis Center is to prevent homelessness, respond to the immediate needs of those facing crisis, and sustain their stability in safe, affordable, and permanent housing while empowering them to solve their housing problems in the future.

Services: Permanent supportive housing, rapid rehousing, support services, landlord/tenant legal workshop, and emergency rental and utility assistance.

Eligibility Requirements: Each housing program has different eligibility requirements. Please visit the website to inquire about eligibility requirements for a specific program.

Intake: Please call the main number to learn about the intake process.

IN MY SHOES

P.O. Box 227301 Dallas, TX 75222

T: (469) 857 3264 **E:** love@liveinmyshoes.org **W:** <https://liveinmyshoes.org>

Mission: We provide a maternity hope for pregnancy women who need shelter, comfort, and support. In my shoes is the only faith-based nonprofit in the Dallas Fort Worth Metroplex that houses homeless pregnant and parenting women from before the birth of their children to nine months after delivery.

Services: While staying at In My Shoes residents will receive transitional housing, individual and group therapy, food and clothing assistance, parenting and life skill training, work, and school support, and committed community.

Eligibility Requirements:

- Expectant mothers must be 18+
- Agree to follow program rules and guidelines including medical and psychological recommendations and an individualized growth plan

Intake: Please call to begin the phone screening. If no one answers, leave a message and someone will get back to you shortly.

JONATHAN” S PLACE

6065 Duck Creek Dr, Garland, TX 75043

T: (972) 303-5303 **F:** 972.303.5346 **W:** <https://www.jpkids.org/>

Hours: Monday – Friday 8am to 5pm

Mission: The mission of Jonathan’s Place is to provide a safe place, loving homes, and promising futures for abused and neglected children, teens, and young adults.

Services: Emergency shelter for newborns to 17 years old, girl’s therapeutic programs, foster care training and certification for parents, transitional living for youth women about to age out, National Safe Space, and RESET program.

Eligibility Requirements: Each program has different eligibility requirements. Please call or visit the website for specific requirements regarding each program.

Intake: Please call to get the intake process started.

LEGACY CARES FOUNDATION COTTAGE (TRANSITIONAL)

828 South Tyler St, Dallas, TX 75208

T: (214) 941-7373 **W:** <https://legacycares.org/founders-cottage-2/>

***While there are no COVID-19 protocols, we strongly encourage those interested to be vaccinated**

Services: Legacy Cottage is a licensed, seven-room specialty-care facility for individuals living with HIV/AIDS in critical stages of their illness who require 24-hour supervised acute care or hospice.

Eligibility Requirements:

- Referral from AIDS organization
- Common intake form
- Letter of diagnosis
- Proof of income
- Proof of residency
- Photo I.D.
- Proof of insurance (If applicable)
- Current TB test
- Medical History Records

Intake: Please call the Director of Housing for admission intake and availability.

Exclusions:

- No holes, ports, or tubes accepted
- No convicted sex offenders or violent crimes

LEGACY CARES MASTER LEASING HOUSING PROGRAM

4054 McKinney Ave Suite 102, Dallas, TX 75204

W: <https://homebaseforhousing.org/> **T:** (214) 520-6308 **F:** 214.279.6747

Mission: Master Leasing Program is a supportive housing program for individuals and families with an HIV/AIDS diagnosis. Clients will strive to overcome the barriers that lead to homelessness and venture on the path to self-sufficiency through individualized case management.

Services: The Master Leasing Program offers individualized case management, subsidized rent for low to no income households, furnished units, and educational workshops.

Eligibility Requirements:

- Verified HIV/AIDS letter of medical diagnosis signed by a doctor or licensed RN
- Homeless individuals(s) as verified by a third party ASO partner or emergency shelter residency letter
- Verification of income for all applicable household members
- Social security card and birth certificate for all household members
- Proof of Dallas, Denton, Rockwall, Kaufman, Collin, or Ellis County residency

Intake: Call Homebase for Housing Office directly to schedule an intake appointment. We do not accept walk-ins.

Exclusions:

- No sex offenders and no meth manufacturing convictions

MOSAIC FAMILY SERVICES

12225 Greenville Suite 800, Dallas, TX 75243

T: (214) 821-5393 (Main Line); (214) 823-4434 (24-Hr Line) **E:** home@mosaicervices.org

Hours: Monday – Friday 9am to 5pm

Mission: Mosaic Family Services is a nonprofit community-based organization that provides culturally and linguistically competent services to refugees and immigrants in crisis. Mosaic is a safe haven for survivors of human rights abuse, including human trafficking and domestic violence.

Services: Client advocacy, emergency shelter, transitional housing, counseling/therapy, legal services, community outreach, community education, and unaccompanied minor support.

Eligibility Requirements:

- Have a valid I-94 and I-551 Green Card (Legal Permanent Resident Card)
- Have a valid Social Security Card
- Have been in the United States less than 5 years and belong in one of the following:
Refugees under section 207 of the INA, Asylees whose status was granted under section 208, Special Immigrants Visa (SIV) holders, Afghan individuals who receive special immigrant (SI) conditional permanent residence, certified victims of human trafficking, Cuban/Haitian Entrants Parolees, Afghan Humanitarian Parolees, or Ukrainian
- Specific programs have different eligibility requirements please visit the website or call to get more information

Intake: Please call to get more information and begin the intake process

OUR DAILY BREAD/MONSIGNOR KING OUTREACH CENTER

909 North Loop 288, Denton, TX 76209

T: (940) 514-1007 **E:** info@ourdailybreaddenton.org

W: <https://www.ourdailybreaddenton.org/>

Hours: 7 days a week, 24 hours a day

Mission: Originally a collaboration between multiple Denton churches, Our Daily Bread aims to feed the hungry and homeless while maintaining the dignity of their guest and offering resources for a new start.

Services: Offers a low-barrier shelter that is open 7 days a week, community kitchen, income and employment support, and wellness and support services.

Eligibility Requirements: The overnight emergency shelter is open to individuals who are 18+, the low barrier model allows them not to require a valid I.D. or background check

Intake: There are a limited number of beds so it is first come first serve. You must be present to claim a bed unless otherwise previously verified by staff.

OUR FRIENDS PLACE

6500 Greenville Ave Suite 620, Dallas, TX 75206

T: (214) 520-6268 **E:** info@ourfriendsplace.org **W:** www.ourfriendsplace.org

Hours: Monday – Friday 9am to 5pm

Mission: Our Friends Place is dedicated to helping young women break the generational cycles of abuse, neglect, poverty and homelessness through empowering self-reliance and independence.

Services: Transitional Living Center (TLC) is for single women ages 18-24 who are not pregnant or parenting, and Soar to Success is a prevention and education program that supports young adults who have experienced abuse, neglect, poverty, and homelessness

Eligibility Requirements:

- **TLC:** Between the ages of 18-24, not parenting or pregnant, willing and able to enroll in an educational or vocational classes, willing to maintain a job
- **SOAR:** Young women ages 12-24 who are housing-insecure or at risk of becoming homeless, women 24 or older who have experienced homelessness and are currently connected with a partnered organization, any youth, young adults, or adult ally who wants to learn life skills that break generational cycles of abuse, neglect, poverty, and homelessness

Intake: Call the main number to set up an intake appointment.

OXFORD HOUSE

Various locations in the Dallas area

T: (800) 689-6411 **W:** <https://www.oxfordhousetx.org/>

Mission: The Oxford House offers a supportive way of living and opportunities to learn life skills in a clean and sober environment. Homes are run by residents who provide a supportive network and environment for people in recovery.

Services: Offers housing to individuals who are in recovery from addiction.

Eligibility Requirements:

- Age 18 or older
- Completion of in-patient alcohol or drug treatment OR completion of a medical detoxification program
- Some source of income to pay rent and ability to live independently

Intake: To locate a house with vacancies, visit the website.

REFUGE FOR WOMEN NTX

306 N. Loop 288 Suite 199, Denton, TX 76209

T: (859) 629-1642 **W:** <https://refugeforwomen.org/north-texas/>

Mission: To empower sexually exploited women to live a life of freedom through faith-based, residential healing programs

Services: The RFW offers two different housing programs for women who have escaped human trafficking or sexual exploitation: the Emergency House Program and Transitional Living

Eligibility Requirements:

- Experience on of the following: Performed sexual favors for money, rent, drugs, food, or protection, engaged in prostitution or other sex acts and couldn't leave OR engaged in sex acts for the financial benefits favor of someone else

Intake: Initial screening forms can be found on their website for each service. Please fill out online or call for more information.

RIVER OF LIFE HOMES

T: (214) 886-3563 **E:** info@riveroflifehomes.org **W:** <http://riverlifehomes.org/>

Mission: Our mission is providing food, shelter, clothing and other supportive resources to domestic violence victims

Services: Provides emergency shelter, transitional housing, food and clothing, counseling, education, employment, and spiritual upliftment

Eligibility Requirements:

- **Emergency Shelter:** Must be an adult woman and have a child (Girls 0-17; Boys 0-12), be in a life-threatening domestic violence situation within two weeks, and have a proof of the incident
- **Transitional Housing:** Must be an adult woman and have a child (Girls 0-17; Boys 0-12), be a victim of domestic violence, and have an income

Intake: Call to set up an appointment and get an address.

SAFE HAVEN

1010 N. Center St, Arlington, TX 76011

T: (817) 535-6462 (Main Line); 1 (877) 701-7233 (24-Hr) **W:** www.safehaventc.org

E: info@safehaventc.org

Hours: Monday – Friday 9am to 5pm

Mission: Safe Haven aims to end domestic violence in Tarrant County. Safe Haven works to end domestic violence in a twofold manner: keep victims safe and hold offenders accountable

Services: Two domestic violence shelters, individual and group counseling, for women and children, legal aid, transitional housing, two resource centers, and prevention.

Eligibility Requirements: Please call to see if you qualify for the services.

Intake: Please call your closest center to speak to a professional about your next steps.

SALVATION ARMY

1508 East McKinney St, Denton, TX 76201

T: (940) 566-3800 **W:** <https://salvationarmytx.org/north-texas/>

Hours: Monday – Friday 8am to 4pm

Mission: We will be one Army on many fronts, helping North Texas combat addiction, homelessness, and poverty. Faithful to our mission, we will enable God-empowered transformation of Individual's and society. Our delivery models will be aligned across the communities we serve to ensure that we end the cycle of crisis and vulnerability.

Services: Overcome poverty, combat addiction, reverse homelessness, Christmas ministry, stop domestic violence, cure hunger, empower youth, emergency family services, support veterans, partner with adults, and help disaster services.

Eligibility Requirements: Salvation Army services are available to anyone in need. Please reach out to a specific shelter in order to get more information about the eligibility of each shelter. **Intake:** Call a specific shelter for more information about their intake process.

SAMARITAN HOUSE SERVICES

929 Hemphill St, Fort Worth, TX 76104

T: (817) 332-6410 **W:** www.samaritanhouse.org **Hours:** Monday – Thursday 9am to 3pm

Mission: Samaritan House was established in 1991 to provide housing to persons living with HIV/AIDS. As medical interventions improved and life expectancies grew, we expanded our mission to provide affordable and supportive housing to additional vulnerable populations in Tarrant County, including the medically or mentally fragile, the chronically unhoused and those with low incomes.

Services: Affordable housing, supportive housing, and resident services which include things such as education, health and wellness, employment, adult education, community safety, financial empowerment, and community resources.

Eligibility Requirements:

- Must be 18 or older
- Have a low income
- Have a diagnosis of HIV/AIDS with a letter of diagnosis
- Be homeless or be at imminent risk of homelessness
- Photo I.D.
- Social Security Card

Intake: Call and schedule an intake. Clients may fill out a Housing Interest Request form themselves to request housing options through Samaritan House (waitlist can be 6-10 months) depending on demand.

THE SAMARITAN INN

1514 N. McDonald St, McKinney, TX 75071

T: (972) 542-5302 **E:** info@saminn.org **W:** <https://www.saminn.org>

Hours: 7 days a week, 9am to 6pm

Services: The Samaritan Inn is a transitional housing program that provides residents with resources and skills that gain independence and ultimately be self-sufficient. The Samaritan Inn also has a shelter for people to bring up their dogs during the day.

Eligibility Requirements:

- Photo I.D. and Social Security Card
- Submit to a drug test
- Criminal Background Check
- Children Social Security Card and Birth Certificate
- Must be willing to work full time or part time (if disabled)

Intake: Intake days are Tuesday and Thursday from 9am to 1:30pm AND Sunday from 9am to 1pm. Please call for the most up to date information regarding intake.

Exclusions:

- There is currently a 30-day probationary period if a resident fails an initial drug test for THC
- No violent offenses although exceptions may be made on a case-by-case basis on charges of violent offences older than 10 years.

SHARED HOUSING CENTER

4611 Eastside Ave, Dallas, TX 75226

T: (214) 821-8510 **F:** 214.828.1499 **E:** info@sharedhousing.com **W:** www.sharedhousing.org

Hours: Monday – Friday 9am to 5pm

Mission: Shared Housing Center was created in 1984 to provide and facilitate affordable and housing options, and supportive services that foster independence, empowerment, and self-worth and to serve a multicultural, intergenerational population

Services: Homeshare and Homeshare Care provides housing solutions for individuals who are in need of housing, Group Residence Shelter provides temporary supportive housing for homeless single parent mothers with children and older adults (50+), and Green Haus Community is a 24-unit new construction with a "green design" the community will provide permanent housing as well as temporary housing with a focus on homeless families and single older adults.

Eligibility Requirements:

- Homeshare and Homeshare Care: Please call to get more specific information about this program
- Group Residence Shelter: Older adults or single parent families living in Dallas County who are homeless or near homelessness, must be a self-sufficient in their own lifestyle, must be 21+ to apply, children cannot be older than 12 for girls or older than 10 for boys
- Green Haus Community: This community is currently being built and is not accepting applications yet

Intake: Clients should fill out an application online and will then be called for a phone interview.

SHURRUN'S HOUSE

S. Hampton Road, Dallas, TX 75231

T: 1 (888) 234-1236 **E:** shurrunshouse@gmail.com **W:** <https://shurrunshouse.org/>

Hours: Monday 8am to 5pm AND Thursday-Friday 9am to 5pm

Mission: To provide safety, stability, and shelter to individuals in recovery from substance abuse, regardless of their income status. We aim to offer resources to prevent relapse and facilitate their journey towards becoming productive, positive community members.

Services: This fully furnished house provides a drug free safe haven for women, men, and adolescents when transitioning from the criminal justice system or dependence recovery to reentering society. All residents are in a safe, faith-based environment with stability so the focus

for the residents would only be maintaining, sobriety, looking for steady work and gaining their own independence.

Eligibility Requirements:

- Expected to be self-sustaining
- Be actively employed
- Be clean and sober before admission

Intake: Must be coming out of a treatment center and be 30 or more days clean. Upon arrival, further assistance will be assessed then. Please call for more information or to inquire about being screened.

SONYA'S HOUSE INC

7008 Sorcery Rd, Dallas, TX 75249

T: (682) 777-5943 **E:** sonyashouse@yahoo.com **W:** <http://www.sonyashouseinc.org/>

Mission: Sonya's House is transitional, shared home providing low-income housing and holistic care for women living with HIV/AIDS. Providing life changing support, mental, spiritual, physical, and financial. No one should endure this battle alone and we are here to help.

Services: Furnished Affordable Housing, Case Management, Peer Support, Recovery Coaching, Meals, and Medication Delivery from SafeMed Pharmacy.

Eligibility Requirements:

- Photo I.D.
- Social Security Card
- Birth Certificate
- Letter of Diagnosis
- Proof of Residency
- Proof of Income
- No Sexual Criminal Offences, No Women with Children, No Married Couples, and No Pets

Intake: Call to check availability, schedule intake and complete interview.

UNDER 1 ROOF

5787 S. Hampton Road Suite 390, Dallas, TX 75232

T: (214) 343-4000 **F:** 844.382.6994 **E:** info@under1roofdallas.org

W: www.under1roofdallas.org

Mission: Under 1 Roof provides supportive housing and other services to low-income individuals experiencing homelessness and families in the community. Our vision is a community where everyone has safe affordable housing and the tools to become self-reliant.

Services: Under 1 Roof Prevention Services, Permanent Supportive Housing 1 Program, Permanent Supportive Housing 2 Program, Rapid Rehousing, Professional Case Management Services, Legal Education and Services, Rent and Utility Assistance, and Life Skills Training.

Eligibility Requirements:

- Must be residing in one of the local shelters and be referred by a case manager
- Have proof of homelessness

Intake: Under 1 Roof does not take walk-ins for any additional questions please call.

UNION GOSPEL MISSION (UGM)-CALVERT PLACE (MEN)

3211 Irving Blvd., Dallas, TX 75247

T: (214) 637-6117 **W:** www.ugmdallas.org

Hours: Shelter 24 hours a day; 7 days a week

Services: Calvert Place Men's Shelter, Center of Hope Women and Children's Shelter, Education, Discipleship Program, Veterans Program, Childcare and Development, Medical Care, and Transitional Support

Eligibility Requirements:

- Must have two forms of I.D.
- Have an emergency contact
- Be able bodied and be able to get themselves in and out of the shower alone

Intake: Monday – Sunday 8am to 6pm. They do accept walk-ins.

Exclusions:

- Individuals who are not able bodied
- Individuals who have psychiatric or mental disorders

UNION GOSPEL MISSION CENTER OF HOPE (WOMEN)

4815 Cass St, Dallas, TX 75235

T: (214) 638-2988 **W:** www.ugmdallas.org

Hours: Monday – Sunday 8am to 5pm

Services: Calvert Place Men’s Shelter, Center of Hope Women and Children’s Shelter, Education, Discipleship Program, Veteran’s Program, Childcare and Development, Medical Care, and Transitional Support

Eligibility Requirements:

- Homeless women and children
- Valid government issued I.D. and Social Security Card for all women
- Birth Certificate for all children

Exclusions: Clients may stay in the shelter for a maximum of 90 days; no one under the influence of drugs and/or alcohol; no women who have been involved with domestic violence; individuals must bring prescribed medication for mental health that they have been taking for at least two weeks.

U.S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT- VA SUPPORTIVE HOUSING

4500 S. Lancaster Rd, Building 71-A, Dallas, TX 75216

T: (214) 467-1814

Services: HUD-VASH is a collaborative program that pairs with HUD’s Housing Choice Voucher (HCV) rental assistance with VA case management and supportive services. These services are designed to help homeless veterans, and their families obtain permanent housing and access health care, mental health treatment, and other supports necessary to help them improve their quality of life and maintain housing over time.

Eligibility Requirements:

- Verification of chronic homeless status
- Veterans with current DD214 verifying the veteran was honorably discharged
- Social Security Card and I.D. card
- Birth Certificate for ALL family members living in the house
- Proof of income

Intake: Please contact your local VA Homeless Program. Veterans can contact the HUD-VASH program directly or obtain a referral from a case manager in another VA program.

VIOLA'S HOUSE

1819 Martin Luther King Jr. Blvd, Dallas, TX 75215

T: (469) 751-2017 **W:** <https://violashouse.org/>

Mission: Viola's House mission is to provide maternity housing and support services to mothers faced with an unplanned pregnancy.

Services: Intake/Assessment, Case Management, Clinical Services, Individual and Group Counseling, Skills Training, Pregnancy/Parenting Education, Job Readiness Preparation, Financial Literacy, Social Involvement, Educational Services, and Training to Increase Participant's Self-Sufficiency and Future Success.

Eligibility Requirements: Must be an unwed mother or pregnant between the ages of 18-24.

Intake: Please visit the website and fill out the online form under "Register with Viola House"

THE WELL RECOVERY CENTER (FORMERLY "OUTCRY IN THE BARRIO")

4419 Hamilton Ave, Dallas, TX 75210

T: (214) 965-5005 **E:** pastorbilly@outcryinthebarrio.org

Hours: 24 hours a day; 7 days a week

Mission: Provides a residential program and a variety of services that provide help for men struggling with drugs, alcohol, and other life controlling issues. There is no cost to anyone who admits themselves into the program.

Services: Adult Residential Treatment Facilities, Alcohol Use Disorder Support Groups, Drug Use Disorder Support Groups, and Men's Support Group

Eligibility Requirements:

- Must be at least 18 years or older
- Willingness to transform one's life
- Must participate in the Praise and Worship services offered at the facility
- Must participate in bible study and bible courses taught at the facility
- Must follow house rules and work in kind; outside employment not permitted for 6 months

Intake: Please call or email Pastor Billy to get the intake process started

WOMEN IN NEED

Hunt County

T: (903) 455-4612 (Greenville); (972) 772-3000 (Rockwall) **W:** <https://www.wintexas.org/>

Mission: Women In Need is a multi-faced domestic violence resource center that shelters, advocates and educated for a secure today and offers hope for a safer tomorrow.

Services: Women In Need offers emergency shelter care, a 24-hour hotline, legal advocacy, ex-resident programs, non-resident programs, counseling services, outreach awareness and fundraising services, and prevention education. Services are available in both Spanish and English.

Eligibility Requirements: Open to victims and/or survivors of domestic, dating, and intimate partner violence.

Intake: Please call the WIN 24hr hotline (903) 454-HELP (4357) or text (972) 591-SAFE (7233).

FOOD AND CLOTHING PANTRIES

BROTHER BILL'S HELPING HAND

3906 N Westmoreland, Dallas, TX 75212

T: (214) 638-2196 **F:** 214.638.2198 **E:** helpinghand@bbhh.org **W:** <https://bbhh.org/>

Hours: Wednesday and Thursday 9:30am to 12pm; Second Saturday of every month 9am to 11:30pm

Mission: Brother Bill's Helping Hand ministries to the Dallas community by ensuring the essentials of life, empowering through learning, and enriching relationships through faith, family, fitness, and finance.

Services: Grocery Store Program, Community Health Clinic, Mental Health Services, Adult Education Classes, ESL Classes, Job Training and Employment Classes, Kids Programs, Parenting Classes, and Financial Coaching Classes

Eligibility Requirements: Fill out an application online to see if you qualify for the program.

Intake: If you are a new member of Brother Bill's Helping Hand please go on the website and register online. If you are an existing member, please call to schedule your appointment.

BUCKNER CENTER FOR HUMANITARIAN AID

700 North Pearl St Suite 1200, Dallas, TX 75201

T: (214) 758-8000 **W:** www.buckner.org

Hours: Monday – Friday 8am to 5pm AND Saturday 8:30am to 3pm

Mission: To follow the example of Jesus by serving vulnerable children, families, and seniors.

Services: Senior Living and Care, Adoption and Foster Care, Family Hope Services, and Shoes for Orphans Souls

Eligibility Requirements:

- Must reside in 75149, 75150, 75180, 75217, or 75227
- Photo I.D.
- Proof of Income
- Proof of Address

Intake: Call for an appointment

CARE CENTER MINISTRIES

7912 Antoinette St, Dallas, TX 75217

T: (214) 824-9852 **W:** www.carecenterministries.org

Hours: Tuesdays and Thursdays 10:30am to 1pm

Services: ACTS, Kaleo, The Basket, Soul Snatchers, Race Men's Program, Tree of Life Women's Program, Academy of Inner-City Mission, Open Arms After School Program, and Truth Academy

Eligibility Requirements:

- Must present valid photo I.D. for all household members
- Proof of residency

Intake: Fill out service request form on the website or call number to begin the intake process

CROSSROADS COMMUNITY CHURCH SERVICES

4500 S Cockrell Hill Rd, Dallas, TX 75201

T: (214) 560-2511 **W:** <https://ccdallas.org/>

Hours: Monday – Thursday 8:30am to 12:30pm by appointment only; First Saturday of the month 8:30am to 11:30am by appointment only

Services: Shoppers can visit once a month and choose the food they would like to receive. A family of four can expect to receive about 100 pounds of food when they visit the Community Market. Nutritious fruits, vegetables, proteins, grains, and some dairy products are available.

Eligibility Requirements:

- Have original picture I.D. for all individuals aged 18 and over in household
- Original birth certificate or a Medicaid Card for all individuals under the age of 18 in household
- Current lease (naming ALL household residents you will be registering) or tax/mortgage statement
- Current proof of residence (current electric or water bill, rent receipt with apartment stamp)
- Clients do not need proof of income to receive food assistance, but you are required to be below the Emergency Food Program (TEFAP)

Intake: By appointment only. To schedule an appointment, call. Clients may visit once a month.

DALLAS BETHLEHEM CENTER

4410 Leland Ave, Dallas, TX 75215

T: (214) 428-5171 **E:** admin@dallasbethlehemcenter.org **W:** www.dallasbethlehemcenter.org/

Hours: Tuesday and Wednesday 5pm to 7pm and Thursday 10am to 2pm

Mission: Dallas Bethlehem Center supports families living in our South Dallas/Fair Park neighborhood through education, health and wellness programs, and technology support.

Services: Early Head Start, Adult Education, Bethlehem Market, Family Dinner, Community Garden, and Computer Lab

Eligibility Requirements: Dallas Bethlehem Center is a no-barriers-to-entry food pantry. No identification or income verification is required for services. No reservation required.

Intake: To get more information please call or email.

DENTON FIRST REFUGE MINISTRIES

T: (940) 484-4384 **E:** info@firstm.org **W:** <https://www.dentonrefuge.org/>

Hours: Monday 9am to 12pm; Wednesday 1pm to 4pm; Thursday 6pm to 8pm

Mission: To offer hope by supporting relief, aid, and care for physical and emotional suffering in Denton County

Services: FRM provides food distribution by way of a client choice pantry, medical and dental clinic, and faith-based counseling services

Eligibility Requirements:

- Be a Denton County Resident
- Bring a form of I.D. for all members of the household

Intake: Please visit their website for more information and fill out the contact form. Locations in Denton and Sanger

DENTON COMMUNITY FOOD CENTER

306 N. Loop 288 Suite 400, Denton, TX 76209

T: (940) 382-0807 **E:** info@dentoncfc.org **W:** <https://www.dentoncfc.org/>

Hours: Monday and Wednesday 10:30am to 12:15pm by appointment only

Mission: To provide emergency assistance from a central community storehouse to needy families and individuals in the City of Denton struggling with hunger and insecurity.

Services: Families can come to Denton Community Food Center once a month and get enough food to last about four weeks.

Eligibility Requirements:

- Photo I.D.
- Proof of address
- Documents that show all people in the household reside in Denton

Intake: Fill out online application on the website

DUNCANVILLE OUTREACH MINISTRY

202 E. Cherry St, Duncanville, TX 75116

T: (972) 296-4986 **W:** <https://duncanvilleoutreach.org/assistance>

Mission: Duncanville Outreach Ministry is a non-profit organization working to reduce and alleviate hunger within the community by distributing food and providing financial assistance to qualified needy families in the City of Duncanville.

Services: Duncanville Outreach Ministry offers food weekly, clothing, and household items, rent or utility assistance, Christmas and Thanksgiving baskets, and Angel Tree for children ages 0-12.

Eligibility Requirements:

- Current drivers; license or I.D. for all adults in the household
- Birth Certificate for any children under the age of 17
- Proof of income for all adults in the household including: 30 days of check stubs, most recent tax return, current years social security letter, proof of disability, child support and/or food stamp letter
- Live in a zip code 75116 OR 75137

Intake: Fill out a Food Assistance Application on the website.

FIRST BAPTIST CARROLLTON-FRIENDSHIP HOUSE

3733 N. Josey Lane Suite 103, Carrollton, TX 75007

T: (972) 512-3838 **W:** <https://www.firstfields.org/friendship-house>

Hours: Tuesday 1pm to 4pm, Wednesday and Thursday 9am to 12:30pm AND 1:30pm to 4pm

Mission: The mission of the Friendship House is to extend the Kingdom of God and walk alongside individuals experiencing life's challenges. We wish to assist with providing relief and offering transformational opportunities to help individuals and families realize their worth in God's eyes.

Services: Families may receive food weekly, assist with financial assistance, and take all prayer requests online.

Eligibility Requirements: Currently serving all zip codes.

Intake: Please call the number to schedule an appointment.

FREEDOM HOUSE FOOD PANTRY

1720 W University Suite 101, Denton, TX 75201

T: (940) 808-1016 **E:** pantry@dentonfreedomhouse.org

W: <https://dentonfreedomhouse.org/freedom-food-pantry/>

Hours: Monday – Thursday 9:30am to 4pm AND Friday 8:30am to 2pm

Services: Men's Home, Women's Home, Freedom Food Pantry, Family Visitation, and Zera Coffee and Events

Eligibility Requirements: Have low- or no-income status OR be approved to receive assistance through government OR be in need due to a crisis

Intake: Please fill out a registration form online. When you show up to the pantry let them know you have registered online. If you do not you will be asked to fill out information at the pantry.

GOOD SAMARITANS OF GARLAND

214 N. 12th St, Garland, TX 75040

T: (972) 276-2263 **E:** info@goodsamofgarland.org **W:** <https://www.goodsamofgarland.org/>

Hours: Monday – Friday 9am to 1pm

Mission: Feeding, helping, and serving through direct food assistance and community partnerships

Eligibility Requirements: Open to all, but a form of identification is needed and a list of names, birthdays, and relationships for every member of the household

Intake: Fill out a New Guest Registration Form online before arriving at the food bank.

GOOD SHEPHERD LUTHERAN CHURCH, IRVING – FISH AND LOAVES FOOD PANTRY

2620 W. Grauwylers Rd, Irving, TX 75061

T: (972) 790-2121 **F:** 972.790.2121 **E:** mail@gslcirving.com **W:** www.gslcirving.com

Mission: The Fish and Loaves Food Pantry is an outreach ministry of the Good Shepherd Lutheran Church that strives to meet the community needs in providing temporary assistance to its neighbors in crisis and low-income.

Eligibility Requirements:

- Must be Irving resident and have proof of residency
- Photo I.D. for all household members

Intake: Walk-ins and complete initial application.

GRAND PRAIRIE RENT AND CLOTHING CO-OP

118 N.E. 4th St. Grand Prairie, TX 75050

T: (972) 264-8540 **E:** help@usccrc.com **W:** <https://usccr.org/listing/grand-prairie-food-and-clothing-co-op/>

Hours: Monday – Friday 9am to 11:30pm

Mission: The mission of Grand Prairie Co-Op is to provide emergency food, clothing, and crisis assistance to needy citizens of Grand Prairie and to others who may meet specific eligibility requirements.

Services: Provide food, clothing, and some assistance with rent or utilities for crisis situations only.

Eligibility Requirements:

- Must be a resident of Grand Prairie
- Photo I.D.
- Proof of Residency
- Birth Certifications for children
- Meet TexCap income limits for households

Intake: Call or walk-in

HIGHLAND OAKS CHURCH OF CHRIST – CARING AND SHARING

9400 Plano Rd, Dallas, TX 75239

T: (214) 342-6060 **W:** <https://highlandoakschurchofchristinc.snappages.site/caring-and-sharing-food-pantry>

Hours: Tuesday 12pm to 3pm for new clients

Services: Food and clothes

Eligibility Requirements:

- Live in the zip code of 75238 or 75243
- Submit a copy of the lease with all people who are living there
- Proof of all sources of income in the household
- Itemized items
- I.D. - Driver's license or passport

Intake: Call number to schedule an appointment for the first visit

HARVESTING IN MANSFIELD (HIM) CENTER FOOD PANTRY

150 S 6th Ave, Mansfield, TX 76063

T: (817) 453-3663 **E:** info@himcenter.org **W:** <https://himcenter.org/>

Mission: Harvesting in Mansfield aims to provide food for those at risk of hunger in North Texas by providing food clients directly and to other partner pantries for distribution.

Services: HIM Center offers a food pantry for clients, holiday meals for Thanksgiving and Christmas, and an essentials store that offers essential, hygienic, and cleaning products at roughly 50% of retail price. This food consists of healthy food such as fresh fruits and vegetables, carbohydrates, bread, protein, and canned goods.

Eligibility Requirements:

- All zip codes are accepted
- A form of I.D.
- Completed HIM application

Intake: First time users please fill out the HIM application online for the food programs.

HOLY CROSS CATHOLIC CHURCH – OUTREACH MINISTRIES

5004 Bonnie View, Dallas, TX 75241

T: (214) 375-3715 **W:** <https://holycrosscatholicdallas.org/outreach>

Hours: By appointment only on Monday, Wednesday, and Friday

Services: Provides nutritious food items to working poor members of the parish and community and older adults on fixed income.

Eligibility Requirements:

- Residents in zip codes 75216 or 75241
- Homeless clients OR older adults on a fixed income
- Photo I.D. with zip code
- Proof of income including benefits
- Proof of address
- Social Security Card for all members of the household

Intake: Contact Gail Roberson directly at (214) 375-3715

HOLY TRINITY CENTER

3826 Gilbert Ave, Dallas, TX 75219

T: (214) 526-8555 **E:** egarrett@htccd.org **W:** <https://htdallas.org/>

Mission: The mission of Holy Trinity Center Food Pantry is to provide essential food assistance, support, and resources to individuals and families in need, fostering a compassionate and inclusive environment that promotes dignity and self-sufficiency.

Eligibility Requirements:

- Must live in one of the following zip codes: 75201, 75204, 75205
- Have a photo I.D.
- Birth certificates for all children in the household
- Proof of income
- Utility bill and current lease

Intake: Clients are seen by appointment only. Please call or email to schedule an appointment for the food pantry.

HOMELESS VETERANS RESOURCE CENTER

4900 S. Lancaster Rd, Dallas, TX 75216

T: (214) 372-8822 **W:** <https://www.hvsvd.org/>

Hours: Monday – Friday 8am to 4pm

Mission: **To help those less fortunate and create a better world for all.** Through our programs and initiatives, we strive to make a positive impact on the world and to help those who need it most.

Services: Homeless Veterans Resource Center offers meal services, shower access, laundry facilities, computer lab, clothing access, holiday meals, peer support, and suicide prevention.

Intake: Please call to be evaluated for services.

MESQUITE CHURCH OF CHRIST FOOD PANTRY (YELLOW HOUSE)

400 West Davis St, Mesquite, TX 75149

T: (972) 288-7637 **W:** <https://www.mesquitecofc.org/index.php>

Hours: Tuesday and Thursday 10am to 3pm

Eligibility Requirements:

- Live in one of the following zip codes; 75040, 75087, 75114, 75150, 75180, 75041, 75088, 75126, 75159, 75181, 75042, 75089, 75142, 75160, 75182, 75043, 75149, OR 75161
- Proof of address (Such as a water or utility bill)
- Photo I.D.
- Yellow card will be given that you must bring with you for each subsequent visit

Intake: Please call the number to schedule an intake appointment for the Yellow House

MINNIE FOOD PANTRY

661 18th St, Plano, TX 75023

T: (972) 596-0253 **W:** www.minniesfoodpantry.org

Hours: Wednesday – Saturday 8:30am to 11:30am, Closed each 5th Saturday of the month

Services: Food Pantry, sponsor a Truck, Children Services, Drive Thru Services, Minnies on the Go, Learning Lab, and Minnies Boutique

Mission: Minnie's Food Pantry provides free food to low-income families, single parents, senior citizens, unemployed individuals, disabled veterans, working poor, and anyone else in need of emergency food assistance. Minnie's serves all those in need, regardless of geography, boundaries, gender, race, or religion. They also offer several programs and seasonal support programs to assist families, children, and elders. Minnie's Food Pantry also collaborates with the VA to assist veterans in need.

Eligibility Requirements:

- One acceptable form of identification (Identification card, passport, etc.)
- One acceptable form of verification (Utility bills, lease, etc.) MUST be within 60 days
- Have a car for the food to be placed in
- Completed recipient form (Can be found on the website)
- Meet TEXCAP guidelines

Intake: Call to get more information about the intake process.

MISSION GRANBURY

3611 Plaza East Court, Granbury, TX 76049

T: (817) 579-6866 **W:** <https://www.missiongranbury.org/>

Hours: Tuesday and Thursday 9am to 3pm AND Wednesday 2pm to 5pm

Mission: Mission Granbury supports survivors of domestic violence and sexual assault.

Services: ADA Shelter for women and children, CASA Program, New Beginnings Resale Shop, Food Pantry/Emergency Assistance, Non-Residential Victims Services, and Veteran Assistance.

Intake: Please call or click the link online to send an email to get more information about the food pantry and the intake process.

MISSION OAK CLIFF

111 S. Beckley, Dallas, TX 75203

T: (214) 942-6407 **W:** <https://www.missionoakcliff.org/>

Hours: Monday – Friday 1pm to 3pm

Mission: Mission Oak Cliff commits to breaking the cycle of poverty in the Oak Cliff community. As an expression of Christ's love, we improve food security, encourage meaningful relationships, and teach life skills.

Services: Food Pantry, Clothing Pantry, Welcome Center, ESL Classes, SNAP Enrollment, Counseling Center, and Food Delivery

Eligibility Requirements:

- Photo I.D. for all adults in the household
- Social Security Card/Birth Certificate for all minors in the household
- Proof of address with current lease OR two utility bills

Intake: Call for an appointment to the food bank or clothing pantry.

MOUNT OLIVE LUTHERAN CHURCH FOOD PANTRY

3100 Martin Luther King Jr Blvd, Dallas, TX 75215

T: (214) 428-2892 **E:** mountolivedallas@gmail.com **W:** <https://www.mountolivedallas.org/>

Hours: Wednesday 11am to 2pm

Mission: Mount Olive Lutheran Church Food Pantry is a community of faith, reaching out to change lives.

Eligibility Requirements:

- Live in 75215 OR 75210
- Bring Photo I.D. for a person who is applying
- Social Security Card for all household members
- Bill or rent receipt for current address
- Proof of income

Intake: Call or email to set up an intake appointment.

NORTH DALLAS SHARED MINISTRIES

2875 Merrell Rd, Dallas, TX 75229

T: (214) 358-8700 **F:** 469.466.9980 **E:** info@ndsm.org **W:** www.ndsm.org

Hours: Food Pantry: Monday – Friday 8:30am to 12pm (Friday is seniors only 60+)

Clothes Closet: Monday, Tuesday, Thursday and Friday 12:30pm to 3:30pm AND Wednesday 10:30am to 12:30pm

Services: Rent and Utility Assistance, Food Pantry, Medical and Counseling Services, Dental Care, Eyeglasses Care, Tax Preparation, ESL Classes, Clothing Closet, and School Uniforms and Supplies

Eligibility Requirements:

- Must reside in one of the following zip codes: 75001, 75115, 75204, 75205, 75209, 75219, 75220, 75225, 75229, 75230, 75231, 75234, 75235, 75240, 75243, 75244, 75247, 75248, 75251, 75252, 75254, OR 75240
- Photo I.D.
- Social Security Card for all members of the household
- Birth Certificates for all children in the household
- Proof of address
- Proof of income
- Receipts of recent expenses
- Utility Bills

Intake: Walk-ins are accepted

ONE MAN'S TREASURE

519 I-30 East Suite 211, Rockwall, TX 75087

T: (888) 433-9826 **E:** info@onemanstr.org **W:** <https://www.onemanstr.org/>

Mission: One Man's Treasure seeks to empower men recently released from prison who come to the Dallas area by providing them with clothing and opportunities for networking.

Eligibility Requirements:

- Adult male who has recently been released from a Texas Department of Criminal Justice prison within the past 60 days
- Live in the Dallas or Fort Worth area

Intake: Fill out online application form or call to complete it over the phone and someone will get back to you within three business days

OUR DAILY BREAD (COMMUNITY OUTREACH CONNECTION INC.)

6960 S. Polk St, Dallas, TX 75232

T: (469) 594-1763 **W:** www.cocinc.org **E:** coc@cocinc.org

Hours: Saturday 9am to 12:45pm, Closed every 5th Saturday of the month

Services: Food Pantry, Clothes Bank, Scholarships, and Counseling

Eligibility Requirements:

- Must reside in one of the following zip codes: 75216, 75224, 75232, 75237, OR 75241
- Driver's License or Texas I.D. for adults
- Birth Certificate
- Medicaid Card or school records for all children
- Proof of Address
- Proof of Income

Intake: Fill out online application to apply for food bank or clothes closet

PILGRIM REST BAPTIST CHURCH CRISIS MINISTRY

3516 Monger Ave, Dallas, TX 75204

T: (214) 641-4577 **W:** <https://soulforchristministry.org/>

Hours: Wednesday and Friday beginning at 11am first come first serve while supplies last

Mission: Soul for Christ Ministry aims to protect and serve venerable individuals in a Christ-centric approach

Services: Food Pantry, Counseling, and Rehabilitation and Life Training Skills

Intake: Please call or visit Soul for Christ Ministries for more information on their boarding homes or food pantry service along with the eligibility requirements.

VOICE OF HOPE

4120 Gentry Drive, Dallas, TX 75212

T: (214) 631-7027 **F:** 214.631.7877 **W:** <https://voiceofhope.org/> **E:** info@voiceofhope.org

Hours: Monday, Wednesday, Friday 9am to 12pm by appointment only

Services: Emergency Food Pantry, Adult Bible Study, Community Crime Watch, Home Visits, and Community Based Events

Eligibility Requirements: Priority is given to West Dallas 75212 zip code

Intake: Please fill out the Food Pantry Application – For First Time Clients online and schedule an appointment time after the application has been completed.

RENT AND UTILITY ASSISTANCE PROVIDERS

AIDS SERVICES OF DALLAS (ASD)

400 S Zang Blvd Suite 210, Dallas, TX 75208

T: (214) 941-0523 **F:** 214.941.8144 **W:** <https://www.aidsdallas.org/>

Mission: ASD Services of Dallas provides housing and support services for low income and homeless individuals and families living with, impacted by, or at risk of HIV/AIDS

Services: Income Based Permanent Supportive Housing, Housing-Based Case Management, Meals Program, Transportation, Medical Case Management, Home Health Care, HOPWA STRUM, and HOPWA PHP

Eligibility Requirements:

- HIV/AIDS Letter of Diagnosis Signed by a doctor
- Third Party Homelessness Verification (If applicable)
- Verification of Income for all Household Members
- Valid Texas I.D. for all Adult Household Members
- Social Security Card and Birth Certificate for all Household Members
- Proof of Dallas County Residence
- No Sex Offenders, Arson Convictions, OR Meth Manufacturing Convictions

Intake: No appointment is needed but individuals are encouraged to arrive promptly at 9am (ASD has different intake locations)

- The Bridge: 1818 Corsicana St, Dallas, TX 75201 (Every Wednesday)
- Access and Information Network (AIN): 2707 N. Stemmons Fwy, Dallas, TX 75201 (Every 2nd Wednesday of the month)
- Hillcrest: 834 N. Marsalis Ave, Dallas, TX 75203

ALL COMMUNITY OUTREACH

801 E. Main St, Allen, TX 75002

T: (972) 727-9131 **W:** <https://www.acocares.org/>

Hours: Monday – Friday 8:30am to 4:30pm

Mission: To help neighbors to prevent homelessness while working towards financial stability

Services: Food support and drive thru pantry, ACO Care Center, Housing Assistance, Utility Assistance, Health-Related Assistance, Career Services, Education Services, GED Assistance, Financial Coaching Services, Kids Summer Food, Holiday Food, Fill the Bus School Supplies

Eligibility Requirements:

- Must be a Collin County resident
- Meet the financial requirements of being low income

Intake: The application can be found on their website under the “I Need Help” tab that the top. There is one application for all services, service will be specified when applying. Expect to be contacted 3-5 business days after the application submission by a case manager.

CATHOLIC CHARITIES OF DALLAS

1421 W. Mockingbird Lane Dallas, TX 75247

T: (866) 223-7500 **W:** www.ccdallas.org

Hours: Monday – Friday 7:30am to 5:30pm

Mission: Catholic Charities calls the community to action to join us in addressing the root causes of poverty, hunger, and homelessness by serving, educating, and empowering all those in need.

Services: Children’s Services, Community Health Clinic, Disaster Preparedness and Relief Services, Education Services, Homelessness and Housing, Immigration Legal Services, Victim Advocacy Services, Mater Maria, Pregnancy/Parenting/Adoption, Next Gen Wealth Academy, Refugee Services, Senior Services, and Hope Project

Eligibility Requirements: Please visit the website or call to get more information about the specific requirements for each program.

Intake: Please call or fill out applications online to inquire about each program’s services.

CRISIS MINISTRIES

114 E. 2nd St, Irving, TX 75060

T: (972) 254-0973 **E:** info@bbmoi.org **W:** www.crisis-ministries.org

Hours: Monday, Tuesday, Wednesday, Friday 10am to 1:15pm AND Saturday 10am to 11:30am

Services: Choice Pantry, Hygiene Products, Vision Assistance, Transitional Solutions, Financial Services and Assistance, and Employment

Eligibility Requirements:

- A copy of your most recent tax return page 1 and 2 OR IRS form 1040
- Name and contact information for your current or most recent employer
- Last three pay stubs
- Copy of any eviction or disconnect notices you may have released
- Proof of employment
- Copy of your lease
- Copy of Utility bill
- Photo I.D. for all adult household members

Intake: Please go online to fill out the application form for utility assistance and someone will get back to you within 3-4 business days.

CHRISTIAN COMMUNITY ACTION

200 S. Mill St, Lewisville, TX 75057

T: (972) 221-1224 **W:** www.ccahelps.org

Hours: Monday – Friday 9am to 5pm (Closed 12pm-1pm daily, Appointments required)

Services: Food Pantry, Financial Assistance, Education and Empowerment, Children’s Program, Senior Services, and Spiritual Care and Counseling

Eligibility Requirements:

- Be a participant in one of Christian Community Action’s other programs
- Reside in Denton County, Coppell ISD, or Frisco ISD
- Meet income requirements as listed on website
- Proof of crisis
- Copy all adult’s photo identification
- Copy all of children’s social security cards OR birth certificate
- Signed copy of lease
- Proof of income for all adults in the household within the past month
- Current utility bill
- Current rental ledger
- Six months of bank statements

Intake: Fill out an application online. Due to the high volume of requests, allow up to 7 business days for a response. Walk-ins are not permitted.

CITY OF DALLAS – HOPWA SHORT-TERM RENT, MORTGAGE, UTILITY ASSISTANCE

2922 MLK Jr. Blvd Building A, Dallas, TX 75215

T: (214) 670-6338 E: freshstarhousing@dallas.gov

W: <https://dallascityhall.com/department/community-care/pages/homelesspreventiono.aspx>

Services: Provides emergency assistance to individuals and families living with HIV/AIDS who have experienced a temporary financial crisis. Financial services are based on the availability of funds.

Eligibility Requirements:

- U.S. Government issued ID or secondary identification cards
- Social Security Cards for all household members
- Lease agreement or proof of ownership
- Proof of household income for the past 30 days
- Utility bill
- Eviction notices or mortgage delinquency notices
- Receipts for bills/expenses paid in the last 30 days

Intake: Submit online application at <https://dallas.govtech.kinetechcloud.com/>

CITY OF DALLAS- HOPWA PERMANENT HOUSING PROGRAM (PHP)

2922 MLK Jr. Blvd Building A, Dallas, TX 75215

T: (214) 670-6388 E: freshstarhousing@dallas.gov

W: <https://dallascityhall.com/departments/community-care/pages/homelessprevention.aspx>

Services: The Fresh Start Housing Program is committed to providing quality, affordable housing assistance, and support services for low-income persons and families that are homeless or at risk of homelessness, including ex-offenders on parole, that are living with HIV/AIDS. The program offers case management supportive services as the participants obtain and remain in stable housing. The supportive services are designed to help participants increase skills and/or income, with the goal of being self-sufficient.

Eligibility Requirements:

- Supportive Housing Referral Form
- Certification of Disability Form
- Homelessness or at risk of homelessness third party verification
- Client or member of the household must be HIV-positive

- Client must have income at or below 80% of the media income
- There must be a documentation of hardships of homelessness

Intake: Agencies and service providers may complete and submit to the email a completed referral packet and all necessary information when referring to a client.

COMMUNITY LIFELINE CENTER

1601 N Waddill St Suite 102, McKinney, TX 75069

T: (972) 542-0020 **W:** <https://www.communitylifeline.org/>

Mission: Community Lifeline Center aims to help those find their footing amidst unexpected crises, whether that be through providing goods and services or financial support.

Services: Offers food assistance and financial assistance for utilities and rent.

Eligibility Requirements: Applications are open to anyone who resides in Community Lifeline Center's service area. Currently, the rental application is only available for McKinney residents and only available for rental assistance for the current month, and you must not have a past due balance.

Intake: Fill out either the rent or utility assistance form on the website.

COMPREHENSIVE ENERGY ASSISTANCE PROGRAM (CEAP) DCHHS

2377 N. Stemmons Freeway, Dallas, TX 75207

T: (214) 819-1848 **W:** <https://www.dallascounty.org/department/dchhs/human-services/ceap.php>

Mission: Aims to safely increase the usage of energy in low-income household and provide relief to families

Services: Dallas County Health and Human Services aims to safely increase the efficiency of energy and usage for eligible Dallas County residents in low-income households. CEAP provides energy assistance to help residents pay their electric, gas, and water bills.

Eligibility Requirements:

- Prioritizes households with elderly and/or disabled residents and households with children that are 5 years of age or younger
- Eligibility is based on the past 30-day income received before the date of application

- Must be at or below 150% of the federal poverty guideline limit

Intake: Please call if you are interested in applying. Please note that due to the high cost of energy and the high call volume you may, at times, experience considerable wait times. Online applications are also available to be submitted via the website.

ENDEAVOR'S VETERAN SUPPORTIVE SERVICES (VSS)

5801 Marvin D Love Freeway Suite 103, Dallas, TX 75237

T: (214) 932-6276 **E:** info@endeavors.org **W:** <https://endeavors.org/veteran-support-services/>

Mission: Endeavors seek to provide comprehensive, effective, and innovative services that encourage growth, allowing veterans to build better lives for themselves, their families, and their communities.

Services: Short-term emergency housing, rent/utility payment, assistance obtaining VA benefits and services, mental health resources, access to substance abuse programs, job placement assistance, skills and parenting workshop, and assistance with other public benefits

Eligibility Requirements: (On a case-by-case basis)

- Low-income status
- Homeless or at risk of becoming-homeless
- Discharge status and conduct
- Active-duty service status

Intake: Please call or visit the Endeavors website for more information or to submit a request to contact form.

FRISCO FAMILY SERVICES

9111 Dogwood St, Frisco, TX 75033

T: (972) 335-9495 **F:** 972.335.9487

W: https://friscofamilyservices.org/what_we_do/emergency-assistance.html

Hours: Monday, Tuesday, Thursday, Friday 9am to 5pm AND Wednesday 9am to 6pm

Mission: Frisco Family Services is a nonprofit organization who strives to help members of its communities who are facing hunger, homelessness, and other urgent problems to improve their quality of life and achieve self-sufficiency.

Services: Frisco Family Market, Emergency Assistance, Adult Life Skills, Referral Services, and Seasonal Programs

Eligibility Requirements:

- Be a resident of Frisco or live within Frisco ISD
- Picture I.D. for each applicant
- Current lease or housing agreement
- Official government identification for all household members
- Copies of all household billing statements
- Documentations of crisis
- Proof of all applicable income

Intake: Go into the office to complete an application or download the application online and fill it out in advance. In the office you can schedule an appointment with the case manager.

GIVING GRACE

306 N Loop 288 Suite 130 Denton, TX 76209

T: (940) 382-0609 **E:** info@givinggrace.org **W:** <https://www.givinggrace.org/need-help>

Mission: Transforming lives by providing resources, relationships, and community with the love of Jesus.

Services: Street outreach, permanent supportive housing, homelessness prevention, move-ins, coaching, life skills class, transportation, childcare, and rent/utility

Intake: Due to the high volume of rent/utility assistance the waitlist for this application is currently closed. Applications will reopen at a further date. Please keep checking the website to see when applications reopen.

GRAND PRAIRIE UNITED CHARITIES

1417 Densman ST, Grand Prairie, TX 75051

T: (972) 262-2014 **F:** 972.2626.4994 **W:** www.gpuc.org

Hours: Monday – Thursday 9am to 1pm

Services: Onsite Food Pantry, Utility/Rent/Shelter/Mortgage Assistance, and Financial Aid Services

Eligibility Requirements:

- Must be current rent/mortgage for the prior month
- Picture I.D. for all household members 18+
- Social Security Card for all household members
- Proof of income for the past 60 days for all household members 18+
- Current signed lease or mortgage statement
- Current utility bill
- Two months of bank statements
- If the following apply: Child Support Documentation, Food Stamp Award Letter, Housing Award Letter, Social Security/Disability Letter

Intake: To apply for services, please submit, in person, the required documentation.

HELPING HANDS ROCKWALL COUNTY

401 West Rusk St Suite 200, Rockwall, TX 75087

T: (972) 771-4357 **E:** help@rockwallhelpinghands.com **W:** <https://rockwallhelpinghands.com/>

Hours: Monday – Friday 9am to 12pm AND 1pm to 4pm

Mission: We strive to ensure that no one in Rockwall County goes to bed hungry, without a roof overhead, or is deprived of needed medical care

Services: Health Center, Assistance and Referral, Food Pantry, and Thrift Store

Eligibility Requirements: Must be a resident of Rockwall County or the 75189-zip code

Intake: Call their number to begin the intake process or walk into their West Rusk Street location to get more information.

HOUSING CRISIS CENTER

2800 Live Oak St, Dallas, TX 75204

T: (214) 828-4244 **E:** info@hccdallas.org **W:** <https://hccdallas.org/>

Mission: Prevent homelessness, respond to the immediate needs of those facing crisis, and sustain their stability in safe, affordable, and permanent housing while empowering them to solve their housing problems in the future.

Services: Permanent Housing Support, Rapid Rehousing, Supportive Services, Landlord/Tenant Workshop, and Emergency Rental and Utility Assistance

Intake: For more information on applying, or for a list of other agencies that may provide similar financial assistance, please contact us at (214) 828-4244

INTERFAITH MINISTRIES DENTON

1109 N. Elm St, Denton, TX 76201

T: (940) 565-5479 Ext. 105 **E:** help@ifmdenton.org **W:** <http://www.ifmdenton.org/>

Hours: Monday – Friday 9am to 4pm

Services: Utility Assistance, Diaper Bags, Adult, and Infant Diapers. Wipes, Hygiene Pantry, Bus Passes, and Prescription Assistance

Eligibility Requirements:

- Identification- Driver's License, TX State Issued I.D., etc.
- Social Security Card or ITIN numbers of all household members including children
- Verification of all sources of income or benefits
- First page of lease or mortgage
- Crisis documentation
- Reside in one of the following: Denton, Sanger, Krum, Corinth, Lake Dallas, Aubrey, Crossroads, Oak Point, Shady Shores, Krugerville, Little Elm, Paloma Creek, OR Providence Village
- Meet income requirements

Intake: Please visit their website for application. There are currently no funds available. Please keep checking the website to see when services will be available again.

TEXOMA COUNCIL OF GOVERNMENTS

1117 Gallagher Dr, Sherman, TX 75090

T: (903) 893-2161 Ext. 3541 **W:** <https://www.tcog.com/> **E:** info@texoma.cog.tx.us

Hours: Monday – Thursday 7am to 5:30pm

Mission: TCOG is a voluntary association of county governments who work together to provide for all improve the lives of their constituents.

Services: TCOG offers help with energy services including utility assistance, weatherization of homes, water assistance, and family assistance such as referrals for the diaper bank for low-income families

Eligibility Requirements:

- Reside in Collin, Cooke, Denton, Fannin, Grayson, Hunt, or Rockwall County
- Meet the requirement's based on each specific program
- Meet 150% to 200% of the Federal Poverty Guideline
- Form of identification

- Proof of income
- Current Utility Bill

Intake: Please visit their website for the application for specific programs. You can apply online or through the mail.

THE HOPE CENTER (CROSS TIMBERS CHURCH)

312 W McKinney St, Denton, TX 76201

T: (940) 240-5100 **W:** <https://crosstimberschurch.org/hopecenter/>

E: denton@crosstimberschurch.org

Mission: Meeting emotional, practical, and spiritual needs in the name of Jesus.

Services: Financial assistance for rent, mortgage and utilities, food pantry, and counseling.

Eligibility Requirements:

- Request Assistance Form
- Household Budget (Printable)
- Supporting Documentation: Proof of current address AND proof of all expenses
- Documentation on crisis

Intake: Please go through their website for the application and paperwork.

IRVING CARES

440 South Nursery Rd Suite 101, Irving, TX 75060

T: (972) 721-9181 **F:** 972.438.7345 **E:** icares@irvingcares.org **W:** www.irvingcares.org

Hours: Monday – Friday 9am to 3:30pm

Services: Financial assistance, food pantry, invest in yourself program, employment services, education, and special opportunities

Eligibility Requirements:

- Be a resident of Irving for at least 6 months
- Been at current address for at least 3 months
- Utility must have been open for a minimum of 90 days
- Must have earned income and be able to show you can normally pay bills
- You and your roommate/spouse cannot have received any other utility or rent assistance within the past 13 months (Utility) **Intake:** Apply ONLY on the phone. Please call and ask to speak to a case manager to begin the intake process.

METROCREST SERVICES

1145 N Josey Ln, Carrollton, TX 75006

T: (972) 446-2100 **E:** info@metrocrestservices.org **W:** <https://metrocrestservices.org>

Hours: Monday – Friday 8:30am to 4:30pm

Mission: Metrocrest Services offers short term and emergency assistance for the residents of the North DFW area and Denton County.

Services: Housing Stability, Food Pantry, Financial Education, Employment Coaching and Job Readiness, Seasonal Programs and Senior Services

Eligibility Requirements:

- Live in Addison, Carrollton, Coppell, Farmers Branch, and the City of Dallas in Denton County (75287)
- Picture I.D. or Birth Certificate for all members of the household
- Proof of address (Lease or mortgage)
- Proof of income

Intake: Complete assistance application online and a case manager will contact you within five business days to begin the intake process.

THE MINT FOUNDATION

1604 Falcon Dr, DeSoto, TX 75115

T: (972) 224-7200 **W:** <https://www.mintcares.org/> **E:** info@mintcares.org

Mission: The MINT Foundation aims to meet the needs of specialized and underserved populations to help build healthy and successful lives and communities.

Services: Food and Nutrition, Financial Assistance, Self-Sufficiency, and Education/Mentoring

Eligibility Requirements: Must meet certain geographic and income criteria to be authorized for funding

Intake: Complete the pre-assessment on their website. This is a pre-assessment only and not the entire application process to receive services. Filling out the pre-assessment does not guarantee furthering the process.

NETWORK OF COMMUNITY MINISTRIES (RICHARDSON NETWORK)

1500 International Parkway Suite 300, Richardson, TX 75081

T: (972) 234-8880 **F:** 972.234.8892 **W:** www.thenetwork.org

Hours: Monday – Wednesday 8am to 4pm AND Thursday 8am to 7pm

Mission: The Network is a group of churches that came together and formed a non-denominational Church Alliance to assist families through trying times by helping individuals achieve long-term independence.

Services: Basic Need Assistance, Stabilization, Mental Health Services, Senior's Net and Youth Program

Eligibility Requirements:

- Be at or below 185% of the 2023 Federal Poverty Guidelines
- Proof of address showing that they live in within Network's Service Area (75252, 75080, 75082, 75044, 75081, 75248, 75254, 75240, 75252, 75243, 75242, 75231, or 75238)
- Documentation of income
- Identification for all household members

Intake: Fill out an application or call to schedule an in-person appointment.

SENIOR SOURCE UTILITY ASSISTANCE

3910 Harry Hines Blvd, Dallas, TX 75219

T: (469) 537-4947 **W:** <https://theseniorsource.org/> **E:** info@theseniorsource.org

Hours: Monday – Friday 8am to 5pm

Mission: Senior Source is dedicated to serving the senior residents of Dallas and Collin County and enhancing their quality of life.

Services: Fraud and Scam Prevention, Utility Assistance, Benefits Assistance, Employment Services, Technology Education, Medicare Counseling, Caregiver and Solo Aging Support, Nursing Home/Assisted Living Support, Guardianship, and Dementia Support

Eligibility Requirements:

- Have TUX Energy or Ambit Energy
- Be 60+
- Live in Dallas or Collin County
- Photo I.D.
- Proof of income
- Utility Bill

Intake: Fill out an application on their website or call to get the intake process started.

SERVICES OF HOPE

1137 Conveyor Suite 107, Dallas, TX 75247

T: (214) 276-0235 **E:** soh@servicesofhope.org **W:** <https://www.servicesofhope.org/>

Mission: A Dallas nonprofit dedicated to providing comprehensive services focusing on housing, food, and financial literacy for local families

Services: Food Distribution, American Rescue Plan Act, Hope Pantry, E-Learning, Education Courses, Financial and Social Intervention Center, Financial Wellness with WaFa, and Cambridge Counseling Wellness Services

Eligibility Requirements:

- Lease agreement and current ledgers
- Current income
- Proof of household size
- Identification documents for all adults in the household

Intake: Please fill out a form on their website or call for more information

SHARING LIFE COMMUNITY

3544 E. Emporium Circle, Mesquite, TX 75150

T: (972) 285-5819 **E:** info@sharinglife.life **W:** www.sharlinglifeoutreach.org

Hours: Monday – Thursday 9am to 5pm AND Friday 9am to 2pm

Mission: We strive to end hunger and poverty by demonstrating compassion to those in need through food, clothing, financial resources, and educational programs

Services: Food Pantry, EPantry, Clothing Closet, Medical Equipment, Other Non-Food Essentials, Utility Assistance, Rent/Mortgage Assistance, Weather Activated Relief for Mesquite (W.A.R.M.), Financial Coaching, GED Test Center, Employment Services, and Seasonal Programs

Eligibility Requirements: Must reside in one of the following zip codes: 75030, 75032, 75043, 75087, 75088, 75089, 75126, 75149, 75150, 75159, 75180, 75181, 75182, 75217, 75218, 75227, 75228, or 75253

- Proof of household income
- Photo I.D. for all members of the household
- Copy of most recent utility bill

Intake: Applications can be filled out online, once submitted online you will receive a confirmation email. Please allow 24-48 hours for a response. If you are currently unhoused or homeless please call Kimberly Onofre at (972) 779-0568

SOCIETY OF ST. VINCENT DE PAUL

3826 Gilbert Ave, Dallas, TX 75219

T: (469) 607-0909 **E:** helpme@svdpdallas.org **W:** <https://svdpdallas.org/>

Mission: Saint Vincent de Paul is a nonprofit that combines gospel values and direct aid to neighbors undergoing medical, financial, or emotional crises.

Services: Rent Assistance, Utility Assistance, Emergency Expenses, Mini Loan Program, After School Programs, Hygiene Closet, Thrift Store, and Medications. St. Vincent Paul may also help with more-long term financial assistance on a case-by-case basis as well.

Eligibility Requirements:

- Must live in one of the following counties: Collin, Dallas, Ellis, Fannin, Grayson, Hunt, Kaufman, Navarro, and Rockwall
- Each program will have its own specific criteria, please call, or see the website for more details

Intake: Please call (469) 6077-0909 or visit their website under the Need Help tab for an online application. Volunteers will contact you within 24-48 hours.

WHITE ROCK CENTER OF HOPE

10021 Garland Rd Suite A, Dallas, TX 75218

T: (214) 324-8996 **W:** www.whiterockcenterofhope.org

Hours: Monday – Friday 9am to 1pm

Mission: The White Rock Center of Hope is a nonprofit, faith-based organization serving residents in need in five east Dallas zip codes.

Services: Financial Assistance, Food Pantry, Clothing Closet, and Personalize Empowerment

Eligibility Requirements:

- Reside in one of the following zip codes: 75218, 75223, 75228, 75238, or 75214
- Photo I.D. for all members of the household
- Proof of address in service area
- Eviction notices and the first page of the rental agreement
- Utility bill

Intake: Please call to schedule an appointment. Those seeking financial assistance may complete an online application or call to arrange a time to provide that information through a telephone appointment.

EXPANDED SERVICE PROVIDERS

A SISTER'S GIFT

1515 N. Town East Blvd #138-380, Mesquite, TX 75150 (Mailing Only)

T: (214) 421-4274 **W:** <https://www.asistersgift.org/> **E:** outreachteam@asistersgift.org

Hours: Monday – Thursday 9am to 2pm

Mission: A Sister's Gift is a community nonprofit that serves females ages 13+ and their families who are impacted by HIV/AIDS based on a female-gender-based peer lead intervention model to enhance their quality of life and raise awareness

Services: ASG offers Food/Hygiene/Care Packages, Grocery Assistance (Women with Children), Bus Busses, Referral Counseling Session, Monthly Group Support Sessions, Emergency Rent/Utility Assistance (Must Attend Group Sessions). ASG also assists men with telephone referral counseling.

Eligibility Requirements: *To be eligible for services, clients must be in medical services and show proof before receiving services*

- Contact your case manager for a referral email to ASG for the outreach guidelines and applications for grocery assistance, rental/utility assistance, and care/food/hygiene packages. Please call or email.
- To receive immediate resource counseling please call our office and a member of our outreach team will contact you within 24-72 hours.

ACCESS AND INFORMATION NETWORK – AIN

2600 N. Stemmons Freeway Suite 151, Dallas, TX 75207

T: (214) 943-4444 **F:** 469.329.0717 **E:** infor@AINDallas.org **W:** www.AINDallas.org

Hours: Monday – Friday 8am to 5pm

Mission: AIN is an AIDS services organization committed to the prevention of the spread of HIV, serving persons living with HIV and other vulnerable populations through access and delivery of support services.

Services: Meals, Transportation, Case Management, Spanish Language Translation/Interpretation, and HOPWA

Eligibility Requirements:

- Have a diagnosis of HIV/AIDS

- Be a Texas resident in one of the following areas: Dallas Eligible Metropolitan Area (EMA), Health Services Delivery Area (HSDA), or Sherman/Denison Dallas EMA
- Have an adjusted annual income no greater than 300% of the Federal Poverty Line
- Proof of Residency
- Proof of income
- Proof of Insurance
- Photo I.D.

Intake: Call ALN directly to schedule an intake or initial assessment interview appointment to determine if Case Management Services are appropriate or to receive referrals for identified needs.

ALL COMMUNITY OUTREACH

801 E. Main St, Allen, TX 75002

T: (972) 727-9131 **W:** <https://www.acocares.org/>

Hours: Monday – Friday 8:30am to 4:30pm

Mission: To help our neighbors to prevent hunger and homelessness while working towards financial responsibility.

Services: Food Support, Drive-Thru Pantry, Cares Center, Housing Assistance, Utility Assistance, Health Related Assistance, Career Services, GED Assistance, Financial Coaching Services, Kids Summer Food, Holiday Food, School Supplies, and North Pole Toy Distribution

Eligibility Requirements:

- Must be a Collin County resident
- Meet the financial requirements of being low income
- Further details may be listed depending on the service being applied for

Intake: The application can be found on their website under the “I Need Help” tab at the top. There is one application for all services, service will be specified when applying. Expect to be contacted 2-4 business days after the application submission by a case manager.

ANTHEM STRONG FAMILIES

1220 River Bend Suite 200, Dallas, TX 75247

T: (214) 426-0900 **E:** info@anthemstrongfamilies.com **W:** <https://anthemstrongfamilies.org/>

Mission: Anthem Strong Families strives to be the champion for our community by educating, equipping, and empowering men, women, and youth to be the champion of their life, their marriage, and their family.

Services: Finance Classes, Wellness Classes, Relationship Classes, Spanish Mini Clinic, Parenting Classes, Well-being Classes, Fatherhood Classes, Champion Dad Workshop, Domestic Violence Education Prevention Workshop, and Family Champion Workshop

Eligibility Requirements:

- Must be at least 18 years of age
- Resident of Dallas County
- Looking for Employment
- Parenting mothers and fathers of minor children
- No referral necessary

Intake: Please visit their website for a full list of classes and to register for them. Accepts self-referrals or referrals from other entities.

ARMS OF HOPE

1504 East Campbell Rd, Richardson, TX 75081

T: (972) 892-1865 **W:** <https://armsofhope.org/>

Mission: To transform the lives of disadvantaged children, youth, and families by providing hope and support in a nurturing Christian environment.

Services: Together Program, Family Outreach, College and Career, Residential Child Care, and Right Start Program

Eligibility Requirements: Program acceptance is based upon full application form completion and submission per each program.

Intake: Applications are available to fill out and submit on the website. If you have any specific program questions, please call to get more information.

ASSISTANCE CENTER OF COLLIN COUNTY

900 East 18th St, Plano, TX 75074

T: (972) 422-1850 **W:** <https://assistancecenter.org/>

Hours: Monday – Friday 9am to 3pm

Services: Information and Referral Services, Financial Assistance, Auxiliary Programs, Financial Education, Homelessness Support Services, and COVID-19 State Mortgage Program

Eligibility Requirements: Must be a resident of Collin County. Each program has specific requirements. Please check the website for information about a specific program.

Intake: Please visit their website for the application to your chosen program and to view other options.

BELLA HOUSE

P.O. Box 940802 Plano, TX 75094

T: (972) 379-7450 **W:** <https://www.bellahouse.org/> **E:** contact@bellahouse.org

Mission: Bella House is a faith based residential program for pregnant women who are experiencing homelessness or unstable living conditions.

Services: Shelter, Food, Clothing, Baby Items, Evidence Based Programs, Parenting, Nutrition, Budgeting, Boundary Setting, Health Relationships, Dignity, and Adoption

Eligibility Requirements:

- Be pregnant and homeless
- Be over the age of 18
- Be single and have no other children in your care
- Be free from an active domestic violence situation
- Willing to commit to a yearlong transformation program
- Willing to live in a community setting and follow house rules
- Be drug and alcohol free

Intake: Please send a request for assistance through the form listed on their website or please call.

BROTHER BILL'S HELPING HAND

3906 N Westmoreland, Dallas, TX 75212

T: (214) 638-2196 **F:** 214.638.2194 **W:** <https://bbhh.org/>

Hours: Monday- - Thursday 9am to 3pm AND Friday 8am to 12pm

Services: Grocery Store Program, Community Health Clinic, Mental Health Services, Adult Education Programs, ESL Classes, Zumba Class, Women Bible Study, Pathway Job Training and Empowerment, Kids Programs, Job Fair, Cooking Classes, After School, Weekly Parenting Classes, Estudio Biblico, Produce Day Instructions, Health Promotion Sessions, and Financial Coaching Sessions

Eligibility Requirements:

- Must live in 75208-75212 zip code
- Photo I.D.
- Proof of Residency

Intake: By appointment only please call directly

CATHOLIC CHARITIES

1421 W. Mockingbird Lane, Dallas, TX 75247

T: (866) 223-7500 **W:** www.ccdallas.org

Hours: Monday – Friday 7:30am to 5:30pm

Mission: Catholic Charities calls the community to action to join us in addressing the root causes of poverty, hunger, and homelessness by serving, education, and empowering all those in need.

Services: Children's Services, Community Health Clinic, Disaster Preparedness and Relief Services, Education Services, Homelessness and Housing, Hunger Services, Immigration Legal Services, Victim Advocacy Services, Mater Maria, Pregnancy/Parenting/Adoption, Next Gen Wealth Academy, Refugee Services, Senior Services, and Hope Project

Eligibility Requirements: Please visit the website or call to get more information about the specific requirements for each program.

Intake: Please call or fill out applications online to inquire about each program's services.

CORNERSTORE ASSISTANCE NORTH CENTRAL TEXAS

861 N. Colemand Suite 100, Prosper, TX 75078

T: (972) 689-9115 **W:** <https://www.cornerstoneact.org>

Hours: Monday – Friday 8am to 5pm

Mission: To empower our Neighbors in need through relationships and comprehensive services to impact current and future generations.

Services: Case Management, Financial Assistance, Budget Accountability, Support for Job Seekers, Mentoring, Clothing and Housing Goods, GED Classes, ESL Classes, Vision and Healthcare, and Discipleship

Eligibility Requirements:

- Must reside in Prosper, Celina, Gunter, Frisco, McKinney (West of I-75), Little Elm, or Aubrey (East of 377)
- Eligibility differs depending on specific services that individuals are requesting. Please look online for more specific requirements for each program.

Intake: Please visit their website and fill out the assistance request form to be evaluated and you will be contacted after.

DALLAS LEADERSHIP FOUNDATION

3101 Greenwood, Dallas, TX 75204

T: (214) 777-5520 **F:** 214.777.5525 **W:** <https://www.dlftx.org/> **E:** info@dlftx.org

Mission: Dallas Leadership Foundation focuses on raising the next generation of leaders in their community to enact change from the inside while providing aid to low-income communities.

Services: Youth Power Programming, Rental and Utility Assistance, Food Distribution, Workforce Development, Prison Reentry, Financial Empowerment, Neighborhood Support, and Leadership Centers

Eligibility Requirements: Must be Dallas city resident, different programs will have their own eligibility

Intake: Go to the website and apply for a specific program under the “Get Help” tab.

EMILY'S PLACE

P.O. Box 860911 Plano, TX, 75074

T: (972) 424-7775 **F:** 972.424.7779 **W:** <https://emilysplacetx.org> **E:** info@emilysplacetx.org

Mission: To break the cycle of domestic violence for women and their children through long-term transformational care that seeks to restore faith, hope, and health.

Services: Transitional Housing, Counseling, Case Management, Education, Job Training, Strong Families, Resilient Children, and Ongoing Support

Eligibility Requirements: Must be clean from drugs and alcohol for at least a year.

Intake: Complete the resident application form online. Once filled out, a staff member will contact eligible applicants to schedule an interview.

ENDEAVORS VETERAN SUPPORTIVE SERVICES (VSS)

5801 Marvin D Love Freeway Suite 103, Dallas, TX 75237

T: (214) 932-6276 **E:** info@endeavors.org **W:** <https://endeavors.org/veteran-supportive-services/>

Mission: Endeavors seeks to provide comprehensive, effective, and innovative services that encourage growth, allowing veterans to build better lives for themselves, their families, and their communities

Services: Short-term emergency housing, rent/utility payment, assistance obtaining VA benefits and services, mental health resources, access to substance abuse programs, job placement assistance, skills and parenting workshop, and assistance with other public benefits

Eligibility Requirements: (On a case-by-case basis)

- Low-income status
- Homeless or at risk of becoming homeless
- Discharge status and conduct
- Active-duty service status

Intake: Please call or visit for more information or submit a request to contact form.

EXODUS MINISTRIES

4630 Munger Ave Suite 110, Dallas, TX 75204

T: (214) 827-3772 **E:** info@exodusministries.org **W:** <https://www.exodusministries.org/>

Mission: Exodus Ministries is a nonprofit and non-denominational Christian organization established in 1985. They serve mothers from all ethnic backgrounds that are recently released from corrections and re-entering their communities to overcome challenges to reconnect with their children and positively change the trajectory of their lives.

Services: Housing, Childcare, Job Preparation, Personal Mentoring, Financial Planning, and Program Completion

Eligibility Requirements:

- Must have been previously incarcerated
- Must not have any violent crimes or crimes against children on your record
- Must have 1 to 3 children under the age of 12 in your custody that will be living with you at Exodus
- Must have a desire to change
- Must be capable of working a full-time job
- Must be drug and alcohol free during your stay
- Must be willing to attend classes in budgeting, parenting/relationships, 12-step program, bible study, and other scheduled classes
- Children must have constant parent supervision
- Attend individual and group counseling

Intake: Fill out the resident application online

FROM ORDINARY TO EXTRAORDINARY

3455 Highland Road, Dallas, TX (Vocational Center Location)

T: (214) 272-7733 **W:** <https://www.iamfote.org/> **E:** empower@iamfote.org

Mission: Empower the lives of women and girls who feel powerless at the hands of their abuser and lack resources.

Services: F.O.T.E School of Beauty and Barber, Medical Institute, and Birth with Purpose Maternity House

Intake: Please call for more information and to begin the application process

HEALING HANDS MINISTRIES

8515 Greenville Ave Suite N-108, Dallas, TX 75243

T: (214) 221-0855 **W:** <https://www.hhmhealth.org/>

Hours: Monday – Friday 7am to 5pm

Mission: Healing Hands Ministry is a volunteer-based community organization that provides quality healthcare to medically disadvantaged residents of Dallas. The organization operates a medical and dental clinic.

Services: Adult and Family Medicine, Women’s Health, Pediatrics, Dental Vision, Behavioral Health, Imaging, Pharmacy, Diet and Nutrition, and Enrollment

Eligibility Requirements:

- Medically disadvantaged residents of Dallas County and Lake Highlands
- Proof of Residency
- Valid Photo I.D.
- Most recent pay stub of everyone in the household
- Any other income (Food stamps, child support, etc.)
- Certified disability letter or section 8 housing documentation

Intake: Must complete an enrollment form before an appointment can be made. Enrollment forms can be picked up in person or downloaded printed from the website.

HELEN’S PROJECT

18383 Preston Road Suite 400, Dallas, TX 75252

T: (830) 400-7037 **W:** <https://www.hlproject.org/> **E:** info@hlproject.org

Mission: To provide hope to communities. We want to see family stability, health access, and positive community change. Thus, we strive to provide solutions focused on social support and resources with excellence in quality service, and access. Regardless of their story, Helen’s Project is dedicated to eliminating barriers to stability. We are here to work collaboratively through a variation of services to remove barriers to long-term stability.

Services: Anxiety and Panic Attacks, Abuse, Anger Management, Assault, Behavior Problems, Codependency and Boundaries, Depression, Difficulty with Life Changes, Divorce, Domestic Violence, Grief Mental Health/Co-Occurring Disorders, Family Conflict, OCD, Parenting, Phobias, Relationship Issues, LGBTQIA, Self-Esteem, Self-Harm, Spiritual Trauma, Stress, Trauma and PTSD, and Traumatic Grief

Intake: Please call or visit the website to set up the initial intake.

INTERFAITH FAMILY SERVICES

1651 Matilda Street, Dallas, TX 75206

T: (214) 827-7220 **F:** 214.451.3198 **W:** www.interfaithdallas.org

Hours: Monday – Friday 9am to 5pm

Mission: We empower families in crisis to break the cycle of poverty. Our method is simple:
Eliminate Barriers + Equip Parents + Educate Children = Empower Working Families

Services: Housing, Rent and Utility Assistance, Job Training and Placement, Child Care Center, and Afterschool/Summer Programs

Eligibility Requirements:

- You must be homeless with children (18 years of age and under) living in one of the following situations: Hotel/motel (paid by another person, church, etc.), Emergency or transitional shelter, living with friends or family or have eviction notice
- Clients must have legal custody of all children in the household
- At least 9 months consecutive employment in the 3 last years
- All adults must be able and willing to work at least 40 hours per week
- Clients must have lived independently for at least two years
- No violent or sexual assault criminal record
- MUST be drug free for a minimum of one year

Intake: Applications can be found online for each specific program and individual is looking to apply for. Please call if you have any other questions or want more information.

IRVING COMMUNITY ACTION NETWORK

T: (972) 721-2667 **E:** admin@irvingcan.net **W:** <https://icanirving.org/>

Mission: To bring together local government entities, non-profit service providers, businesses, and faith communities to work as partners to improve the lives of all Irving residents. We accomplish them by communicating, collaborating, and convening.

Services: Food, Clothing, Financial Assistance, Transportation, Homelessness/Housing Services, Health Services Physical and Mental, Victim and Advocate Services, Substance Abuse Services/Recovery, Youth Services, Ex-Felon Resources, City of Irving Services, Education Resources, County and State Resources, Veteran Services, and North Dallas Shared Ministries

Eligibility Requirements:

- Must be a resident of Irving
- Each service has different eligibility requirements please look at the specific service for those requirements

Intake: Please call or email to begin the intake process

JEWISH FAMILY SERVICES OF GREATER DALLAS

5402 Arapaho Road, Dallas, TX 75248

T: (972) 437-9950 **W:** www.jfsdallas.org

Hours: Monday – Wednesday 8:30am to 8pm AND Thursday 8:30am to 6pm AND Friday 8:30am to 5pm

Mission: To provide effective and accessible whole-person care that promotes lifelong self-sufficiency and well-being for the Greater Dallas Community

Services: Primary Medical Care, Kid and Teen Therapeutic Services, Adult Clinical Services, Older Adults, Food Pantry, Family Violence, Career Help and Prep, Jon Leads, and People Living Active Now (PLAN)

Eligibility Requirements:

- Please refer to the website for each program specific requirements
- Photo I.D.
- Social Security Card for everyone in the household
- Lease agreement
- Utility Bill
- Proof of Income

Intake: Appointments required. Applicants may call and begin intake or download a form and email it.

NEW FRIENDS NEW LIFE

P.O. Box 192378 Dallas, TX 75219

T: (214) 965-0935 **F:** 214.965.9561 **W:** <https://www.newfreindsnewlife.org/>

Mission: New Friends New Life restores and empowers formerly trafficked teen girls and sexually exploited women and their children by providing access to education, job training, interim financial assistance, mental health, and spiritual support. New Friends New Life helps

women and children overcome backgrounds of abuse, addiction, poverty, and limited opportunities.

Services: Counseling and support groups, Children's academic program and mentoring, financial assistance and budget coaching, life-skills and parenting training, education and second chance job programs, spiritual support, men's advocacy group. Women's teens and children's programs to encourage getting out of escorting business and support groups. Resources with human trafficking as well.

Intake: Call to talk with a staff member about the intake process. An online form to be called back is available online as well.

OLTT – LATIN TRANS ORGANIZATION IN TEXAS

6633 Hillcroft Ave Suite 255, Houston, TX 77081 (With a local Dallas chapter)

T: (832) 974-7032 **W:** <https://www.latinatranstexas.org/> **E:** hello-oltt@outlook.com

Mission: OTT- Defends, Protects, and ensures equal rights for transgender people in the state of Texas. Create and maintain a physical space where trans, can educate themselves and analyze the legal situation. Have basic access to health, social protection, and human rights security for our trans population. Through this initiative, it will receive support from government agencies, civil society, and international cooperation, for the promotion of a plural society, based on respect for the human rights of the trans population.

Services: Legal information, health information, temporary housing, education, information, contacts and allies, group meetings and other resources.

Intake: Call to talk to a staff member who can give you more information and get the intake process started.

OUR CALLING

1702 S. Cesar Chavez Blvd, Dallas, TX 75215

T: (214) 444-8796 **W:** www.ourcalling.org **E:** info@ourcalling.org

Hours: Monday – Friday 8:30am to 3pm AND Saturday 8:30am to 12pm

Mission: Our outreach center near downtown Dallas provides laundry, showers, clothing resources, food, phone charging stations, free WiFi, and more. Our outreach center also serves as a hub for more than a dozen partner organizations offering specialized services, including medical, mental health, VA, SNAP, ID, intake for rehabs, and housing assistance.

Services: Outreach Center, Women's Center, Our Church, Placement Solutions, Street Outreach, Our Directory, Our Software, Inclement Weather, and Our Community

Eligibility Requirements: Each program has specific eligibility requirements, please call to get more specific information on the program you are interested in.

Intake: Call or email for intake information or fill out the Contact Us form online and someone will get back to you shortly.

RESOURCE CENTER OF DALLAS

5750 Cedar Springs Road, Dallas, TX 75235

T: (214) 540-4492 **W:** www.myresourcecenter.org

Hours: Monday – Friday 9am to 6pm

Mission: Resource Center has provided programs of interest to LGBTQ individuals and critical assistance to people affected by HIV/AIDS since 1983.

Services: PrEP Care, Primary Healthcare, Mental Healthcare, Gender-Affirming Healthcare, HIV Services, HIV and STI Testing, Health Insurance Assistance, Free Condoms, Adult Empowerment Services, Youth and Family Empowerment, Programming and Senior Housing

Eligibility Requirements:

- Clients must be HIV positive
- Photo I.D.
- Proof of Residency
- Proof of Income
- Referral from Case Manager
- Letter of diagnosis for HIV

Intake: Please call to schedule an appointment time

SALVATION ARMY

5302 Harry Hines Blvd, Dallas, TX 75235

T: (214) 424-7050 **W:** <https://salvationarmytx.org/north-texas/>

Hours: Monday – Friday 8am to 4pm

Mission: We are motivated by the love of God to meet human needs in His name without discrimination. We embrace people regardless of race, gender, ethnicity, sexual orientation, or gender identity.

Services: Overcome Poverty, Combat Addiction, Reverse Homelessness, Christmas, Ministry, Stop Domestic Violence, Cure Hunger, Empower Youth, Emergency Family Services, Support Veterans, Partner with Adults, and Help Disaster Survivors

Eligibility Requirements:

- Photo I.D.
- Social Security Card for all members of the household
- Proof of Address
- Copy of lease for rental assistance
- Copy of utility bill for utility assistance
- Last pay stub
- Programs may have other requirements please look at the website to get more information about a specific program

Intake: Walk in for shelter and domestic violence assistance. Appointments required for all other programs please call to schedule an appointment.

SHILOH PLACE

P.O. Box 2731 McKinney, TX 75070

T: (469) 534-9407 **W:** <https://www.shilohplacemckinney.com>

E: info@shilohplacemckinney.com

Mission: Our mission is to equip single mothers with financial independence and personal wholeness by addressing their physical, educational, emotional, and spiritual needs.

Services: Children, Housing, Case Management, Counseling, Life Skills Training, and Advanced Education

Eligibility Requirements:

- Be enrolled full-time in a degree or certificate program
- Work part-time, preferably in her chosen job field

- Attended weekly case management sessions
- Participate in weekly life skills classes including parenting, financial management, boundaries, and forgiveness
- Pass weekly house checks of their apartment
- Must be a single mom age 20+ with children under the age of 10, have a high school diploma or GED
- Must have a car, valid driver's license, and insurance

Intake: Potential residents should email to reach out and schedule an initial screening over the phone

THE STEWPOT OF FIRST PRESBYTERIAN CHURCH

500 Park Ave, Dallas, TX 75201

T: (214) 746-2785 **F:** 972.982.0813 **W:** www.thestewpot.org **E:** info@thestewpot.org

Hours: Monday – Friday 8am to 4pm

Mission: To offer a safe haven for homeless and at-risk individuals in Dallas, providing resources for basic survival needs, as well as opportunities to start a new life.

Services: Homeless Services, Meals at the Bridge, Physical/Mental/Dental Health, Housing Programs, Children/Youth/Family Programs, Grocery Distribution, Art/Music, Creative Programs, and Community Resources

Eligibility Requirements: Requirements are unique to each program please call for more information regarding each program.

Intake: Please email to get started with the intake process.

THE TURNAROUND AGENDA

7125 S Polk Street Suite 1, Dallas, TX 75232

T: (972) 228-0872 **W:** <https://www.turnaroundagenda.org/>

Hours: Monday – Friday 8:30am to 5pm

Mission: To transform communities by developing leaders and strengthening families through comprehensive faith-based programs and community partnerships.

Services: Food Assistance, Financial Assistance, Clothing Assistance, The 360 Program, Food Pantry, Parenting Program, Resale Store, Public School Outreach, TECS Overview, Adult Education and Certiport, and LearnKey Online Classes

Eligibility Requirements: Each program may have specific requirements however generally clients must be the families of the students attending the public-school outreach program, family service pregnancy program or experiencing crisis due to a natural disaster or catastrophic event for utility or rent assistance. Please call for intake or questions.

Intake: For certain programs, the applications are available online. If the program you are looking for is not online, please call for more information about intake.

URBAN INTER-TRIBAL CENTER OF TEXAS

1283 Record Crossing Road, Dallas, TX 75235

T: (214) 941-1050 **W:** <https://uitct.org/>

Mission: Strengthening and encouraging the health and well-being of Native Americans.

Services: Behavioral Health, Medical Services, Diabetes Management, Immunization, Dental Services, and Pharmacy

Eligibility Requirements:

- Must be an American Indian or Alaska Native member of federally recognized tribes
- Programs have specific requirements please look online or call for eligibility requirements for each program

Intake: Please see their website for links to applications and resources. Applications can fill out a request to contact form with more details on the website.

VOGEL ALCOVE

1738 Gano St, Dallas, TX 75215

T: (214) 368-8686 **F:** 214.368.0414 **W:** <https://vogelalcove.org/>

Mission: Vogel Alcove provides trauma-informed care to children who have experienced the struggles of homelessness at a young age and helps to set them up for success in school and in life.

Services: Early Childhood Education, Nutrition, Outdoor Classroom, Mental Health, Healthcare, Additional Enrichment, Case Management, Crisis Intervention, Family Support Groups, Connections – Post Client Support, Community Partnerships, Parent Opportunity Center Computer Lab, Career Training and Employment Programs, GED/ESL Classes, Finance Literacy Classes, Parenting and Behavioral Strategy, Secure Housing Process Support, Resource Assistance, Rental Assistance, Goal-Oriented Incentive Programs, Developmental and Behavioral Health, and Camp Vogel

Eligibility Requirements: Each program has specific eligibility requirements. Please refer to the website or call to get more specific details.

Intake: Applications can be found on the website or call to begin the intake process.

WINGS DALLAS

4201 Spring Valley Road Suite 1400, Dallas, TX 75244

T: (214) 956-5901 **W:** <https://wingsdallas.org/> **E:** info@wingsdallas.org

Mission: To empower women, fight poverty and impact generations through a tailored suit of confidence- and skill-building services.

Services: Economic Advancement, Nurse-Family Partnership, Fluent in Finance, Financial Coaching Benefits Screening, Credit Building Products, Career Pathway Program, Partners in Parenting, and Community Resources

Eligibility Requirements: Please call for specific eligibility requirements based on which program you are interested in.

Intake: Go online to fill out an application to schedule an appointment with WINGS to begin the intake process.

SOBER LIVING HOUSING, RECOVERY AND BEHAVIORAL HEALTH SERVICES

ABOUNDING PROSPERITY

2311 Dr. Martin Luther King Jr. Blvd, Dallas, TX 75215

T: (214) 421-4800 **W:** <https://www.aboundingprosperity.org/>

E: info@aboundingprosperity.org

Mission: Committed to providing health, social, and economic services to Black Americans with a focus on gay, and bisexual men, cisgender and transgender women, and their families. Our goal is to eliminate disparities in these communities by providing access to resources and programs that promote wellness, education, and self-sufficiency.

Services: Comprehensive Risk Counseling and Services, Many Men, Many Voices, D-Up: Defend Yourself, Anti-Retroviral Treatment and Access to Services (ARTAS), Let's Talk About (Safer) Sex, Substance Abuse, Temporary Housing, Free HIV Counseling and Testing and Sexually Transmitted Infection Services with, Personalized Cognitive Counseling, and Ball/House and Pageant (B/HAP) Communities' Leadership and Health Disparities

Eligibility Requirements:

- Referrals by Ryan White case managers, community-based partners, mental health providers or register online for services
- Clients must be a resident of Dallas County

Intake: Please call to get more information about the intake process

ANGELS RECOVERY HOUSE

T: (214) 498-8510

Mission: The mission of Angels Recovery House is to pull men and women out of less than fortunate situations by assisting them to turn their lives around. Our mission is accomplished by pointing them to Jesus Christ while providing them a safe place to live with guidance and hope so they can become productive members of our society and communities. Angels Recovery House operates seven sober living transitional group homes for men and women 18 years of age and older.

Services: Sober living, peer to peer support, in-house bible study, men and women support groups, drug and alcohol treatment program, life skills, and transportation

Eligibility Requirements:

- \$80 a week due each Friday
- No drugs, alcohol, firearms, or illegal activity
- Curfew 11pm on weekdays and 12 on weekends
- Must show proof of a job search
- Must have a valid I.D.
- Must have a social security card
- Must consent to/pass a drug screen

Intake: Please call the number listed to get more information

CENIKOR DALLAS

2425 Texas Drive, Irving, TX 75062

T: 1 (800) 236-4567 **W:** <https://www.cenikor.org>

Mission: A place for change, providing a foundation for better health and better lives.

Services: Adult Drug and Alcohol Rehab, Teen Drug and Alcohol Rehab, Active Duty and Veteran Program, and Prevention Programs

Eligibility Requirements:

- Persons aged 18-65
- Must be physically able, mentally capable, and willing to participate in all sports of recovery
- Must follow rules and guidelines of the program
- No repeat violent offenses, sexual offenses, crimes against children or arson
- Cenikor is not able to accommodate clients experiencing high levels of mental illness and will refer them elsewhere

Intake: Please call your closest location or 1-888-CENIKOR between 8am to 5pm to speak with a representative for assistance.

DOGS MATTER

4347 Northwest Highway Suite 130 #118, Dallas, TX 75220

T: (214) 714-8460 **W:** www.dogsmatter2.org **E:** info@dogsmatter2.org

Mission: To provide and promote a safe and healthy environment for dogs of recovering addicts and alcoholics.

Services: Foster Care, Aftercare Program, and Outreach Program

Eligibility Requirements: Please call or email to get specific eligibility requirements for each program.

Intake: Fill out a temporary surrender application. Upload at least 3 pictures of your dog. Your foster coordinator will reach out directly to you. They will find a place to be a temporary foster for your dog. Now you can focus on your treatment and recovery!

FREE-MAN HOUSE

13340 Southview Lane, Dallas, TX 75240

T: (214) 676-2693 **F:** 469.906.1312 **W:** www.freemanhouse.org **E:** intake@freemanhouse.org

Hours: Monday – Friday 8am to 8pm AND Sundays by appointment only

Mission: To provide stable housing in a faith-based community to broken men and women where lives can be transformed from crisis to contribution

Eligibility Requirements:

- Must be 18 years of age
- Have a history of addiction but a willingness to maintain sobriety
- Must be willing to fully participate in the program
- Must have income to pay rent
- Cannot have any mobility issues
- Must be able to live independently

Intake: Call and schedule an intake or you can complete forms online then fax them to the number listed above. You can also send an email.

GIRLS EMBRACING MOMS (G.E.M.)

1349 Empire Central Suite 400, Dallas, TX 75247

T: (214) 530-2316 **W:** www.girlsembracingmothers.org **E:** info@girlsembracingmothers.org

Mission: To empower girls in grades K-12 with mothers in prison to break the cycle of incarceration and lead successful lives with vision and purpose.

Services: The Pearl Program and the Diamond Program

Eligibility Requirements: Must have a mother that has been incarcerated at any time for the Diamond Program OR a mother that is currently incarcerated for the Pearl Program

Intake: Please call or email or submit a request to contact available on their website for more information.

HAVEN DETOX

7 Medical Pkwy, Farmers Branch, TX 75234

T: (903) 609-0544 **W:** www.thehaventx.com

Hours: 24 hours a day 7 days a week

Mission: We strive to provide care, love, and compassion to transform every life we touch.

We are committed to providing the best possible service to our members, employees, and our community. We believe in open communication, collaborative efforts and celebrating creative thinking and solutions.

Services: Medically assisted for detox, from drugs or alcohol AND housing while in detox 5-7 days.

Eligibility Requirements:

- Dependency on drugs and/or alcohol
- Must have medical insurance verification; accepts most insurance including Medicare and Medicaid

Intake: Please call the number to get more information about the intake process.

HOMEWARD BOUND INC (SUBSTANCE ABUSE TREATMENT CENTER)

5300 University Hills Blvd, Dallas, TX 75208

T: (214) 941-3500 **E:** info@homewardboundinc.org **W:** <https://www.homewardboundinc.org/>

Hours: Monday – Friday 8am to 5pm

Mission: Homeward Bound Inc strives to help people overcome drug alcohol addictions. They offer complete substance abuse treatment, comprehensive residential, and outpatient programs. Their licensed counselors provide intensive residential treatment on a 24-hour, 7 day per week basis.

Services: Detoxification, Crisis Residential, Crisis Respite House, Men's Residential, Women's Residential, Statewide HIV Residential, Dallas Deflects, Comprehensive Mental Health Program, Substance Use Outpatient, and Medication Assisted Treatment

Eligibility Requirements: Please call to get eligibility requirements for each specific program as they can differ from program to program.

Intake: Assessment for all inpatient treatments is required for any services and are conducted on a first come first serve basis in person. No appointment is necessary.

LEGACY CARES

4054 McKinney Ave Suite 102, Dallas, TX 75204

T: (214) 520-6308 Ext. 1 **F:** 214.521.9172 **W:** www.legacycares.org

Mission: Legacy Counseling Center is a non-profit organization that provides specialized counseling and support to individuals living with HIV/AIDS for over 25 years.

Services: Mental Health Counseling, Substance Abuse Treatment, Founders Cottage, Homebase for Housing, Master Leasing, and Grace Project

Eligibility Requirements:

- Referrals through medical case manager or Ryan White
- Common intake form
- Letter of diagnosis
- Proof of income
- Photo I.D.
- Proof of insurance (If applicable)
- Current TB test
- Medical history

Intake: Referrals through medical case manager or Ryan White case manager.

THE MAGDALEN HOUSE

4513 Gaston Ave, Dallas, TX 75246 (Women's Address)

2100 Caddo St, Dallas, TX 75204 (Men's Address)

T: (214) 324-9261 **F:** 214.324.5299 **E:** info@magdalenhouse.org **W:** www.magdalenhouse.org

Hours: 9am to 9pm seven days a week

Mission: Help individuals with alcoholism achieve sobriety and recovery at no cost and based on a 12-step spiritual principle.

Services: First Step is a two-week, residential recovery program that consists of daily recovery education, support from volunteers, and more. AND Next Steps which is a three-phase nonresidential recovery program for alcoholics.

Eligibility Requirements:

- Client must be a women aged 18 or older who desires to be sober
- Client must have consumed alcohol within past 72 hours
- Alcohol must be primary substance of use

- Photo I.D.
- Weeks' worth of comfortable clothing
- Toiletries (Nothing that contains alcohol)
- 14 days' supply of medication if needed

Intake: Fill out their form online or call the number to begin the intake process.

MY SECOND CHANCE INC.

1657 S. Corinth Street Rd, Dallas, TX 75203

T: (214) 374-1104 **F:** 214.941.1167 **W:** www.mysecondchanceinc.org

Mission: This nonprofit offer outpatient recovery support services for women diagnosed with HIV who are experiencing crisis related to substance abuse, recent incarceration, and displacement. The mission of My Second Chance, Inc. Is assisting women in overcoming trauma and empowering them to return to society as productive and self-sufficient individuals.

Services: Recovery Coaching, Housing Support, Recovery Support Groups, Telephone Recovery Support, Senior Info and Resources, and Sober Specialization

Eligibility Requirements: Must be 18 years of age or older, have low income, have a diagnosis of HIV/AIDS, and have a desire and commitment to get clean and sober.

Intake: Fill out Contact Us form on the website and someone will reach out to you.

METROCARE

1345 River Bend Suite 200, Dallas, TX 75247 (Many locations throughout DFW)

T: (214) 743-1200 **F:** 214.630.3469 **W:** www.metrocareservices.org

Hours: Monday – Friday 8am to 5pm

Mission: We serve our neighbors with developmental or mental health challenges by helping them find lives that are meaningful and satisfying.

Services: Adult Mental Health Services, Child/Teen Mental Health Services, Mental Health Crisis Services, Homelessness/Housing, Veterans/Military Family Services, Substance Abuse Services, Children with Autism Services, Early Childhood Intervention Services, Upskill Dallas, Flourishing Family, and IDD Training for Elected Officials

Eligibility Requirements:

- Must reside in Dallas, Collin, Ellis, Hunt, Kaufman, Navarro, or Rockwall County
- Photo I.D.
- Proof of Income (Two recent check stubs)
- Insurance (If applicable)

Intake: Schedule an intake assessment either via email or phone call, both of which can be found on the website. Clients can expect to receive a call within 24 hours.

NEXUS RECOVERY CENTER

8733 La Prada Drive, Dallas, TX 75228

T: (214) 321-0156 **W:** www.nexusrecovery.org **E:** help@nexusrecovery.org

Hours: Monday – Friday 8am to 6pm

Mission: Nexus offers programs for adult women and teenage girls ages 13 to 17, including those who are pregnant or accompanied by children. We provide a continuum of care from detox through aftercare.

Services: Residential Programs for 5 to 90 days (Adult, Adolescent, and Transitional), Medical Detoxification, Medication Assisted Treatment, Psychiatric Services, Case Management, Parenting Classes, Counseling, Drug Education, Infant Care and Safety Classes, Support Services, Outpatient, and Aftercare

Eligibility Requirements:

- Referral sheet from caseworker
- Consent from the client and attended meetings with Nexus on Wednesday or Saturday (Aftercare or be in recovery)
- Maintain case management while living in the apartments 2.5 times per week (On site)
- If on disability, do not have to work but need to be involved with other classes or activities
- If able to work, need to be seeking employment
- Photo I.D.
- Proof of residency
- Social security card
- Proof of income

Intake: Clients should call Ext. 3118 to make an appointment. Walk-ins are accepted.

ON YOUR WAY SOBER LIVING

2108 Parkhaven Dr, Plano, TX 75075

T: (214) 476-3828 **E:** jayz@ryantiffin.com

Mission: On Your Way Sober Living provides residents with the best possible opportunity for achieving and maintaining permanent sobriety.

Services: Sober living home

Eligibility Requirements:

- No drugs, alcohol, violence, or overnight guests
- Active participation in recovery meetings
- Random drug and alcohol tests
- On-time guest fee payments
- Involved in either work, school, or outpatient program (IOP)
- General acceptance by peer group at the Sober Living Home

Intake: Walk-ins welcome. Call or walk-in for the application process.

RECOVERY RESOURCE COUNCIL

1822 Cadiz St, Dallas, TX 75201

T: (817) 332-6329 **W:** <https://recoverycouncil.org> **E:** info@recoverycouncil.org

Hours: Monday – Friday 8am to 5pm

Mission: Providing hope, conquering addiction, healing families. We are the link between substance abuse services and adults, youth, and families in need.

Services: Veterans Mental Health Services, Overdose Response Team, Youth Prevention, Prevention Resource Center, Outreach/Screening/Referral, Outpatient Treatment, Recovery Support Services, Permanent Supportive Housing, and Supportive Services for Veterans

Intake: Fill out the “Contact Us” form on the website or call to begin the intake process.

SIGMA COUNSELING SERVICES

1902 Country Club Drive Suite 120, Carrollton, TX 75006

T: (972) 820-6299 **F:** 972.417.7000

W: <https://www.sigmacounseling.com/services@sigmacounseling.com>

Hours: Monday – Friday 8:30am to 8pm

Mission: Sigma Counseling Services offers affordable mental health services, primarily relating to substance abuse and dependency.

Services: Parenting Education Program, Counseling Services, Anger Management Program, Mental Health Evaluation and Diagnosis, Intellectual Disability Determination Services, Psychological Testing and Evaluation, Substance Abuse Treatment Programs, and Child/Adolescent Treatment Program

Eligibility Requirements: Sigma Counseling accepts most commercial insurances; please see the website for a full list. For uninsured clients unable to pay, HHSC may cover services for those living in North Texas counties including Collin, Rockwall, Dallas, Denton, Hunt, and Kaufman.

Intake: Please call or visit their website to schedule an appointment.

SOBER LIVING AMERICA

T: (877) 430-0086 **W:** <https://soberlivingamerica.org/>

Hours: Monday – Friday 8am to 6pm

Mission: Sober Living America offers recovery homes where men and women who have a desire and commitment to staying clean and sober can find support and refuge. The recovery program is a 6-month requirement.

Services: Housing, Career Development, Recovery Education, Transportation Services, Peer to Peer Recovery, Same Day Admission, Long-Term Programs, AA/NA on and offsite, Licensed Counseling, Relapse Prevention, Spiritual Development, and 12-Step Studies

Eligibility Requirements:

- Valid state issued I.D. and social security card
- All new residents need to perform a pre-intake phone interview
- Have willingness to make a 6-month commitment to complete the program
- Must be willing to attend all classes
- Must be willing and able to work
- All medications brought to the facility need to be evaluated and approved upon admission
- Can work with applicants who have no income on a case-by-case basis

Intake: Program is \$800 a month, \$1,890 for the enhanced Pinnacle Program. Please call and an intake specialist will guide you through the steps.

SOLUTIONS OF NORTH TEXAS

1516 N. Ruddell St, Denton, TX 76209

T: (940) 898-6202 **W:** <https://sontx.org/programs/>

Hours: Monday – Friday 8:30am to 5pm (Closed for lunch 12pm-1pm)

Mission: Focus on relationships first to guide people with drug and alcohol problems to recovery: turning sickness to sobriety, selfishness into autonomy, and stubbornness into resilience

Services: Residential, Clinical, Court, Jail Program, Monitoring, Scholarship, and Online Education Classes

Eligibility Requirements: Some programs may have specific eligibility requirements. Please visit the website or call for more information.

Intake: Please call or visit their website to begin the intake process.

SOUL'S HARBOR

13134 Nile Drive, Dallas, TX 75253

T: (972) 286-1940 **F:** 972.286.5282 **E:** contact@soulsharbordallas.org

W: www.soulsharbordallas.org

Mission: Soul's Harbor is neither a rehabilitation facility nor a true homeless shelter. Soul's harbor could be categorized as a recovery home where men can learn tools to fight their addiction issues, or life affecting issues and live in a clean, sober, and functional environment each day.

Services: The Harbor Program, YouTube Recovery, Town Hall, and Testimonials

Intake: Call to set up an intake evaluation or fill out the Contact Us form on the website.

SOUTH DALLAS COMMUNITY COURTS

1500 Marilla St Suite 7DN, Dallas, TX 75201

T: (214) 670-3519 **W:** www.dallascityattorney.com

Mission: To remove barriers, reduce recidivism, and actively engage in the restoration of Dallas neighborhoods. Through strategic connections, targeted resources, and community driven initiatives, we work towards creating a more collaborative Dallas.

Services: Assistance with addictions, Paying off Dallas tickets, Housing job placement, Substance Abuse, and Mental Health

Eligibility Requirements:

- Must be 18 years or older
- Have a City of Dallas Class C Misdemeanor

Intake: Call or email to get more information about the intake process.

SOUTHERN AREA BEHAVIORAL HEALTHCARE

4215 Gannon Lane Suite 101, Dallas, TX 75237

T: (972) 283-9090 **F:** 972.499.0367 **W:** www.sabhc.org

Hours: Monday – Friday 2pm to 10pm, Saturday 1pm to 7pm, AND Sunday 2pm to 7pm

Mission: To strengthen individuals, support families, and serve communities through coordination, and the provision of quality urgent and emergent psychiatric care services.

Services: Crisis Intervention and Management, Psychiatric Evaluations, Medication refills for children and adults, Counseling Services, Psychosocial Rehabilitation, Skills Training and Case Management, and NTBHA Enrollment and Linkage to Other Care

Eligibility Requirements:

- Photo I.D.
- Social Security Card
- Proof of Residency
- Prescription Bottles
- Proof of Insurance (If applicable)

Intake: No appointment necessary, walk-ins welcome during hours of operation.

S.T.E.P. MED METHADONE CLINIC

1919 Martin Luther King Jr, Dallas, TX 75215

T: (214) 421-9100 **W:** <https://www.methadonecenters.com/methadone-centers/step-med/>

Hours: Monday – Friday 6am to 1pm and Saturday 7am to 10am

Mission: S.T.E.P. Med specializes in the treatment of opioid addictions, substance abuse, and dual diagnosis.

Services: Adult 18+ Treatment, Women Treatment, Drug Treatment, Opioid Treatment, Outpatient Rehab, Detox Treatment, Methadone, Buprenorphine, and Naltrexone (Vivitrol)

Eligibility Requirements:

- Photo I.D.
- Social Security Card
- Supporter's Statement from Residence
- Proof of Residency
- Proof of Medical Insurance

Intake: Client must check in at 6am on Monday or Wednesday morning to be assessed by the physician. Must be dependent on opioids for at least one year.

SYMENTRIA RECOVERY

2623 Matlock Road Suite 106, Arlington, TX 76105

T: (866) 287-5921 **W:** www.symetriarecovery.com

Hours: 7 days a week, 24 hours a day by phone

Mission: We believe in treating the whole person, not just addictive behavior.

Service: Medication Assisted Treatment, Intensive Outpatient Programs, Day Treatment, Behavioral and Psychiatric Services, Family Counseling and Support Groups, Relapse Prevention and Continuing Care, Dual Diagnosis Treatment, and Suboxone and Methadone Options Available

Eligibility Requirements:

- Insurance, Medicare, Private Payment Accepted
- Web form submission

Intake: Call the number to complete an initial intake form

RE-ENTRY PROGRAMS

MILES OF FREEDOM

2922 Martin Luther King Jr Blvd Building A Suite 118, Dallas, TX 75215

T: (214) 290-2337 **E:** contact@milesoffreedom.org **W:** <https://milesoffreedom.org/>

Hours: Monday – Friday 9:30am to 4pm

Mission: To empower, equip and educate individuals, families, and communities impacted by incarceration

Services: Reentry Assistance Program, Transition to Employment Program, Produce Distribution Program, Food Pantry, Lawn Care Services, and Acts of Oppression

Eligibility Requirements: All programs have different eligibility requirements please call or email for specific requirements for each program

Intake: Call for referral process

OASIS CENTER

4131 N Central Expressway Suite 900, Dallas, TX 75294

T: (214) 426-0902 **W:** <http://www.oasisctr.org/>

Hours: Monday – Friday 9am to 5pm

Mission: Offers multiple programs to reduce recidivism of first-time youth offenders. The D.A.'s AIM Program includes eligibility for the expungement of criminal records of first-time youth offenders ages 17-27 years of age.

Services: Assessment, Life Plans, Coaching and Support, Young Adult Offender Program, Reentry Discipline Program, One-on-one coaching, Group coaching, Peer Coaching, Faith-Based Program, Workplace Placement, Youth Offender Program, and Job Readiness Work Camp

Eligibility Requirements: Programs may have different requirements please call to get more information about each specific program.

Intake: Please see website for application.

TEXAS OFFENDER RE-ENTRY INITIATIVE (T.O.R.I.)

5500 Preston Road Suite 250, Dallas, TX 75205

T: (214) 941-1325 Ext. 104 **W:** <https://medc-tori.org/> **E:** tori@tdjakes.org

Hours: Monday – Friday 9am to 5pm

Mission: To guide and empower returning citizens to maximize their potential, increasing their opportunities for successful reintegration into society and to become productive citizens of the community.

Services: Healthcare, Housing, Education, Employment, Spirituality, and Family

Eligibility Requirements:

- Adult males and females experiencing hopelessness, unemployment, lack of support, social, psychological, and/or substance abuse issues due to their criminal backgrounds that may be hindering them from successful re-entry into their homes and communities
- Client must have valid state I.D. and Social Security Card
- Pay one-time \$5 administrative fee

Intake: Clients may walk-in or call the number to begin the initial intake process

THE WAY BACK HOUSE

2728 Holmes St, Dallas, TX 75215

T: (214) 352-5674 **W:** <https://thewaybackhouse.org/> **E:** info@thewaybackhouse.org

Hours: Monday – Thursday 8am to 3pm AND Friday 8am to 1pm

Mission: Guides individuals newly released from incarceration to success in a new life with transformational support, services, and accountability. Through our work, we are empowering individuals, restoring families, and creating safer communities.

Services: In prison Program, Women Reentry Program, and Reentry Program

Eligibility Requirements: Formerly incarcerated seeking resources and assistance in building a stable and productive life.

Intake: Please call Ext. 14 or visit the website to submit a contact form to request an evaluation.

UNLOCKING DOORS

1225 Greenville Avenue Suite 850, Dallas, TX 75243

T: (214) 296-9258 **W:** www.unlockingdoors.org **E:** info@unlockingdoors.org

Hours: Monday – Friday 9am to 5pm

Mission: Committed to reducing crime through coordinated collaboration, partnerships, public awareness, reporting of evidenced-based data, and predictive trends, education, and training.

Services: Needs/Risk Assessment, Community Collaboration, Education, Skills Building/Training, Support, and Referrals to Community Resources

Eligibility Requirements:

- Must be 18 years or older with criminal history
- Valid Texas Photo I.D.
- Social Security Card
- Birth Certificate
- Current Probation Officer Contact

Intake: Call to schedule an appointment or walk in during the opening hours.

CRISIS SERVICES

ABIGAIL'S ARMS

1600 Aspen, Gainsville, TX 76240

T: (940) 665-2873 **W:** www.abigailsarms.org **E:** info@abigailsarms.org

Mission: Abigail's Arms strives to assist every child and person to be a part of a healthy family or support system.

Services: 24 Hour Emergency Hotline, 24 Hour Emergency Shelter, Crime Victims and Service Support, Child Advocacy Center, Sexual Assault Response Team, and Victim Outreach and Community Education

Intake: No appointment necessary for immediate face to face crisis intervention support

AGAPE RESOURCES AND ASSISTANCE CENTER

P.O. Box 861664 Plano, TX 75086-1664

T: (469) 814-0453 **E:** info@hope4agape.com **W:** <https://www.hope4agape.org/>

Hours: Monday – Thursday 9am to 4pm

Mission: Agape provides housing and transitional services to homeless single women, moms, and their children that empower them to move from homelessness and crisis to fulfilling self-sustaining lives.

Services: Agape offers safe stable housing, childcare and development, workforce preparation, and reliable transportation.

Eligibility Requirements:

- No history of substance abuse or be at least 12 months sober
- Have a paying job and be willing to continue to work
- Be able to pass a criminal background check
- Experiencing homelessness as the result of situational/circumstantial events
- Agape is not equipped to assist with unmanaged, chronic physical or mental health conditions

Intake: Call directly for assistance or visit the website.

ALCOHOLICS ANONYMOUS

4407 N Beltwood Pkwy Suite 110, Farmers Branch, TX 75244

T: (214) 887-6699 **W:** www.aadallas.org

Mission: Encouraging its members to stay sober and help other alcoholics achieve sobriety.

Services: Supportive meetings and literature to assist in achieving sobriety.

Eligibility Requirements: Everyone is welcome to join AA meetings, there are no requirements needed.

Intake: Please refer to the website to see when the next meeting is.

DALLAS AREA RAPE CRISIS CENTER

2801 Swiss Ave, Dallas, TX 75204

T: (972) 641-7273 **E:** info@dallasrapecrisis.org **W:** <https://www.darcc.org/>

Hours: Monday – Thursday 9am to 5pm AND Friday 9am to 3pm

Mission: Dallas Area Rape Crisis Center (DARCC) provides survivors and their loved ones the resources they need to reclaim their lives. DARCC has licensed staff and trained advocates to help those impacted by sexual violence navigate the journey of healing in a safe and confidential environment.

Services: Walk-in Intervention, Case Management, Legal Counseling, and Friends and Family Support

Intake: Please call or fill out the form online to request an appointment for Dallas Area Rape Crisis Center's services. Someone will contact you within 3-5 business days to answer any questions and get the intake process started. Translators can be requested free of cost if needed.

DENTON MHMR CRISIS SERVICES

1001 Cross Timbers Road Suite 1250, Flower Mound, TX 75028

T: (940) 381-5000 **E:** leadership@dentonmhmr.org **W:** <https://www.dentonmhmr.org/>

Mission: Denton County MHMR Center enhances the quality of life of the individuals served and their family members.

Services: Adult Services, Child and Adolescent Services, IDD Programs, IDD Services, HCS Provider Services, SUD Services, Crisis Hotline, Crisis Services, and Mental Health Services

Intake: For other questions about services please call or visit their website.

FRIENDS OF THE FAMILY

4845 S I-35 Suite 200 Corinth, TX 76210

T: (940) 387-5131 **F:** 940.383.8116 **E:** info@dcfof.org **W:** www.dcfof.org

Hours: Monday – Thursday 8:30am to 8pm, Friday 8:30am to 5pm AND Saturday 10am to 2pm

Mission: To provide compassionate, comprehensive services to those impacted by rape, sexual abuse, and domestic violence, while partnering with our community to promote safety, hope, healing, justice, and prevention.

Services: Emergency Shelter, Counseling Services, Camp Hope and Pathways, Transitional Housing, Legal and Advocacy, Battering Intervention and Prevention, Survivors Advocacy Team, Crisis Intervention, Community Engagement, and Exploreum Dallas

Eligibility Requirements: Eligibility will be determined based on safety concerns related to relationship violence or sexual assault, resulting in the person having no safe place to stay. In the event a caller is not eligible for our shelter, referrals to other local resources will be provided.

Intake: All intakes must come through the crisis line or outreach office.

HOPE'S DOOR NEW BEGINNING CENTER

860 F Ave Suite 100, Plano, TX 75074

T: (972) 422-2911 **E:** info@hdnbc.org **W:** www.hdnbc.org

Hours: Monday – Friday 9am to 5pm

Mission: Hope's Door New Beginning Center exists to help individuals and families escape and heal domestic abuse, dating abuse and family violence through our free trauma-informed services.

Services: 24 Hour Hotline, Shelter, Counseling, Legal Support, Advocacy, Advance Class, Make a Safety Plan, and Community Resources

Eligibility Requirements:

- Must be individuals or families fleeing domestic violence

Intake: Please call the number to begin the intake process and get more information.

LIFEPATH SYSTEMS

1515 Heritage Drive, McKinney, TX 75069

T: (972) 562-0190 **W:** <https://www.lifepathsystems.org/>

Mission: Lifepath Systems serves families that are impacted by behavioral health, intellectual or developmental challenges to help build strong communities.

Services: Crisis Services, Youth and Family Services, Early Childhood Intervention, Adult Services, Intellectual and Developmental Disabilities, Family Resources, Appointment Information, and Bill Pay

Eligibility Requirements:

- Crisis hotline (877) 422-5939 is available 24 hours a day 7 days a week 365 days a year
- Must be an adult or child living in Collin County

Intake: Call number to begin the intake process for the services that you are interested in

TEXAS MUSLIM WOMEN'S FOUNDATION

P.O. Box 863388, Plano, TX 75086

T: (469) 467-6241 **E:** tmwf@tmwf.org **W:** <https://tmwf.org/>

Mission: Culturally sensitive and trauma informed care that specializes in helping Muslim women and immigrants escape domestic abuse.

Services: Emergency Shelter, Transitional Housing, HUD Rapid Re-Housing, Supportive Housing, Domestic and Family Violence Program, Zahara Khan Support Program, Emergency Financial Assistance and Empowerment, Youth Leadership, and Education and Interfaith

Eligibility Requirements: While uniquely tailored to the needs of Muslim families, TMWF does not discriminate against anyone based on age, race, religion, color, gender, disability, sexual orientation, or national origin.

Intake: Please call the crisis hotline for assistance.

THE TURNING POINT-COURTNEY'S SAFE PLACE

3325 Silverstone Dr, Plano, TX 75023

T: (972) 985-0951 **F:** 972.612.2582 **W:** <https://www.theturningpoint.org/>

Hours: Monday – Friday 9am to 5pm

Mission: To provide counseling, education, education, advocacy, and comprehensive treatment for the survivor of sexual violence.

Services: Counseling, Women's Support Group, Men's Support Group, Workshops, Education and Outreach, Sexual Assault Nurse Examination, Sexual Assault Response Team, and Courtney's Safe Place

Intake: Please call to make an appointment outside office hours for Courtney's Safe Place. Please visit the website or call the office for more information.

VICTIM RELIEF MINISTRIES

P.O. Box 251086 Plano, TX 75025

T: (972) 400-1163 **E:** info@victimrelief.org **W:** www.victimrelief.org

Hours: Monday – Friday 9am to 4pm

Mission: The mission of Victim Relief Ministries (VRM) is to provide physical, emotional, and spiritual support to victims, their families, and friends in times of crisis brought on by natural disaster, crime, accident, illness, and abuse. From hurricanes to tornadoes to wildfires to floods, VRM has responded to all types of disasters and works with local government officials to help the people affected by these disasters.

Services: Security and Safety, Repair and Clean Up to Damaged Residence, Emergency Transportations, Vehicle Repairs, Accompaniment to Hospital/Court/Agencies, Emergency Food/Furniture/Clothing, Emergency Financial Aid, Bilingual Language Assistance, Referrals, Grief Counseling, and Spiritual Care

Eligibility Requirements:

- Clients must be referred to by police or partnering agency
- Clients must attend in-person interview and intake
- For verifiable victims of crisis and natural disaster only

Intake: Please call to schedule initial intake.

WISE HOPES

608 North Business 81-287 Decatur, TX 76234

T: (940) 626-4585 **F:** 940.626.4117 **E:** help@wisehope.org **W:** <https://wisehope.org/>

Hours: Monday – Thursday 9am to 5pm AND Friday 9am to 1pm

Mission: Wise Hope Shelter and Crisis Center provides compassionate, comprehensive services to any person impacted by rape, sexual abuse, domestic violence, dating violence and/or stalking while partnering with our community to promote safety, healing, and prevention.

Services: 24 Hour Hotline, Crisis Intervention, Safe Shelter, Protective Order Assistance, Legal Advocacy, Court Accompaniment, Support Group, Hospital Accompaniment, Crime Victims' Compensation Assistance, Social Services Referral, Licensed Counseling, Healthy Relationship Classes, Resources Referral, Peer Counseling, Community Education, and Domestic Violence Prevention Program

Intake: Please contact the 24-Hour hotline for emergency assistance or call to schedule an intake appointment. Law enforcement may also contact Wise Hope at the request of victims.

WOMEN CALLED MOSES

P.O. Box 381923 Duncanville, TX 75138

T: (972) 298-1155 **W:** <https://www.wcmcares.org> **E:** info@womencalledmoses.org

Mission: Women Called Moses was created to be an underground railroad for survivors of domestic violence. We seek to prevent and end the cycles of domestic violence through education, research, resources, and advocacy programs which are provided to individuals, families, communities, corporations, and coalition non-profit agencies throughout the United States.

Services: Safe Program, The S.T.A.B.L.E. Program, and the P3 Program

Intake: Call for application process, opening and address.

LEGAL ASSISTANCE

DALLAS VOLUNTEER ATTORNEY PROGRAM

1515 Main Street, Dallas, TX 75201

T: (214) 748-1234 **W:** <https://internet.lanwt.org/home>

Hours: Monday – Friday 9am to 5pm

Mission: Legal Aid of Northwest Texas is a nonprofit organization that provides free civil legal services to low-income residents in 114 Texas counties throughout North and West Texas.

Eligibility Requirements:

- Must be a citizen or a legal resident
- Must fall between 125% but not higher than 200% of the federal poverty guidelines
- Must reside within the service area (Call to verify)

Intake: Call to schedule an intake at the office, call and complete an interview over the phone, or complete application online.

HOUSING CRISIS CENTER

2800 Live Oak Street, Dallas, TX 75204

T: (214) 828-4244 **E:** info@hccdallas.org **W:** www.hccdallas.org

Hours: Monday – Friday 9am to 5pm

Mission: The mission of the Housing Crisis Center is to prevent homelessness, respond to the immediate needs of those facing crisis, and sustain their stability in safe, affordable, and permanent housing while empowering them to solve their housing problems in the future.

Services: Permanent supportive housing, rapid rehousing, support services, landlord/tenant legal workshop, and emergency rental and utility assistance.

Eligibility Requirements: Each housing program has different eligibility requirements. Please visit the website to inquire about eligibility requirements for a specific program.

Intake: Please call the number to learn about the intake process.

HUMAN RIGHTS INITIATIVE

2801 Swiss Ave, Dallas, TX 75204

T: (214) 855-0520 **F:** 214.396.0520 **W:** <https://hrionline.org/>

Hours: Monday – Friday 9am to 12pm AND 1pm to 5pm

Mission: Extend safety, liberty, and hope America has given us to those who desperately need it.

Services: Free Legal Services to

- Asylum seekers fleeing persecution based on religion, race, ethnicity, political opinion, or memberships of a particular group
- Those protected under the Violence Against Women Act (VAWA), the Victims of Trafficking and the Violence Protection Act
- Immigrants abused by a U.S. Citizen or Lawful Permanent Resident (Green Card Holder) spouse
- Immigrant children who are victims of violent crimes, neglect, abuse, or abandonment

Eligibility Requirements:

- Live in North Texas
- Income must be at or below the 150% poverty line

Intake: Please call to speak to someone about your case. If your call is not answered, please leave a brief message with your name, phone number, and the assistance you are looking for and someone will return your call.

LEGAL HOSPICE OF TEXAS

3500 Oak Lawn Ave, Dallas, TX 75219

T: (214) 521-6622 **F:** 214.521.3310 **E:** info@legalthospice.org **W:** <https://legalthospice.org/>

Hours: Monday – Friday 9am to 5pm

Mission: To provide high-quality pro bono legal services to low-income people living with terminal illness or HIV.

Services: Housing, Insurance, Public Benefits, Estate Planning, and Employment

Eligibility Requirements:

- Must be diagnosed with HIV/AIDS, terminal illness, Parkinson's, Alzheimer's, ALS, Muscular, Dystrophy, Multiple Sclerosis, or be at the “end stage” of a chronic illness
- Live in Collin, Cooke, Dallas, Denton, Ellis, Fannin, Grayson, Henderson, Hunt, Johnson, Kaufman, Navarro, or Rockwall County

- Legal issues are one of the following: Vocational Issue, Insurance Issue, Disability/Employment Issue, Housing Issue, or Estate Planning Issue
- Be at or below 400% of the Federal Poverty Line

Intake: Referrals through medical case manager or Ryan White case manager. Clients can also inquire online. An intake specialist will contact the client after an inquiry or referral has been sent.

UNT DALLAS COLLEGE OF LAW

106 S. Hardwood Street, Dallas, TX 75201

T: (469) 351-0024 **E:** webmster@untdallas.edu **W:** <https://lawschool.untdallas.edu/>

Mission: UNT Dallas College of Law is the new Community Lawyering Center in your neighborhood makes getting legal services easier.

Services: Housing/Evictions, Family Law, Child Support, Child Custody, Immigration, and Wills and Probate

Intake: Call to set up a meeting. The best way to find out if you can get help with your legal concerns is to call and talk with one of their representatives.

OTHER MISCELLANEOUS SERVICES

AUTOCARE HAVEN

4841 Tremont Street, Dallas, TX 75246

T: (972) 445-7360 **W:** <https://autocarehaven.org/>

Hours: Monday – Friday 9am to 5pm

Mission: Autocare Haven strives to ease the financial burden of vehicle repair and make it accessible for everyone in North Texas.

Services: Autocare Haven connects clients to mechanics for vehicle repair through donated funds.

Eligibility Requirements:

- Must be a senior citizen, single parent, or veteran
- Low-income household must have qualified auto insurance coverage on the vehicle
- Valid driver's license
- Verifiable income
- Residency in Dallas, Collin, or Rockwall County

Intake: Please fill out their application on their website if you meet all the criteria. Applications may be closed due to high volume, so check for availability.

BEDSTART

P.O. Box 866322 Plano, TX 75086-6322

E: director@bedstart.org **W:** <https://bedstart.org/>

Mission: The highly unique Bed Start ministry goes beyond existing charities, nonprofit organizations, and collection sites to partner with and all in poverty, crisis, or need, requiring furnishings and other household items.

Services: Home starter kits with home furniture essentials and providing gently used or new furniture.

Intake: A form can be filled out on their website, and they will let you know when that item can be collected.

BRYAN'S HOUSE

3610 Pipestone Road, Dallas, TX 75212

W: www.bryanshouse.org **T:** (214) 559-3946

Hours: Monday – Friday 7am to 6pm

Mission: Brayn's House serves children with medical or developmental needs and their families by providing specialized childcare, respite care and social services.

Services: Case management services, Financial Education Classes, Emergency Financial Assistance, Parent Support Groups, Donated Good Distribution, Adopt-A-Child School Supply Program, Adopt-A-Family Holiday Program, Family Supportive Services, Intensive Social Services, Case Management, Early Childhood, Direct Childcare, and Respite

Intake: Call number for initial intake.

COMMUNITY COUNCIL AND DALLAS AREA AGENCY ON AGING

1341 W. Mockingbird Lane Suite 100W, Dallas, TX 75247

T: (214) 871-5065 **F:** 214.879.0742 **E:** impact@ccadvance.org **W:** <https://www.ccadvance.org/>

Hours: Monday – Friday 8:30am to 5pm

Mission: Provide leadership in moving families from surviving to thriving. We improve quality of life by alleviating poverty, fostering independence and wellness, and connecting people to the resources they need.

Services: 2-2-1 Emergency Renr or Utility Assistance, Education and Training, Home Delivered Meals for Older Adults, Medicaid/CHIP Applications for Children and Pregnant Women, and Community Wellness

Eligibility Requirements: Each program has specific eligibility requirements. Please refer to the website or call to get more details.

Intake: Call directly for eligibility information and to schedule an appointment.

DALLAS COUNTY HEALTH AND HUMAN SERVICES (DHHS)

2377 N. Stemmons Fwy Suite 201, Dallas, TX 75207-2710

T: (214) 819-2000 **F:** 214.819.1810 **W:** <https://www.dallascounty.org/department/dchhs/>

Hours: Monday – Friday 7:45am to 5pm

Mission: The Dallas County Department of Health and Human Services' mission is to protect the health of Dallas County citizens through disease prevention and intervention, and through promotions of a healthy community and environment. This is done through assessment, community input education, disease monitoring, regulation, and human and financial services.

Services: Immunization, Refugee Health Services, Sexual Health Clinic, Sexual Health Medical Mobile Unit, TB Elimination, Comprehensive Energy Assistance Program (CEAP), Home Loaning Counseling, Dallas County Housing Agency, Older Adult Services, Weatherization Assistance Program (WAP), Welfare Assistance Program, Laboratory Services, Alcohol and Substance Use Prevention, and Community Outreach

Eligibility Requirements: Each program has specific eligibility requirements. Please refer to the website or call to get the details.

Intake: Please call your specific program of interest for more information or visit the website for a full list of services.

DRESS FOR SUCCESS DALLAS

5580 Peterson Lane Suite 155, Dallas, TX 75240

T: (972) 392-9770 **W:** <https://dallas.dressforsuccess.org/>

Hours: Monday, Wednesday, Friday 10am to 3pm

Mission: Offer long-lasting solutions that enable women to break the cycle of poverty. Dress for Success is part of a global movement for change, empowering women to obtain safer and better futures.

Services: Provides Business and Professional Clothing, Employment Retention and Professional Skill Building, Job Training and Professional Development, and Career Advisors

Intake: Once a client has received an interview notice, she can reach out to the following contacts to obtain a referral to visit the boutique to shop for an outfit: Dr. Lauren Freeman lauren@dressforsuccessdallas.org

FAMILIES TO FREEDOM

P.O. Box 1226, Addison, TX 75001

T: (972) 885-7020 **E:** familiestofreedom@gmail.com **W:** <https://www.familiestofreedom.org/>

Hours: Monday – Friday 8am to 5pm

Mission: Transport victims of domestic violence to safety.

Services: Ride to domestic violence shelter, road trip to family home in another state, fuel card to leave the area, and bus or train pass to a family home far away.

Eligibility Requirements:

- Be a victim of intimate partner violence, domestic abuse, or family violence
- Travel must originate from inside the North Texas area, East Texas, or Upper Central Region
- Proof of residence from family house is traveling there
- Must be 18 years or older. Children cannot travel without a parent

Intake: Please call to begin your intake process and get transportation scheduled.

HOUSING FORWARD (MDHA)

3000 Pegasus Park Dr Suite 1020, Dallas, TX 75247

T: (972) 638-5600 **F:** 972.683.5621 **E:** info@housingforwardntx.org

W: <https://housingforwardntx.org/help-resources>

Mission: Housing Forward leads in the development and implementation of an effective homeless response system to make homelessness rare, brief, and non-recurring in Dallas and Collin Counties.

Services: Coordinated Access System, Flex Fund, Homelessness Information System, Landlord Engagement, Point-In-Time (PIT) Count, Street to Home, Training and Learning Management, and Cooling Stations

Eligibility Requirements: Each program has specific eligibility requirements. Please refer to the website or call to get the details.

Intake: Please call to begin your intake process.

MEALS ON WHEELS (VISITING NURSES ASSOCIATION)

1600 Viceroy Drive Suite 400, Dallas, TX 75235

T: (214) 689-0000 **F:** 214.631.7554 **E:** mow@vnatexas.org **W:** www.vnatexas.org

Mission: The Visiting Nurse Association provides care to our community, enhancing health and well-being with compassion, dignity, and integrity.

Services: Hospice Care, Meals on Wheels, VNA Pediatric Hospice Care, and Supportive Palliative Care

Eligibility Requirements:

- Must be over the age of 60 or disabled
- Be unable to drive or leave your home without assistance
- Limited financial resources
- Live in Dallas County

Intake: Complete application form, which can be found online. Send it via fax or email.

PETS OF THE HOMELESS

T: (775) 841-7463 **W:** <https://www.petsofthehomeless.org/> **E:** info@petsofthehomeless.org

Mission: Feeding Pets of the Homeless believes in the healing power of companion pets and of the human/animal bond which is very important in the lives of many homeless. They find solace, protection, and companionship through their pets. They care for their pets with limited resources so they themselves have less. Our task, nationwide, is to feed and provide basic emergency veterinary care to pets and thus relieve the anguish and anxiety of the homeless who cannot provide for their pets.

Services: A national nonprofit that provides pet food and veterinary services to the pets of people experiencing homelessness. They also have special programs for homeless veterans.

Intake: Resources are listed on the website and can be searched for by area, including local and homeless shelters that board pets.

REBUILDING TOGETHER NORTH TEXAS

P.O. Box 251687 Plano, TX 75025

T: (972) 245-6900 **W:** <https://rtntx.org> **E:** office@rtntx.org

Mission: Repair Homes, Revitalize Community, and Rebuild Lives

Services: RTNT addresses hazards affecting the safety, health, and/or accessibility of homes owned by low-income homeowners free of charge for qualifying homeowners.

Eligibility Requirements:

- Be a senior age 60 or older OR be an honorably discharged veteran or surviving spouse of an honorably discharged veteran OR be disabled and receiving SSDI or have a physician's statement OR be a family with dependent children residing in the home
- Be living on a very low income according to HUD guidelines
- Own a single-family home with no liens on the property
- Live in the home
- Be within the service area (Dallas, Collin, Denton, Tarrant, and Rockwall County)
- Be current with real estate taxes or have a written agreement for all delinquent real estate taxes
- Commit to joining our volunteer to the best of your ability as we work on your home
- Copies of I.D.
- Income verification
- Statements of any assistance received from any household members and documentation of disability or veteran status if applicable are required

Intake: Please visit the website for more information and documentation requirements. Applications for assistance are closed for 2024.

SENIOR SOURCE

3910 Harry Hines Blvd, Dallas, TX 75219

T: (214) 823-5700 **F:** 214.826.2441 **W:** <https://theseniorsource.org/>

E: info@theseniorsource.org

Hours: Monday – Friday 8am to 5pm

Mission: The overall goal of The Senior Source is to enhance the overall quality of life and empower all older adults in Dallas to thrive.

Services: Fraud and Scam Prevention, Utility Assistance, Benefit Assistance, Employment Services, Technology Education, Medicare Counseling, Caregiver and Solo Aging Support,

Nursing Home/Assisted Living Resources, Guardianship, Connection Through Volunteerism, Dementia Support, and Other Senior Resources

Eligibility Resources:

- Must be over 60 years of age
- Proof of Income
- Photo I.D.

Intake: Please call or submit a request to contact form on their website for more information.

SINGLE PARENT ADVOCATE

1001 S. Edmonds Lane, Lewisville, TX 75067

W: <https://singleparentadvocate.org/>

Mission: We are a nonprofit that reaches out to help single parents, their children, and their support organizations. On this website you will find links to resources that provide strong and suitable aid for families that are government, nonprofit and faith-based solutions.

Services: Safe Socials and Holiday Help, Online and Mobile Correspondence, and Education and Professional Development Scholarships for Single Parents

Intake: Please fill out the Contact Us form on the website to begin the intake process.